

## **Four Day Online Externship in Emotionally Focused Therapy (EFT)**

**November 13 & 14, 27 & 28, 2020**

**Online Atlantic Canada (live via Zoom)**

**Lead by Robert Allan, PhD, LMFT, LPC**

**More info at <https://drrobertallan.com/new-events>**

**EFT is an evidence-based, experiential approach to couple therapy with proven interventions and a clearly demonstrated process of change.**

### **Objectives of the Externship**

- ◆ *Participants will obtain a clear understanding of the basic experiential and systemic concepts of an “Emotionally Focused” approach to couples therapy.*
- ◆ *Participants will be able to conceptualize couple distress and relationship repair based on theories of attachment and emotion.*
- ◆ *Participants will develop skills in helping partners reprocess the emotional responses that maintain relational distress.*
- ◆ *Participants will develop skills in helping partners shape new interaction patterns and bonding events.*
- ◆ *Participants will develop skills to overcome therapeutic impasses with couples.*

PAYMENT DETAILS\* \$950 Early bird Fee (paid in full before September 13th, 2020; \$1050 Regular Fee)

\$600 Student Rate (only 2020/21 full-time students, proof required)

\*All fees include HST

Cancellation policy:

A cancellation fee of \$170 for regular registration and \$150 for students will be charged prior to October 30, 2020

No return on fees for cancellations after October 30, 2020

Please complete registration and forward to:

Brenda Coish-Ginn

14 Stonehaven Crescent

Dartmouth, NS

B2V 2S1

Fax # 902-435-0914

Payments accepted by cheque (payable to Brenda Coish-Ginn) or Interac e-Transfer

[brenda.onegrace@gmail.com](mailto:brenda.onegrace@gmail.com)

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