

# CCPA Supervision Initiatives 2022

# CCPA Supervision Pre-Symposium

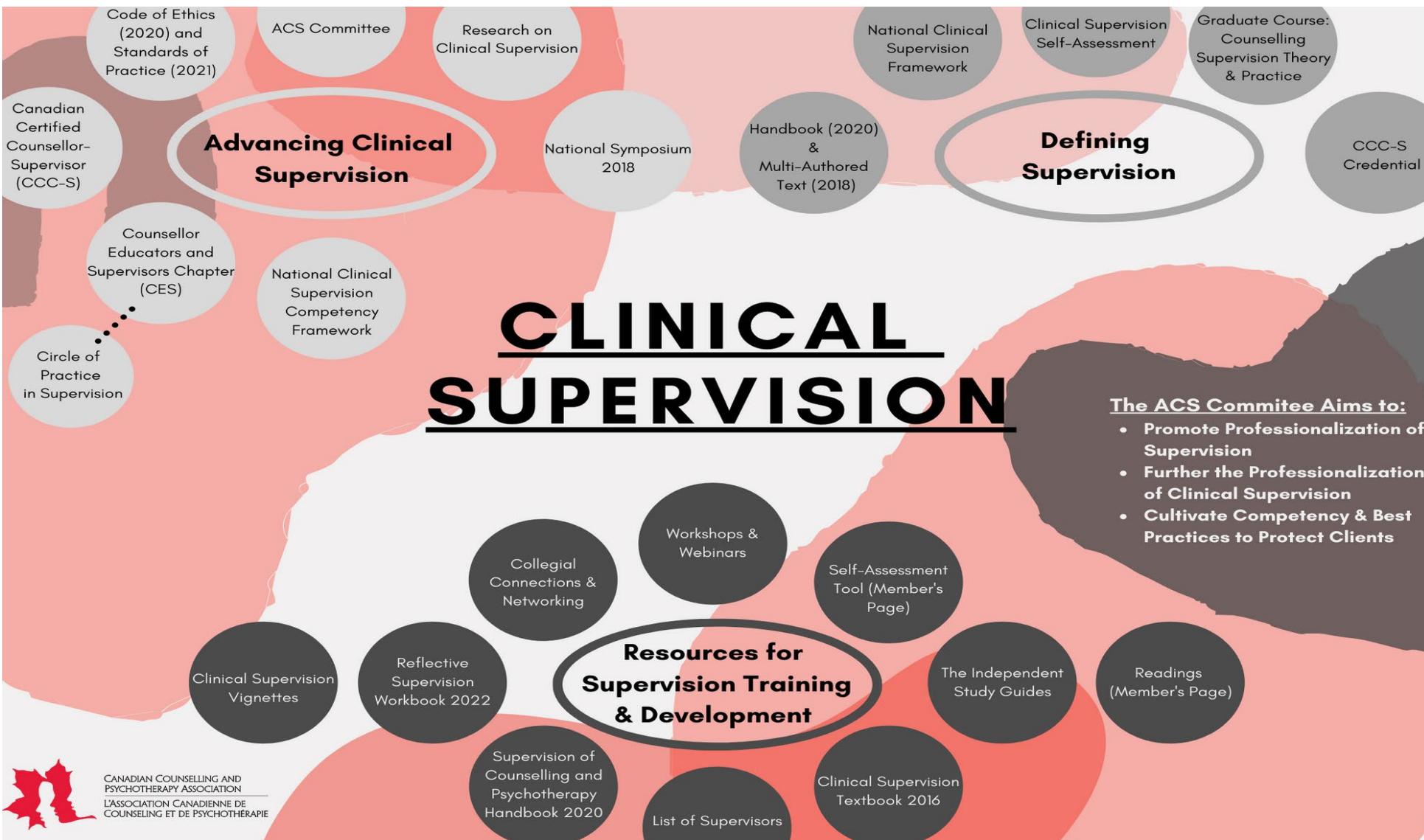
- ▶ established the Canadian Certified Counsellor- Supervisor (CCC-S) credential (2013)
- ▶ published a clinical supervision handbook in 2012
- ▶ launched an online graduate course in clinical supervision (U of Ottawa 2012, then U of Lethbridge)
- ▶ introduced a multi-authored text on clinical supervision in 2016
- ▶ developed a clinical supervision website: <https://www.ccpa-accp.ca/resources/clinical-supervision/>
- ▶ continued to work with practitioners and researchers to develop webinars
- ▶ ongoing support of design and delivery of introductory, intermediate, and advanced workshops offered at CCPA conferences and across Canada
- ▶ research endeavour: creating a national clinical supervision competency framework

