



Program at a Glance / Aperçu du programme

Friday, May 8, 2020 / Le vendredi 8 mai 2020

Yukon	A4 - Writing for Submission to the Canadian Journal of Counselling and Psychotherapy, Other Professional Journals, and Book Publishing (English - Introductory)	<i>Kevin Alderson</i>
Centennial	A5 - Private Practice - We Can Do This! (English - Intermediate)	<i>Corrine Hendricken-Eldershaw, Lorne Flavelle, Jill Nofall, Paul Yeung</i>
Strathcona	A6 - Cross-Cultural Applications: Adapting and Tailoring Therapeutic Interventions for Ethnic Minority Groups in Canada (English - Advanced)	<i>Rand Al-Houssan Author: Derek Richards</i>
12 h 00 - 13 h 00	Private Practitioners Chapter Meeting / Réunion de la Section des conseillers en pratique privée Location / Lieu : Centennial	
12 h 00 - 13 h 00	School Counsellors Chapter Meeting / Réunion de la Section des conseillers et conseillères en milieu scolaire Location / Lieu : Manitoba	
12 h 00 - 13 h 30	Lunch (on own) / Dîner (non-inclus)	
12 h 15 - 13 h 15	Creative Arts in Counselling Chapter Meeting / Réunion de la Section des arts créatifs en counseling Location / Lieu : Off-site / Hors site	
13 h 30 - 14 h 45	Concurrent Sessions / Séances simultanées Indigenous Gathering Space / Espace de rassemblement autochtone Location / Lieu : Chairman	
Manitoba	A7-1 - Relat(able) / La fiabilité (English - Introductory / Anglais - Introductive)	<i>Rachel DeAlto</i>
	A7-2 - Understanding the Senior Client / Comprendre la clientèle âgée (English - Introductory / Anglais - Introductive) (Simultaneous Interpretation / Interprétation simultanée)	<i>Ronna Jevne</i>
Saskatchewan	A8 - A Cross-Country Update on the Regulation of Counsellors and Psychotherapists in Canada (English - Introductory)	<i>Blythe Shepard, Glenn Sheppard</i>
Alberta	A9 - Traditional Healing of Trauma and the Use of Self-Regulation in Indigenous Demographics (English - Advanced)	<i>Shannon Lust, Darrell Stanley</i>
Yukon	A10 - Spirituality in Counselling: A Panel Session (English - Introductory)	<i>Lorraine Smith-MacDonald, Gerard Vardy, Cathy Underhill</i>



Program at a Glance / Aperçu du programme

Friday, May 8, 2020 / Le vendredi 8 mai 2020

Centennial	A11 - Competence: The Skills That Bind (English - Introductory)	<i>Sareena Hopkins, Kim Hollihan</i>
Devonian	A12 - Creating Calm: A Whole Family Approach to Managing Stress and Anxiety (English - Intermediate)	<i>Meg Kapil</i>
Strathcona	A13 - Spirituality and Religion: Bridging the Gaps with Culturally Non-Dominant Clients (English - Intermediate)	<i>Sandra Dixon, Gerard Alberts</i>
14 h 45 - 15 h 15	Nutrition Break / Pause santé	
15 h 15 - 16 h 30	Concurrent Sessions / Séances simultanées Indigenous Gathering Space / Espace de rassemblement autochtone Location / Lieu : Chairman	
Manitoba	A14 - CCPA and Counselling and Psychotherapy in Canada: A Discussion with CCPA's President (English - Introductory) A14 - L'ACCP et la profession de counseling et de psychothérapie au Canada : une discussion avec la présidente de l'ACCP (Anglais - Introductive) (Simultaneous Interpretation / Interprétation simultanée)	<i>Jen Rowett</i>
Saskatchewan	A15 - Practice Safe Text: Using Our Digital Devices Safely (English - Intermediate)	<i>Dawn Schell</i>
Alberta	A16 - Alberta and Northwest Territories Chapter Visioning Discussion (English - Introductory)	<i>Nicholas Renaud</i>
Yukon	A17 - "Pausing" Psychotherapy versus "Terminating" Psychotherapy: An Examination of the Termination Stage of Counselling (English - Introductory)	<i>Nancy Tavares-Jones, Kaitlyn Hillier</i>
Centennial	A18 - Interaction of Mental Health and Nutrition (English - Intermediate)	<i>Audrey Tait</i>
Devonian	A19-1 - The Hearthstone Community Art Hive: Community Research Space for Connection and Wellness (English - Intermediate) A19-2 - The Intersection of Neuroscience and Art: Regulating the Nervous System Using Creative Arts Therapy Interventions (English - Introductory)	<i>Leah Bridget Lewis, Heather McLeod, Xuemei Li, Janis Tim-Bottos Rowena Tam</i>



