

The Knowledge Tree

1640 Powers Ferry Road, Building 9, Suite 250, Marietta, Georgia 30067, 404-913-2005, www.TheKnowledgeTree.org

Couples Therapy Essentials: Love Cycles and Fear Cycles - 5 CEUs

When & Where:

- **Date:** Friday, December 1, 2023
 - If you cannot attend this workshop on 12/1, you can register for the on-demand version here: <https://www.theknowledgetree.org/p/couples-therapy-love-cycles-fear-cycles-online/>
- **Time:** 11:00am – 5:00pm Eastern Time
- **CE Hours Included:** 5 Core (please see below for details)
- **Location:** Live Interactive Webinar (“Synchronous”) on Zoom
- **Investment:** \$120 before Friday, November 17th at 5:00pm Eastern Time, \$135 after
- **Presented by:** David Woodsfellow, Ph.D. (see bio below)
- **Workshop Recording:** A recording of this workshop will be available to review for 60 days, and should be available within two weeks of the live presentation. However, participants must attend live to receive the "Synchronous" CE Certificate.
- **Instruction Level:** Intermediate
- **Target Audience:** Psychologists, Counselors, Social Workers, Marriage & Family Therapists, Psychotherapists, Other Mental Health Professionals

Educational Objectives:

In this workshop, you will learn how to:

- Diagram any couple’s negative cycle (their fear cycle)
- Explain each couple’s unique negative cycle using their language
- List interventions to interrupt that cycle
- Diagram any couple’s positive cycle (their love cycle)
- Explain each couple’s unique positive cycle using their language
- List interventions to promote this cycle
- Name two common factors in all successful couples therapy

Workshop Description:

The essence of couples therapy is helping people leave their negative cycles and return to their positive cycles. Research has shown the importance of common factors in all successful couples therapy – across theoretical orientations. Two of those common factors are (1) thinking systemically, and (2) disrupting dysfunctional patterns. This workshop presents a model to help clarify our systemic thinking about couple’s negative and positive cycles. Additionally, Dr. Woodsfellow will guide us in a variety of interventions to disrupt their dysfunctional, negative cycles.

Presented by: David Woodsfellow, Ph.D.



Dr. David Woodsfellow is a licensed psychologist whose practice is 100% couples therapy. He has been seeing couples -- only couples, no individuals -- for 20 years, and teaching other therapists about couples therapy for 15 years. His workshops are highly engaging and immediately useable.

Dr. Woodsfellow received his B.A. at Harvard, his M.Ed. at Antioch New England, his M.A. at UC Santa Barbara, and his Ph.D. in Clinical Psychology at Georgia State University. He did his clinical psychology internship at the Neuropsychiatric Institute of UCLA Medical School. Dr. Woodsfellow has been personally trained by Drs. Harville Hendrix, John Gray, John Gottman, and Mr. Terry Real. He holds Master Certification in Relationship Empowerment Therapy, and has previously been a Certified Imago Relationship Therapist. He has taken Advanced Training in Gottman-Method Relationship Therapy and Emotionally-Focused Therapy.

Agenda (*Eastern Time*):

- 10:30am - 11:00am | Sign-In and Welcome
- 11:00am - 12:30pm | Session
- 12:30pm - 12:40pm | Break
- 12:40pm - 1:55pm | Session
- 1:55pm - 2:35pm | Lunch Break
- 2:35pm - 3:35pm | Session
- 3:35pm - 3:45pm | Break
- 3:45pm - 5:00pm | Session
- 5:00pm | Continuing Education Certificates Available

5 Core CE Clock Hours Included - Details by License Type Below:

- **PSYCHOLOGISTS:** The Knowledge Tree (TKT) is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. TKT maintains responsibility for this program and its content. For more detailed information on the current CE ruling in Georgia, or if you are licensed in another state or country, please [click here](#).
- **COUNSELORS:** The Knowledge Tree has been approved by the National Board for Certified Counselors (NBCC) as an Approved Continuing Education Provider (ACEP), ACEP No. 7153. Programs that do not qualify for NBCC credit are clearly identified. The Knowledge Tree is solely responsible for all aspects of the programs. Please [click here](#) for more detailed information.
 - Counselors Licensed in Canada: TKT has applied for approval for this workshop through the Canadian Counseling and Psychotherapy Association (CCPA).
- **SOCIAL WORKERS:** TKT has applied for approval for this workshop through the Georgia Society for Clinical Social Work (GSCSW). If you are licensed in another state or country, please [click here](#) for more detailed information.
- **MARRIAGE & FAMILY THERAPISTS:** TKT has applied for approval for this workshop through the Georgia Association for Marriage & Family Therapy (GAMFT). If you are licensed in another state or country, please [click here](#) for more detailed information.

Registration: To register for individual workshops, you may use our online payment option, or to pay by check you may print and complete the Registration Form and mail or fax it to our office. The registration form is available on our website: www.theknowledgetree.org

Multiple Workshop Special: There is a 10% Discount with registration for two workshops. There is a 15% Discount with registrations for three or four workshops. There is a 20% Discount with registration for five or more workshops.

Refund Policy: Refunds will be given for cancellations received at least **five days** prior to the workshop.

Attendance Policy: 100% attendance is required at any CE program in order to receive credit for that CE program. No partial credit is given.

We are an approved vendor for the U.S. Department of Veterans Affairs for easy reimbursement of educational expenses for VA employees.

For more information about our workshops, please contact us at 404-913-2005 or email us at workshops@theknowledgetree.org