# Advancement of Clinical Supervision

## Role and Purpose of the Committee

- ▶ To provide national leadership for the advancement of clinical supervision in Canada under the direction of the CCPA Executive.
- ▶ To provide timely research and recommendations related to clinical supervision to the CCPA Executive of CCPA as requested.

The committee meets **quarterly** via teleconference with additional meetings held as required.



# Research

# The National Clinical Supervision Competency Framework

- ❖ CCPA research project in 2014 culminated in the development of the *National Clinical Supervision Framework: Qualifications, Competencies, and Best Practices*
- ❖ Identified seven domains of clinical supervision, and 76 qualifications, competencies, and best practices associated with those domains
- ❖ Domains: (1) Professional Preparedness; (2) Structuring; (3) Relational; (4) Assessment, Feedback, Evaluation, and Reporting; (5) Ethical, Legal, and Regulatory; (6) Diversity and Social Justice; and (7) Professionalism.



# CCPA Code of Ethics (2020) and Technology Chapter

- ❖ Reviewed and then submitted comments to Ethics committee
- ❖ Formerly Section F: Clinical Supervision, Counsellor Education and Training
- ❖ Currently, own section: Section F: Clinical Supervision
- ❖ Interview with Dawn Schell for Technology and Innovative Solutions Chapter initiative

# Family Services of Ontario: Survey

- ❖ *Shining Light on the Hidden Population of the Clinical Psychotherapy Supervisor* (Mark MacAulay & Jillian Mannella) with Family Services of Ontario
- ❖ Used the CCPA Framework as basis of survey
  - ❖ CCPA created the survey (with demographic items submitted by the project team) to include the National Clinical Supervision Framework.
  - ❖ In April 2019 a survey went out to 48 Family Services Agencies in Ontario, with a total of about 70 clinical supervisors; 66 responded.
  - ❖ Initial analysis in June; meeting of the Family Services team in June and September to discuss results and to identify items for further analysis.
  - ❖ Aim is to standardize supervision across 48 agencies, develop policies and guidelines for supervision, and the training required.
  - ❖ Reviewed the final results and in the fall, Family Services developed a workplan.