Program at a Glance / Aperçu du programme

Friday, May 8, 2020 / Le vendredi 8 mai 2020

Strathcona	A20-1 - Client Centre Approach Model: The Whole Person (English - Introductory) A20-2 - Re-Membering: Transforming Generational Grief and Trauma in Aboriginal Communities (English - Intermediate)	<i>Brenda Ross-Jerome, Tammy Martin</i> <i>Heather Joelle McKiernan, Warren McDougall</i>
16 h 40 - 17 h 40	Career Counsellors Chapter Meeting / Réunion la Section des conseillers/ères d'orientation Location / Lieu : Strathcona	
18 h 00 - 21 h 00	Social Activities / Activités sociales Location / Lieu : Off-site / Hors site	
20 h 00 - 21 h 30	Welcome Reception / Réception de bienvenue Location / Lieu : N/W Foyer	



Program at a Glance / Aperçu du programme

Saturday, May 9, 2020 / Le samedi 9 mai 2020

7 h 00 - 8 h 00	Spirituality in Counselling Chapter Meeting / Réunion de la Section de spiritualité en counselling Location / Lieu : Centennial	
7 h 30 - 8 h 30	Post-Secondary Counsellors Chapter Meeting / Réunion de la Section des conseillers au postsecondaire Location / Lieu : Strathcona	
7 h 30 - 9 h 00	Registration / Inscription	
 Carol Allain	<p>8 h 30 - 10 h 15 Keynote Address / Conférencier d'honneur - Carol Allain Location / Lieu : Ballroom</p> <p>Le choc des générations : Du je triomphant au nous rassembleur / Generational Shock: Uniting Triumphant Individuals</p> <p><i>(Français – Interprétation simultanée / French – Simultaneous Interpretation)</i></p>	
10 h 15 - 10 h 45	Nutrition Break / Pause santé	
10 h 45 - 12 h 00	<p>Concurrent Sessions / Séances simultanées</p> <hr/> <p>Indigenous Gathering Space / Espace de rassemblement autochtone Location / Lieu : Chairman</p>	
Manitoba	<p>B1 - Décoloniser notre pratique clinique avec les familles en crise : Une intégration entre la thérapie narrative familiale et la thérapie comportementale dialectique <i>(Français - Intermédiaire)</i></p> <p>B1 - Decolonizing our Clinical Practice with Families in Crisis: An Integration Between Narrative Family Therapy and Dialectical Behaviour Therapy <i>(French - Intermediate)</i></p> <p><i>(Simultaneous Interpretation / Interprétation simultanée)</i></p>	<i>Émilie Ellis</i>
Saskatchewan	<p>B2-1 - Co-Supervision & Counselling Supervision Groups – Sharing Best Practices in Supervision <i>(English - Intermediate)</i></p> <p>B2-2 - Reflective Practice: Supporting Supervisor and Supervisee Development <i>(English - Intermediate)</i></p>	<p><i>Lisa Mader, Bernadette Kehoe</i></p> <p><i>Sharon E. Robertson, Payden Spowart Author: E. Aiofe Freeman- Cruz</i></p>
Centennial	B3 - Chapter Leadership: How-Tos and How-Comes <i>(English - Introductory)</i>	<i>Jennifer Davies, Michelle Kennedy, Cathrine Chambers</i>
Devonian	B4 - Playing with Anxiety: Play Therapy and Drama Therapy Tools for Children and Youth <i>(English - Introductory)</i>	<i>Michelle Baer</i>



