

CCPA Post-Secondary Counsellors Chapter (PSC Chapter)

PRESIDENT'S REPORT

Prepared for PSC Chapter AGM: June 5, 2026

Submitted by: Danni Lei

This report covers the period of: April 2025-April 2026

Chapter Officers:

President – Danni Lei

Past-President – Vacant

President-Elect- Ricardo Avelar

Treasurer – Jessica Isenor

Secretary – Cathy Underhill

Member at Larges – Jeananne Robertson, Annelise Lyseng (Research lead), Chloé Miller

Board Liaison – Cynthia Schoppmann

Membership: 201 (as of March 2026)

Past activities (last 6 months or whole year)

- Nov 2025: Jessica represented the PSC Chapter at a Canada Career Month talk
- Sent out to chapter membership Holiday Dec 2025 newsletter
 - Highlighted our Practitioner Research Series papers all published on our website
 - Shared resource on Linking Burnout and Self-Compassion
- Feb 2026: Hosted and facilitated a Community Conversations event (8 participants attend) to create conversations around the current context of post-secondary counselling, as well as share possibilities of how to cultivate counsellor sustainability.
- Sent out to chapter membership April 2026 Spring Newsletter
 - Highlighted an Executive Summary of research conducted in 2021 (also now available on our website) as well as other research papers
 - Highlighted a paper written by Chloe on the Vital Role of Post-Secondary Counsellors

Planned Activities

- There was Chapter representation at the 2026 CCPA Conference at the Chapter table
- Research lead will be submitting a poster proposal for the 2026 Centre for Innovation Campus Mental Health Conference
- Data analysis and manuscript writing for the research study titled, “Counsellors as Connectors: Linking Students to Community Mental Health Resources”
- PSC Chapter AGM will be hosted in June 2026
- Launch of updated Research Grant and new Travel Award application
- Possible late summer/Early Fall webinar on counsellor burnout specifically in post-secondary context, Community Conversations events, and additional webinars based on trends in student mental health complexities and presenting concerns