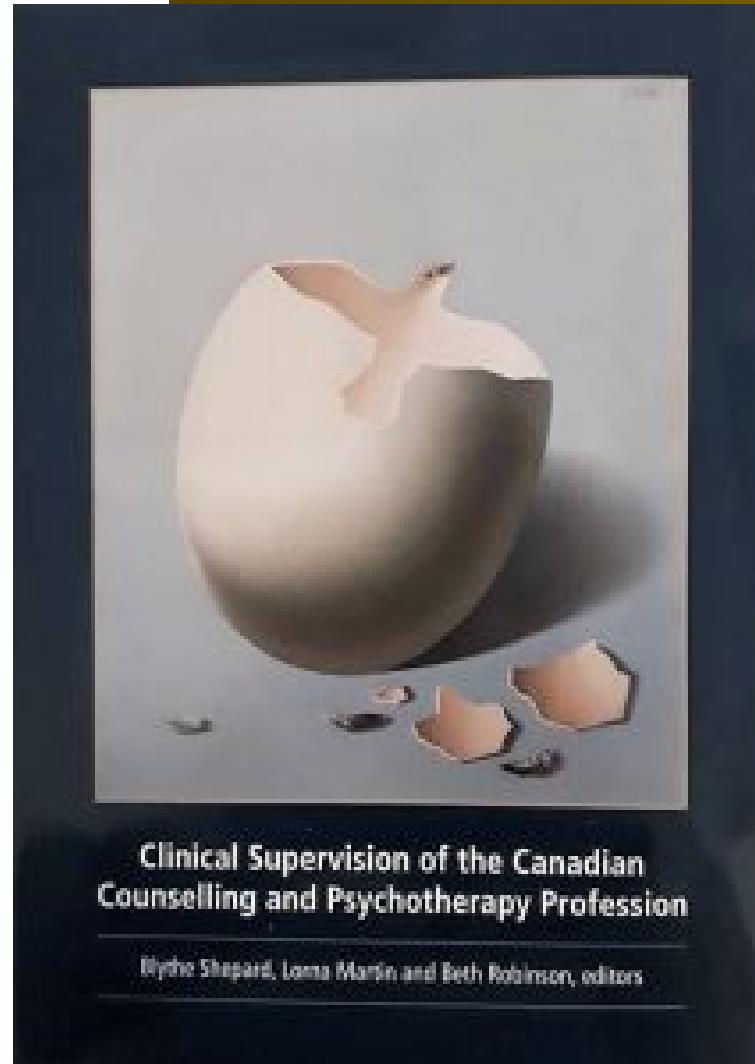
# **CECs and Resources**

# CCPA Website

- ❖ Annual updating of Supervision Resources page
- ❖ Divided into two parts
  - ❖ one accessible to all (under Resources)
  - ❖ the other available only to CCPA members (e.g., list of supervision articles, national competency framework)

# Clinical Supervision of the Canadian Counselling and Psychotherapy Profession

- Textbook edited by Shepard, Robinson, & Martin published in 2016.
- 19 Chapters, multi-authored by Canadian counsellor educators and researchers.
- Textbook for CCPA Supervision course



