

The Knowledge Tree

1640 Powers Ferry Road, Building 9, Suite 250, Marietta, Georgia 30067, 404-913-2005, www.TheKnowledgeTree.org

Sexual, Gender, & Relational Diversity: Understanding Marginalized Populations - 4 CEUs

When and Where:

- **Date:** Friday, October 20, 2023
 - If you cannot attend this workshop on 10/20, you can pre-register for the on-demand version here: <https://www.theknowledgetree.org/p/sexual-gender-relational-diversity-online/>
- **Time:** 12:00pm - 4:30pm *Eastern Time*
- **CE Hours Included:** 4 Core (please see below for CE details)
- **Location:** Live Interactive Webinar (“Synchronous”) on Zoom
- **Investment:** \$109 before Friday, October 6th at 5:00pm Eastern Time, \$122 after
- **Presented by:** Rachel Anne Kieran, Psy.D. (see bio below)
- **Instruction Level:** Introductory
- **Target Audience:** Psychologists, Counselors, Social Workers, Marriage & Family Therapists, Psychotherapists, Other Mental Health Professionals
- **Workshop Recording:** A recording of this workshop is available to review for 60 days after the presentation. However, participants must attend live to receive the "Synchronous" CE Certificate.

Educational Objectives:

In this workshop, you will learn how to:

- Describe sexual, gender and relational diversity as alternatives to heterocentric, monocentric and gender binary stereotypes promulgated by many social norms.
- Identify sexual, gender & relational identities as among a client’s multiple intersecting identities.
- Discuss how socialization and norms may impact the development and expression of marginalized identities
- Discuss the potential impact of minority stress on marginalized sexual, gender & relational identities.
- Assess their own level of comfort/discomfort with ideas of sexual, gender & relational diversity and how this may enter the room, and impact clients.

Workshop Description:

Sexual, gender, and relational diversity is essential to clinician understanding, as misunderstandings and pathologizing assumptions persist regarding these marginalized populations. Therapists encountering new clients are increasingly encountering terms that encompass a wide spectrum of sexual identities, behaviors, genders, and relationships. Take, for instance, words like *polyamory*, *genderqueer*, *aromantic*, and *kink*, which have become more prevalent as umbrella terms. However, the richness of human sexual and relational diversity surpasses any single term's capacity to encapsulate it. This is despite progressive revisions of professional standards that depathologized behaviors and identities and specific calls for professions to address stigma and research suggesting authentic self-expression and behavior in these areas are associated with positive psychological outcomes.

This program will provide a broad overview of sexual, gender, and relational diversity, placing these in a framework of intersecting identities and sociocultural influences. The goal of the session will be to focus on understanding the influence of powerful social norms that do not represent an accurate view of human experience and to share research that may help participants in recognizing and challenging their own preconceptions surrounding each of these areas.



Presented by: Rachel Anne Kieran, Psy.D.

A graduate of Jacksonville University in Jacksonville, Florida with Bachelors degrees in History and Psychology, I received my Masters and Doctorate of Clinical Psychology from the University of Denver. Prior to opening a private practice, I worked for Regis University in Denver and Georgia State University in Atlanta - providing clinical services for students in both positions.

In 2007 I opened a private practice, now known as StorieBrook Therapy & Consulting. The mission of this practice is to provide a range of services specializing in sexual, gender &

relational diversity, recognizing that this is an expansive category, intersecting with all other identities and requiring deliberate opportunities for access, cultural humility on the part of providers, and bespoke collaboration with clients to meet their unique needs. Our practice values include access, anti-racism, body liberation, collaboration, cultural humility, public & professional education, inclusion & affirmation, social justice, and trauma informed care. In addition to running this practice, I teach in the Department of Psychological Science at Kennesaw State University, and frequently provide continuing education workshops for other mental health professionals, particularly in the areas of sexual, gender and relational diversity, locally and nationally. I am also a leader, and Past-President, of the Georgia Psychological Association, and a current campaign chair of the APA Division 44 Committee on Consensual Non-Monogamy.

Agenda (*Eastern Time*):

- 11:30am - 12:00pm | Sign-In and Welcome
- 12:00pm - 2:00pm | Session
- 2:00pm - 2:30pm | Break
- 2:30pm - 4:30pm | Session
- 4:30pm | Continuing Education Certificates Available

4 Core CE Clock Hours Included - Details by License Type Below:

- **PSYCHOLOGISTS:** The Knowledge Tree (TKT) is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. TKT maintains responsibility for this program and its content. For more detailed information on the current CE ruling in Georgia, or if you are licensed in another state or country, please [click here](#).
- **COUNSELORS:** The Knowledge Tree has been approved by the National Board for Certified Counselors (NBCC) as an Approved Continuing Education Provider (ACEP), ACEP No. 7153. Programs that do not qualify for NBCC credit are clearly identified. The Knowledge Tree is solely responsible for all aspects of the programs. Please [click here](#) for more detailed information.
 - Counselors Licensed in Canada: TKT has applied for approval for this workshop through the Canadian Counseling and Psychotherapy Association (CCPA).
- **SOCIAL WORKERS:** TKT has applied for approval for this workshop through the Georgia Society for Clinical Social Work (GSCSW). If you are licensed in another state or country, please [click here](#) for more detailed information.
- **MARRIAGE & FAMILY THERAPISTS:** This workshop is approved for Ethics Hours for Marriage and Family Therapists via LPCA-GA through reciprocal agreement with the Georgia Composite Board of Professional Counselors, Social Workers, and Marriage & Family Therapists. If you are licensed in another state or country, please [click here](#) for more detailed information.

Registration: To register for individual workshops, you may use our online payment option, or to pay by check you may print and complete the Registration Form and mail or fax it to our office. The registration form is available on our website: www.theknowledgetree.org

Multiple Workshop Special: There is a 10% Discount with registration for two workshops. There is a 15% Discount with registrations for three or four workshops. There is a 20% Discount with registration for five or more workshops.

Refund Policy: Refunds will be given for cancellations received at least **five days** prior to the workshop.

Attendance Policy: 100% attendance is required at any CE program in order to receive credit for that CE program. No partial credit is given.

We are an approved vendor for the U.S. Department of Veterans Affairs for easy reimbursement of educational expenses for VA employees.

For more information about our workshops, please contact us at 404-913-2005 or email us at workshops@theknowledgetree.org