

Money Matters: Personal Finances and Mental Health - 3 CEUs

When & Where:

- **Date:** Friday, January 12, 2024
 - If you cannot attend this workshop on 1/12, you can pre-register for the on-demand version here: <https://www.theknowledgetree.org/p/money-matters-finance-mental-health-online/>
- **Time:** 1:00pm – 4:15pm *Eastern Time*
- **CE Hours Included:** 3 Core (please see below for more details)
- **Location:** Live Interactive Webinar ("Synchronous") on Zoom
- **Investment:** \$87 before Monday, December 29th at 5:00pm *Eastern Time*, \$97 after
- **Presented by:** Traci Williams, Psy.D., ABPP, CFT-I™ (see bio below)
- **Workshop Recording:** A recording of this workshop is available to review for 60 days after the presentation. However, participants must attend live to receive the "Synchronous" CE Certificate.
- **Instruction Level:** Intermediate
- **Target Audience:** Psychologists, Counselors, Social Workers, Marriage & Family Therapists, Psychotherapists, Other Mental Health Professionals

Educational Objectives:

In this workshop, you will learn how to:

- Recognize signs and symptoms of disordered money behavior
- Identify correlations between personal finances and mental health across diverse populations
- List evidence-based treatment approaches to address financial health concerns
- Recognize your own Money Script and how it affects your financial behavior

Workshop Description:

Most mental health graduate programs do not include training in assessing and treating financial health concerns. Assessing and treating clients' financial difficulties is integral to therapeutic practice. According to APA's Stress in America survey (2022), 65% of adults note money as a significant source of stress. Conflicts around money are notable in distressed couples and often contribute to separation and divorce (Hill et al., 2017). Overall, socioeconomic distress is correlated with physical and mental health problems (Kivimäki, 2020). This workshop will describe assessment and evidence-based treatment approaches for general practice. The financial disparities faced by minorities will also be explored.

Presented by: Traci Williams, Psy.D., ABPP, CFT-I™



Dr. Traci Williams is a board-certified clinical psychologist (ABPP), certified financial therapist (CFT-I™), and assistant professor at Emory University. She has over a decade of experience assessing and treating all age groups. Dr. Traci has presented on a variety of mental health topics in professional settings, both nationally and internationally. She has been featured as an expert in several major media outlets, including TIME, The New York Times, and Forbes. She serves to improve families' emotional, mental, and financial wellness through her private practice, Pou Consulting, and social media platform, Healthy Wealthy Roots. Dr. Traci is a proud Trinidadian who calls Atlanta her second home.

Agenda (*Eastern Time*):

- 12:30pm - 1:00pm | Sign-In and Welcome
- 1:00pm - 2:30pm | Session
- 2:30pm - 2:45pm | Break
- 2:45pm - 4:15pm | Session
- 4:15pm | Continuing Education Certificates Available

3 Core CE Clock Hours Included - Details by License Type Below:

- **PSYCHOLOGISTS:** The Knowledge Tree (TKT) is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. TKT maintains responsibility for this program and its content. For more detailed information on the current CE ruling in Georgia, or if you are licensed in another state or country, please [click here](#).
- **COUNSELORS:** The Knowledge Tree has been approved by the National Board for Certified Counselors (NBCC) as an Approved Continuing Education Provider (ACEP), ACEP No. 7153. Programs that do not qualify for NBCC credit are clearly identified. The Knowledge Tree is solely responsible for all aspects of the programs. Please [click here](#) for more detailed CE information.
 - **Counselors Licensed in Canada:** TKT has applied for approval for this workshop through the Canadian Counseling and Psychotherapy Association (CCPA).
- **SOCIAL WORKERS:** TKT has applied for approval for this workshop through the Georgia Society for Clinical Social Work (GSCSW). If you are licensed in another state or country, please [click here](#) for more detailed information.
- **MARRIAGE & FAMILY THERAPISTS:** TKT has applied for approval for this workshop through the Georgia Association for Marriage & Family Therapy (GAMFT). If you are licensed in another state or country, please [click here](#) for more detailed information.

Registration: To register for individual workshops, you may use our online payment option, or to pay by check you may print and complete the Registration Form and mail or fax it to our office. The registration form is available on our website: www.theknowledgetree.org

Multiple Workshop Special: There is a 10% Discount with registration for two workshops. There is a 15% Discount with registrations for three or four workshops. There is a 20% Discount with registration for five or more workshops.

Refund Policy: Refunds will be given for cancellations received at least **five days** prior to the workshop.

Attendance Policy: 100% attendance is required at any CE program in order to receive credit for that CE program. No partial credit is given.

We are an approved vendor for the U.S. Department of Veterans Affairs for easy reimbursement of educational expenses for VA employees.

For more information about our workshops, please contact us at 404-913-2005 or email us at workshops@theknowledgetree.org