# Independent Study Guides

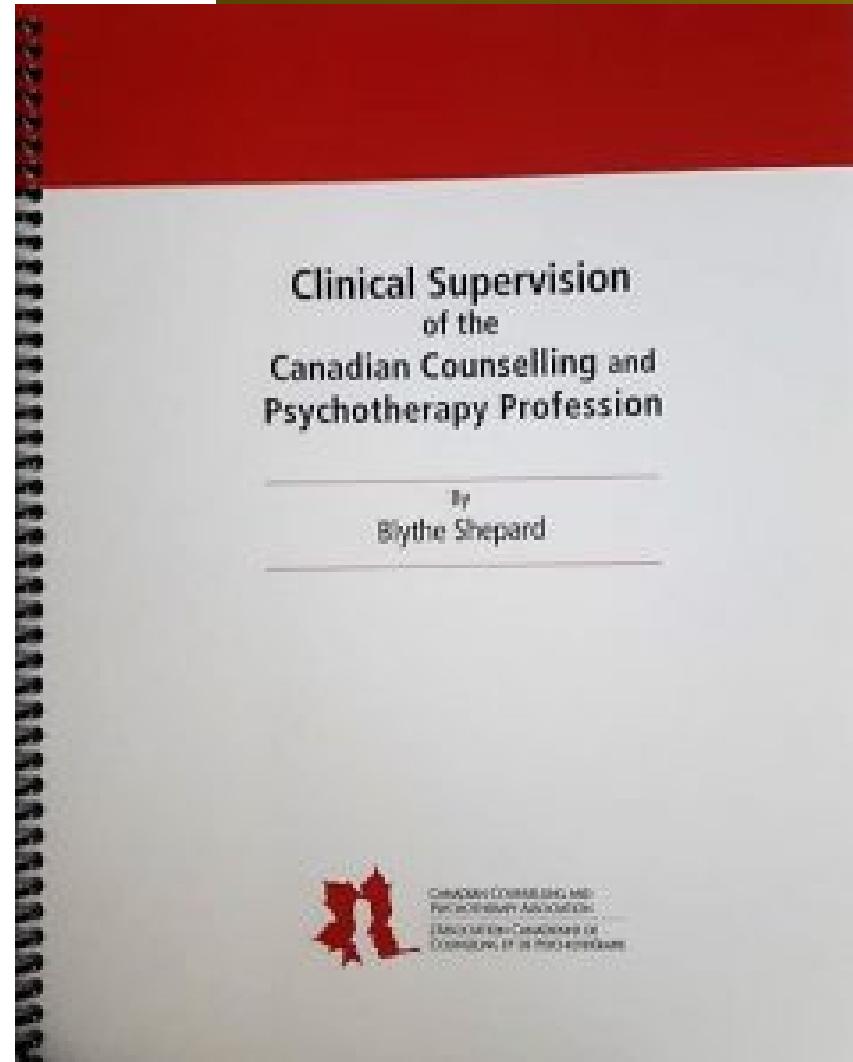
---

- Workbooks A & B
- Structured readings in clinical supervision
- Readings for Workbook A are open-sourced
- Readings for Workbook B are found in the textbook, ***Clinical Supervision of the Canadian Counselling and Psychotherapy Profession***



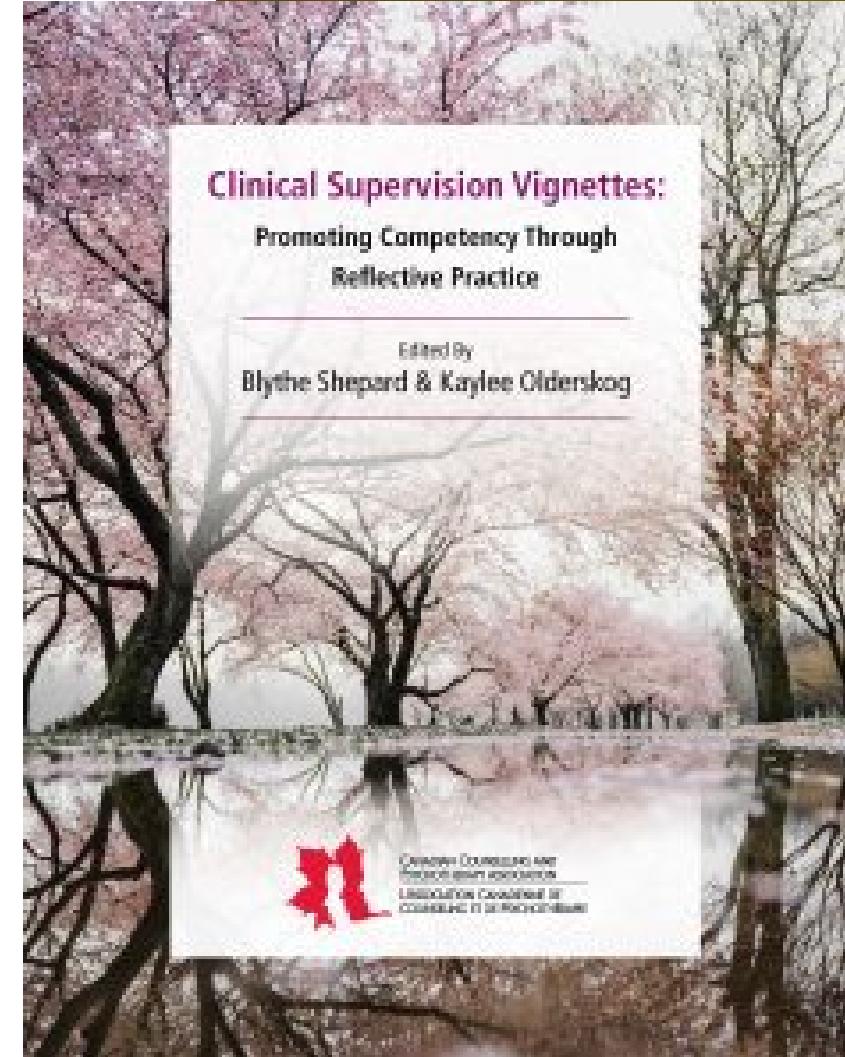
# Handbook of Clinical Supervision of Counselling and Psychotherapy for Supervisors & Supervisees

