

Collaborative Problem Solving®

Tier 1 Training - Essential Foundations

For professionals supporting kids with challenging behaviour

Calgary, Alberta

**Facilitated by:
Matt Sticks**

CPS Certified Trainer



**Three-Day Training:
November 17, 24 and
December 1, 2022**

TIME:

9:00am – 3:30pm

LOCATION:

**Calgary Regional
Consortium
120 - 7000 Railway Street
SE, Calgary**

Register/Learn More:

crcpd.ab.ca

Disclaimer:

This facilitator is CPS Certified and receives ongoing supervision from Think:Kids. This training is independent of, and has no direct affiliation with Think:Kids or Massachusetts General Hospital (MGH). Information shared by the facilitator reflects their best understanding of the CPS approach.

Think:Kids is a program in the Department of Psychiatry at MGH.

Additional resources can be found at:
www.thinkkids.org

Tier 1 is designed for educators, clinicians, and other professionals who want to apply the Collaborative Problem Solving® (CPS) approach with the kids in their lives. Participants will learn all three components of the approach – assessment, planning, and intervention. Attendees are also exposed to the neurobiology behind CPS and learn how CPS operationalizes the latest research on trauma-informed care.



Tier 1 Training incorporates lectures, case studies, interactive role-play, video examples, and breakout groups. The training also provides practical guideposts and materials to help participants use the model in their daily lives.

The CPS Approach

The Collaborative Problem Solving® approach is an evidence-based method to managing challenging behavior that promotes the understanding that **challenging kids lack the skill - not the will - to behave**; specifically, skills related to problem-solving, flexibility and frustration tolerance.

Unlike traditional models of discipline, the CPS approach avoids the use of power, control and motivational procedures and instead focuses on collaborating with the child/ youth/ young adult to solve the problems leading to challenging behavior and building the skills they need to succeed.

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