

# The Knowledge Tree

1640 Powers Ferry Road, Building 9, Suite 250, Marietta, Georgia 30067, 404-913-2005, [www.TheKnowledgeTree.org](http://www.TheKnowledgeTree.org)

## Adult ADHD: Helping Clients Thrive - 5 CEUs

### When & Where:

- **Date:** Friday, June 2, 2023
  - If you cannot attend this workshop on 6/2, you can pre-register for the on-demand version here: <https://www.theknowledgetree.org/p/adult-adhd-onli...>
- **Time:** 11:00am – 5:00pm *Eastern Time*
- **CE Hours Included:** 5 Core (please see below for details)
- **Location:** Live Interactive Webinar ("Synchronous") on Zoom
- **Investment:** \$120 before Friday, May 19th at 5:00pm *Eastern Time*, \$135 after
- **Presented by:** Christina Noble, Ph.D., LPC (see bio below)
- **Workshop Recording:** A recording of this workshop is available to review for 60 days after the presentation. However, participants must attend live to receive the "Synchronous" CE Certificate.
- Instruction Level: Intermediate
- **Target Audience:** Psychologists, Counselors, Social Workers, Marriage & Family Therapists, Psychotherapists, Other Mental Health Professionals

### Educational Objectives:

In this workshop, you will learn how to:

- Explain ADHD as a diagnosis, how it manifests in adulthood, as well as the biological and neurological underpinnings of ADHD and Executive Functioning disorders, such as Variable Attention Stimulus Trait (VAST).
- Diagnose ADHD, VAST, Executive Functioning disorders and differentiate between these and other psychological presentations to aid in differential diagnosis.
- Discuss how to provide psychoeducation to clients regarding Adult ADHD treatments, both psychopharmacological and behavioral.
- Design an owner's manual for our clients' own, amazing ADHD brains using functional analysis, medication, and pulling from a broad knowledge of effective interventions for the range of Executive Functioning concerns.
- Describe how to be a neurodivergent-affirming therapist to assist clients in embracing their identities as neurodivergent superstars with creative interventions, behavioral experiments, workarounds and hacks.

### Workshop Description:

In this workshop, we will review cutting-edge information on the treatment of Adult ADHD, centering on ways to shift our clients' understanding of ADHD and Executive Functioning concerns to reduce shame and gain an understanding of their challenges around "getting things done." This workshop seeks to assist clinicians in becoming neurodivergent-affirming therapists, working alongside our clients to assist them in embracing their unique brains and leaning into their lived experiences through collaborative coaching, functional analysis, and treatment approaches such as CBT and second-generation CBT approaches like ACT, MBSR and DBT. Clinicians will learn about designing hacks, creating external structures, and utilizing curated, stimulating, and motivating interventions.



### Presented by: Christina Noble, Ph.D., LPC

Dr. Christina Noble is a Licensed Psychologist, a Licensed Professional Counselor, and Certified Professional Counselor Supervisor who specializes in treating OCD, Body Focused Repetitive Behaviors (Trichotillomania, Dermatillomania), Self-injurious behaviors, anxiety disorders, simple and complex PTSD, dissociation, personality disorders, executive functioning issues and ADHD. She served previously as the Clinical Director at The Anxiety and Stress Management Institute, and is currently serving as the Director of Clinical Supervision at Anxiety Specialists of Atlanta. Dr. Noble's academic research experiences have focused on

Trichotillomania, Shame, Perfectionism, Giftedness, Trauma and Attachment. She also has served as an adjunct professor at Georgia State University, teaching doctoral coursework on Ethics and Professional Issues and Psychopharmacology and Psychophysiology.

**Agenda (*Eastern Time*):**

- 10:30am - 11:00am | Sign-In and Welcome
- 11:00am - 12:30pm | Session
- 12:30pm - 12:40pm | Break
- 12:40pm - 1:55pm | Session
- 1:55pm - 2:35pm | Lunch Break
- 2:35pm - 3:35pm | Session
- 3:35pm - 3:45pm | Break
- 3:45pm - 5:00pm | Session
- 5:00pm | Continuing Education Certificates Available

**5 Core CE Clock Hours Included - Details by License Type Below:**

- **PSYCHOLOGISTS:** The Knowledge Tree (TKT) is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. TKT maintains responsibility for this program and its content. For more detailed information on the current CE ruling in Georgia, or if you are licensed in another state or country, please [click here](#).
- **COUNSELORS:** The Knowledge Tree has been approved by the National Board for Certified Counselors (NBCC) as an Approved Continuing Education Provider (ACEP), ACEP No. 7153. Programs that do not qualify for NBCC credit are clearly identified. The Knowledge Tree is solely responsible for all aspects of the programs. Please [click here](#) for more detailed information.
  - **Counselors Licensed in Canada:** TKT has applied for approval for this workshop through the Canadian Counseling and Psychotherapy Association (CCPA).
- **SOCIAL WORKERS:** TKT has applied for approval for this workshop through the Georgia Society for Clinical Social Work (GSCSW). If you are licensed in another state or country, please [click here](#) for more detailed information.
- **MARRIAGE & FAMILY THERAPISTS:** TKT has applied for approval for this workshop through the Georgia Association for Marriage & Family Therapy (GAMFT). If you are licensed in another state or country, please [click here](#) for more detailed information.

**Registration:** To register for individual workshops, you may use our online payment option, or to pay by check you may print and complete the Registration Form and mail or fax it to our office. The registration form is available on our website: [www.theknowledgetree.org](http://www.theknowledgetree.org)

**Multiple Workshop Special:** There is a 10% Discount with registration for two workshops. There is a 15% Discount with registrations for three or four workshops. There is a 20% Discount with registration for five or more workshops.

**Refund Policy:** Refunds will be given for cancellations received at least **five days** prior to the workshop.

**Attendance Policy:** 100% attendance is required at any CE program in order to receive credit for that CE program. No partial credit is given.

**We are an approved vendor for the U.S. Department of Veterans Affairs for easy reimbursement of educational expenses for VA employees.**

For more information about our workshops, please contact us at 404-913-2005 or email us at [workshops@theknowledgetree.org](mailto:workshops@theknowledgetree.org)