- ❖ Revised the previous Supervision Handbook (2012)
- ❖ Published updated handbook in fall of 2020.
- ❖ One of the textbooks for the supervision course



# Clinical Supervision Vignettes

- ❖ *Clinical Supervision Vignettes: Promoting Competency through Reflective Practice*(case studies from Symposium)
- ❖ Collection of 45 clinical supervision vignettes
- ❖ Nine main topics: Assessment in Supervision; Culture and Diversity; Ethical and Legal Issues; Gatekeeping; Risk Management; Roles and Responsibilities; Self-care and Vicarious Trauma; and Technology-Assisted Supervision.
- ❖ Book published May 2021



# “The Reflective Workbook for Clinical Supervisors”

Author: Dr. Beth Robinson

Editor: Blythe Shepard

Contributors:

- Blythe Shepard
- Angela Herd
- Darlene Kyte
- Lori Rudniski

In progress! 2022.

# CCPA Supervision Course

## ED 5850: Counselling Supervision: Theory and Practice

Fall 2012-2013

Fall 2014

Winter 2015

Winter 2016

Winter 2017

Winter 2018

Fall 2018

Winter 2019

Winter 2020

Fall 2021

Fall 2022

*Counselling Supervision: Theory and Practice* is an entry level course that focuses on fundamental issues in the theory and practice of clinical supervision, including: models of supervision, the supervision relationship, the impact of culture and diversity and personal factors on supervision, supervision techniques and practices, evaluation, and legal/ethical considerations in supervision. Students will develop supervisory attitudes and knowledge that will support their role in supervisory relationships.

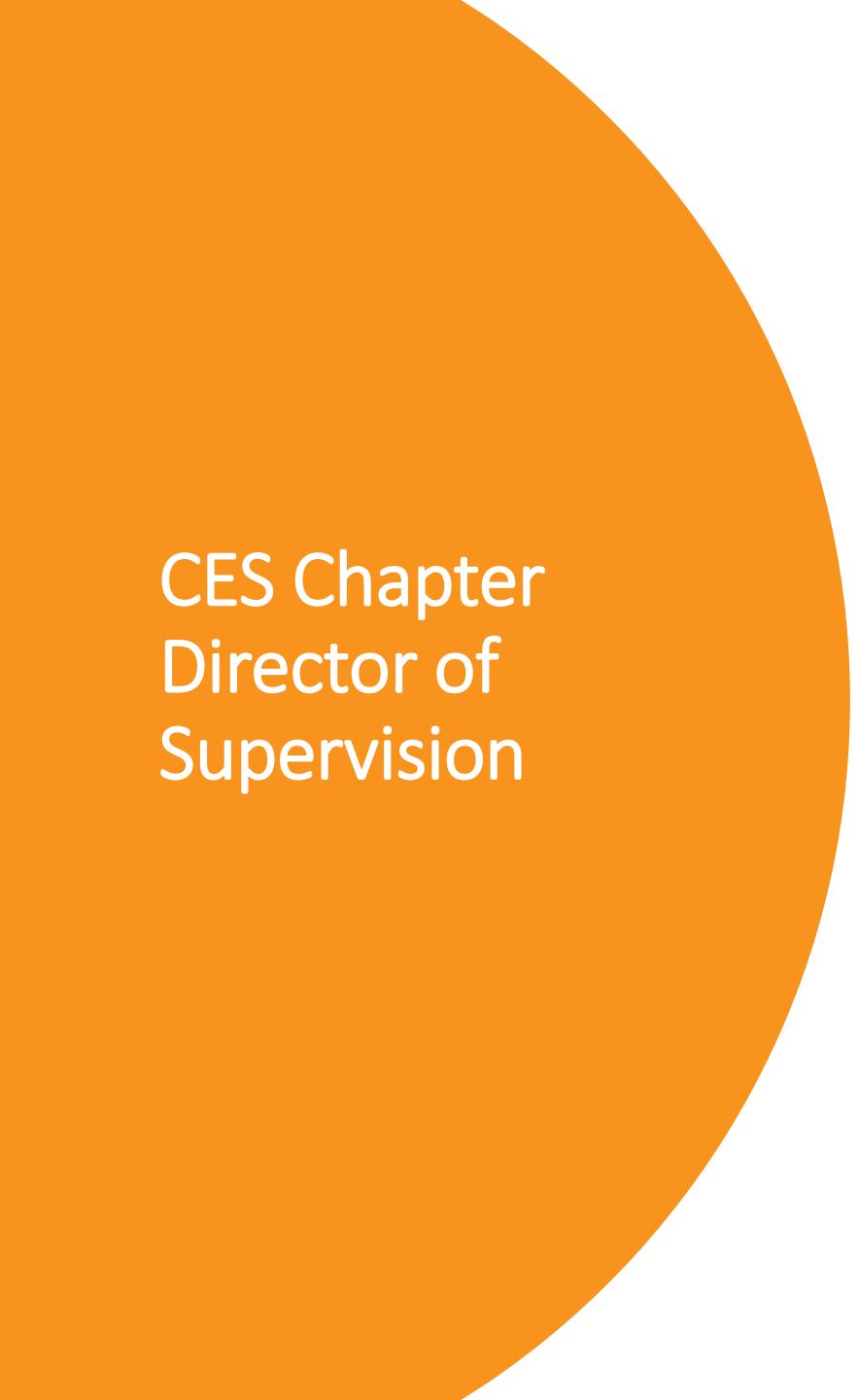
# Clinical Supervision: Three CCPA Workshops

