

## Manitoba/Nunavut Director's Report

### Manitoba Chapter

AGM – April 18, 2021

It is such a privilege to represent the Manitoba and Nunavut members at the national level and to be the Board Liaison for the Manitoba Chapter. Since beginning as Regional Director in 2018, it has been exciting to see the Chapter grow in members and launch several initiatives. This dedication and energy can be seen in the progress made towards regulation on FACT-MB and the Third-Party Billing Project. Great opportunities are now being provided in Continuing Education and the board is strengthened by the new Indigenous Director position. Details of this work will be covered in the respective reports today, but I wanted to acknowledge the hard work, dedication, and high level of professionalism ever present of our members. It is inspiring to be part of this team.

In my role as a member of the CCPA National Board of Directors, our responsibilities are to ensure the policies, procedures, initiatives, and advocacy work of the Association are aligned with the best interests of our members and the public. The board meets monthly via zoom. In addition to these board meetings, there are several standing committees of the board. Currently, I chair the Awards Committee and am a member of the Advancement for Clinical Supervision (ASC) Committee. A small group of us on the ASC Committee have been working on creating new resources to aid the development of clinical supervisors. It is exciting to be part of this ground-breaking work.

The Manitoba and Nunavut Region membership continues to grow. We currently have 414 members. Many of these members are also members of the Manitoba Chapter. It is great to see many students as well as professionals throughout the region being a part of our association. CCC designation remains steady at 60%.

Part of my role as Regional Director is supporting the CCPA Student Reps in Manitoba and connecting with each of our province's universities. This has been a challenging year for all, with university classes across the country being online. The opportunities to connect have been limited. I am hopeful that with the return to school in the fall, although still via online for most, that I can increase connections and support for our Student Reps.

#### **CCPA National Conference:**

The CCPA 2021 Virtual Conference this year is May 13 -15, 2021 and has a full slate of pre-conference and conference workshops. Although different from our in-person conferences, having a virtual conference opens the opportunity for more to attend and reduces the costs of time and travel. This year, the Awards Ceremony will be held separately on May 6, 2021 7-8:30pm EST. A wonderful event is planned with featured Emma Stevens, Indigenous Singer from Cape Breton performing two songs and the Indigenous Circle Chapter and Creative Arts Chapter providing the pre-recorded entertainment for the event. The recipients of this year's Special Awards are invited to submit a pre-recorded message. In addition to the CCPA Awards, some Chapter Awards will also be presented. Looking forward to sharing in these celebrations!

## **National Office Initiatives**

Several initiatives have been launched at the national office. I wanted to highlight here a few. The website is updated frequently as new information becomes available so please visit it often.

### *Coping with COVID-19*

Resources on coping with the pandemic and its impact has been a great ongoing source of information since the start of COVID last year. Members are encouraged to share what they find valuable in helping to cope with these challenging times.

<https://www.ccpa-accp.ca/coping-with-covid-19/>

### *Advocacy Toolkit*

This kit explains the challenges our profession currently faces, as well as our recommendations to address these issues. This kit also provides instructions for contacting stakeholders, key messaging, how to prepare for your meeting, and post-meeting actions. Created for CCPA members, this toolkit can be downloaded via the membership portal.

<https://www.ccpa-accp.ca/advocacy-toolkit/>

### *Thank a Therapist*

Most recently, this initiative is an opportunity to help recognize the work of counsellors and psychotherapists. This opportunity allows members, non-members, and members of the public to recognize the hard work of counsellors and psychotherapists across Canada (both members and non-members). CCPA has developed a page on the website where an individual can send a message of recognition, appreciation, or gratitude for a counsellor or psychotherapist during this time of unprecedented.

<https://www.ccpa-accp.ca/thankyou/>

The challenges of the current pandemic have impacted everything that we do. We not only see this chronic stress showing up in various ways in our clients, but also for ourselves as helping professionals. Continuing to support each other as well as take time to recharge ourselves is not only good practice in normal times, but even more so now. My focus is always on supporting members to connect and in accessing applicable resources and information.

Respectfully submitted,

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