

Accelerated Resolution Therapy Training

Revolutionize Your Therapy Practice with ART

Proven Relief from Trauma Symptoms

- Reduce Negative Traumatic Images
- Greater Clinician and Client Satisfaction
- Less Compassion Fatigue

"The best gift I have ever received as a therapist is training in Accelerated Resolution Therapy. To be thanked, in this field, all day every day is stunning..and those who get the benefit of ART no longer struggle with flashbacks, nightmares, or anxiety attacks...Best therapy ever!" Myrna Molinaro, LCSW

CONTACT COLLEEN FOR ART TRAINING'S FOR YOUR AREA

COLLEEN'S WEBSITE:

COLLEENECLARKCONSULTING.COM

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Accelerated Resolution Therapy (**ART**) is a drug-free, non-hypnosis therapy that transcends modern therapeutic methods by treating adults and children with depression, anxiety, phobias, panic attacks, post-traumatic stress disorder (PTSD), substance abuse, sexual abuse, obsessive compulsive disorder, addictions and many other mental and physical conditions resulting in remarkable benefits starting in as little as one session.

ART works directly to reprogram the way in which distressing images and memories and images are stored in the brain so that they no longer trigger strong physical and emotional reactions.

ART uses visualization techniques and attention on how the body is affected by distressing images or memories, enhanced through use of rapid eye movements similar to eye movements during dreaming.

ART works for an amazingly wide range of problems. Our brains are capable of positively modifying unwanted material. Distancing from emotional responses to problems facilitates the opportunity to look at situations objectively. Positive memories are reinforced and new information can be assimilated to rapidly restore one's functioning and health.

3 Day Basic ART Training

July 21, 22, 23, 2023 – Calgary Mount Royal University (MRU)

Sept 8, 9, 10, 2023 – Calgary Mount Royal University (MRU)

Sept 23, 24, 25, 2023 Fredericton New Brunswick (WU Conference Centre)

October 27, 28, 29, 2023 Calgary Mount Royal College (MRU)

November 11, 12, and 13, 2023 - Calgary Mount Royal College (MRU)

November 25, 26, 27, 2023 Parksville BC (Sunriseridge Resort)

COST: 1500 AMERICAN

Colleen E. Clark RCSW Clinical ART Specialist RCRR Lead Certified ART trainer

Register at www.acceleratedresolutiontherapy.com or contact Robin, 407-298-6786.

Questions? Call Robin or email robin@acceleratedresolutiontherapy.com