- ❖ Introductory Workshop: *A Primer on Clinical Supervision for Counsellors and Psychotherapists: Enhancing Professional Development of New Colleagues via Establishment of a Framework for Informed Supervision*
- ❖ Intermediate Workshop: *Informed Clinical Supervision in Practice: Integrating Foundational Concepts and Competencies to Optimize Process and Outcomes*
- ❖ Advanced Workshop: *Promoting Professionalism in Clinical Supervision: Embracing Supervisory Identity and Illuminating Competence*

# E-Supervision Webinar

## **E-supervision: A Post-pandemic option for supervision: Jeff Landine, Dawn Schell, and Blythe Shepard**

The COVID-19 pandemic has highlighted the need for counselling supervisors to provide options to face-to-face supervision in order to continue to support their supervisees during these challenging times. Providing distance supervision using technology can be useful in many contexts. An example, its value is amplified for counsellors working in rural and remote areas where access to supervisors within the local work environment is often diminished and for practicum students who want to select from a more diverse group of practicum locations that provide a beneficial learning experience but face travel and distance barriers. As a clinical supervisor you are responsible for knowing both the inherent risks and benefits from practicing telephone delivered supervision and videoconferencing supervision. This webinar will provide clinical supervisors with practical overview of current developments in using technology-assisted supervision including ethical and legal issues related to technology-assisted supervision; the supervisory contract; security, encryption, and confidentiality; and building and maintaining a positive supervisory relationship.



## CES Chapter Director of Supervision

## Circle of Practice in Supervision

- The CES Chapter has formed a Circle of Practice to focus on different aspect of clinical supervision using Zoom. We intend to meet every six weeks or so excluding the summers. The Circle has a flexible structure that typically includes: time to connect; a small education piece (e.g., video, mini-training; case studies etc.); specific supervision issues (e.g., challenges of working with a non-reflective supervisee); updates on legislation, resources available, upcoming CCPA supervision webinars; and a Q & A time. It is also be a time to network with others who have an interest in clinical supervision.
  - Initial Circle was held February 26, 2021with 55 attendees
  - 2022 Circles: February 25, March 11 (with Dr. DiAnne Borders), April 22, June 10.
  - The Circle takes a break over the summer and will resume in September 2022.
- 