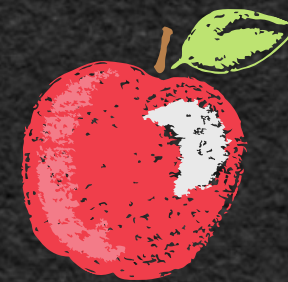


CANADIAN COUNSELLING WEEK



February 5 – 9, 2024

Celebrating 10 Years

This year marks the 10th anniversary of Canadian School Counselling Week. It is a time to recognize the vital contributions of the School Counselling profession to the personal, social, educational, and career development of students at all grade levels across Canada. Positive mental health and well-being are essential for student learning. With this vision for student success, School Counsellors strive to build a national identity within the profession.

Professionals at Work in Our Schools

The Canadian Certified Counsellor (CCC) designation is a nationally recognized standard through the Canadian Counselling and Psychotherapy Association (CCPA) that provides evidence of qualified training and counselling experience. CCPA works to assist schools in ensuring that all children and youth have access to professionally qualified School Counsellors. As mental health professionals, School Counsellors are responsible for maintaining a high standard of professional competence and ethical behaviour. As well, the CCPA School Counsellors Chapter connects with School Counsellors across Canada and provides an avenue for professional development and advocacy.

Scope of Practice

On this milestone anniversary, we want to highlight the scope of practice of School Counsellors in Canada. School Counsellors play a significant role in supporting the mental health and well-being of children and youth in Canada by:

- supporting career development and acting as a liaison providing a connection point for students, teachers, parents, and their school communities.
- working as referral agents and members of student support teams, School Counsellors often work with parents and teachers to create individualized educational plans based on student needs.
- providing individual and group counselling based on the personal, social, educational, and career development of students.
- providing psycho-educational programming based on prevention and intervention; crisis response; resource development and management; consultation, leadership, and advocacy.
- working directly with Canada's youth, School Counsellors support their diverse social and academic needs, as well as life and career planning.
- advocating for the provision of community-based services when support is needed beyond the classroom.

Looking to the Future

As we celebrate the 10th Anniversary of Canadian School Counselling Week, we recognize the work of School Counsellors in providing Comprehensive School Counselling Programs across Canada. We look forward to the future knowing School Counsellors will continue to make a positive impact on the lives of children and youth in Canada.