

The Knowledge Tree

1640 Powers Ferry Road, Building 9, Suite 250, Marietta, Georgia 30067, 404-913-2005, www.TheKnowledgeTree.org

Affairs in Couples Therapy - 5 CEUs

When & Where:

- **Date:** Friday, June 16, 2023
 - If you cannot attend this workshop live on 6/16, you can pre-register for the on-demand version here: <https://www.theknowledgetree.org/p/affairs-couples...>
- **Time:** 11:00am – 5:00pm *Eastern Time*
- **CE Hours Included:** 5 Core (please see below for more details)
- **Location:** Live Interactive Webinar ("Synchronous") on Zoom
- **Investment:** \$120 before Friday, June 2nd at 5:00pm *Eastern Time*, \$135 after
- **Presented by:** David Woodsfellow, Ph.D. (see bio below)
- **Workshop Recording:** A recording of this workshop is available to review for 60 days after the presentation. However, participants must attend live to receive the "Synchronous" CE Certificate.
- **Instruction Level:** Intermediate
- **Target Audience:** Psychologists, Counselors, Social Workers, Marriage & Family Therapists, Psychotherapists, Other Mental Health Professionals

Educational Objectives:

In this workshop, you will learn how to:

- Assess whether affairs are the cause, or the consequence, of poor marital quality?
- Explain why couples therapists should have a "secrets policy."
- Describe one circumstance where it might be important to keep an affair secret.
- Name two topics that warrant extra caution when clients are disclosing affairs.
- List Esther Perel's three phases of post-affair recovery.
- Discuss cultural differences in the concepts of fidelity and infidelity.

Workshop Description:

Affairs are exhilarating at first. Then excruciating and guilt-producing. They can be difficult to manage for therapists as well. Should we tell clients what to do? Or not? Is an affair always an unthinkable relationship betrayal? Could it also resuscitate and transform a relationship?

In this workshop, we'll discuss the problem of therapist secrets – and how to handle them. We'll cover how to get clients to end their affairs; and how to facilitate clients working through the feelings that follow an affair. We'll talk about how to interweave affair recovery with relationship rebuilding and how to get out of blame and counter-attack gridlock.

In the crucible of couples therapy, partners can do enlivening work. By sharing hurt and fear, remorse and regret, clients can reconnect and re-attach. Based on a blend of Hendrix, Gottman, Johnson, Real, and Perel, we'll discuss a method of working with affairs that is powerful and deeply healing.

Presented by: David Woodsfellow, Ph.D.



Dr. David Woodsfellow is a licensed psychologist whose practice is 100% couples therapy. He has been seeing couples -- only couples, no individuals -- for 20 years, and teaching other therapists about couples therapy for 15 years. His workshops are highly engaging and immediately useable.

Dr. Woodsfellow received his B.A. at Harvard, his M.Ed. at Antioch New England, his M.A. at UC Santa Barbara, and his Ph.D. in Clinical Psychology at Georgia State University. He did his clinical psychology internship at the Neuropsychiatric Institute of UCLA Medical School. Dr. Woodsfellow has been personally trained by Drs. Harville Hendrix, John Gray, John Gottman, and Mr. Terry Real. He holds Master Certification in

Relationship Empowerment Therapy, and has previously been a Certified Imago Relationship Therapist. He has taken Advanced Training in Gottman-Method Relationship Therapy and Emotionally-Focused Therapy.

Agenda (Eastern Time):

- 10:30am - 11:00am | Sign-In and Welcome
- 11:00am - 12:30pm | Session
- 12:30pm - 12:40pm | Break
- 12:40pm - 1:55pm | Session
- 1:55pm - 2:35pm | Lunch Break
- 2:35pm - 3:35pm | Session
- 3:35pm - 3:45pm | Break
- 3:45pm - 5:00pm | Session
- 5:00pm | Continuing Education Certificates Available

5 Core CE Clock Hours Included - Details by License Type Below:

- **PSYCHOLOGISTS:** The Knowledge Tree (TKT) is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. TKT maintains responsibility for this program and its content. For more detailed information on the current CE ruling in Georgia, or if you are licensed in another state or country, please [click here](#).
- **COUNSELORS:** The Knowledge Tree has been approved by the National Board for Certified Counselors (NBCC) as an Approved Continuing Education Provider (ACEP), ACEP No. 7153. Programs that do not qualify for NBCC credit are clearly identified. The Knowledge Tree is solely responsible for all aspects of the programs.
 - Counselors licensed in Georgia: Although approval through the Licensed Professional Counselors Association of Georgia (LPCA-GA) is not required for CE credit since all our courses are NBCC-approved, TKT has applied for approval for this workshop through LPCA-GA as well.
 - Counselors licensed in another state: Please [click here](#) for more detailed information.
 - Counselors Licensed in Canada: TKT has applied for approval for this workshop through the Canadian Counseling and Psychotherapy Association (CCPA).
- **SOCIAL WORKERS:** TKT has applied for approval for this workshop through the Georgia Society for Clinical Social Work (GSCSW). If you are licensed in another state or country, please [click here](#) for more detailed information.
- **MARRIAGE & FAMILY THERAPISTS:** TKT has applied for approval for this workshop through the Georgia Association for Marriage and Family Therapy (GAMFT). If you are licensed in another state or country, please [click here](#) for more detailed information.

Registration: To register for individual workshops, you may use our online payment option, or to pay by check you may print and complete the Registration Form and mail or fax it to our office. The registration form is available on our website: www.theknowledgetree.org

Multiple Workshop Special: There is a 10% Discount with registration for two workshops. There is a 15% Discount with registrations for three or four workshops. There is a 20% Discount with registration for five or more workshops.

Refund Policy: Refunds will be given for cancellations received at least **five days** prior to the workshop.

Attendance Policy: 100% attendance is required at any CE program in order to receive credit for that CE program. No partial credit is given.

We are an approved vendor for the U.S. Department of Veterans Affairs for easy reimbursement of educational expenses for VA employees.

For more information about our workshops, please contact us at 404-913-2005 or email us at workshops@theknowledgetree.org