Program at a Glance / Aperçu du programme

Saturday, May 9, 2020 / Le samedi 9 mai 2020

Leduc	B5 - Conducting Trauma Research Utilizing Narrative Methods: Contextual and Cultural Considerations (English - Intermediate)	<i>Fred Chou, Roselyn Record-Lemon, Marla Buchanan</i>
Turner Valley	B6-1 - Physical Manifestations of Emotion: Using Emotive Toys to Teach Emotional Awareness to Youth Living on the Autism Spectrum. (English - Introductory) B6-2 - Exploring Childhood Adversity and Resilience with Autistic Clients: Why it Matters (English - Introductory)	<i>Jonas Breuhan Gabrielle Heselton</i>
Strathcona	B7 - (Com)Passionate Work in Family Violence Prevention and Intervention (English - Introductory)	<i>Nick Jacobs</i>
11 h 45 - 13 h 45	Poster Sessions / Séances d'affiches Location / Lieu : Alberta / Yukon <i>For a list of Poster Sessions, see pages 9 - 11. / Pour une liste des séances d'affiches, voir les pages 9 à 11.</i>	
12 h 00 - 13 h 30	Lunch (on own) / Dîner (non-inclus)	
12 h 15 - 13 h 15	CCPA Annual General Meeting / Assemblée générale annuelle de l'ACCP Location / Lieu : Manitoba	
13 h 30 - 14 h 45	Concurrent Sessions / Séances simultanées Indigenous Gathering Space / Espace de rassemblement autochtone Location / Lieu : Chairman	
Manitoba	B8 - Five Ethical and Practical Considerations When Working with Interpreters During a Session (English - Introductory) B8 - Cinq aspects déontologiques et pratiques à considérer durant une séance avec des interprètes (Anglais - Introductive) (Simultaneous Interpretation / Interprétation simultanée)	<i>Rosalie Paquette, Author / auteur : Dawn McBride</i>
Saskatchewan	B9 - Refreshing Your Ethical Practice (English - Intermediate)	<i>Roberta Neault, Michael Sorsdahl</i>
Centennial	B10 - The Role of Video-Conferencing Clinical Supervision for Rural, Remote and Northern Counsellor in Mitigating Compassion Fatigue (English - Introductory)	<i>Micheala Slipp</i>
Devonian	B11 - The Arts of Multicultural Counselling: Dialogue and Practice (English - Introductory)	<i>Paul Yeung, Corrine Hendricken-Eldershaw, Heesoon Baiand, Avraham Cohen</i>



Program at a Glance / Aperçu du programme

Saturday, May 9, 2020 / Le samedi 9 mai 2020

Leduc	B12 - Reviewer Training Certification for the Canadian Journal of Counselling and Psychotherapy (CJCP) (English - Introductory)	<i>Kevin Alderson</i>
Turner Valley	B13 - CACEP Standards for the Accreditation of Counsellor Education Programs in Canada: An Update on Proposed Revisions (English - Intermediate)	<i>Sharon E. Robertson, William Borgen Authors: Natasha Caverley, Pamela Patterson</i>
Strathcona	B14 - Take Care of the Light (English - Introductory)	<i>Faith Turner</i>
14 h 45 - 15 h 15	Nutrition Break / Pause santé	
14 h 45 - 16 h 45	Poster Sessions / Séances d'affiches Location / Lieu : Alberta / Yukon <i>For a list of Poster Sessions, see pages 12 - 14. / Pour une liste des séances d'affiches, voir les pages 12 à 14.</i>	
15 h 15 - 16 h 30	Concurrent Sessions / Séance simultanée Indigenous Gathering Space / Espace de rassemblement autochtone Location / Lieu : Chairman	
Manitoba	B15-1 - Frontlines on the Homefront: Working with Military Families and Intimate Partner Violence (English - Advanced) B15-2 - The Role of Holistic Retreat Programs in the Treatment of Post-Traumatic Stress Disorder in Military, Veteran, and First Responders (English - Intermediate) <i>(Simultaneous Interpretation / Interprétation simultanée)</i>	<i>Danielle Winters, Jordan Pearce Lorraine Smith-MacDonald, Suzette Bremault-Phillips Authors: Manuela Johana, Ashley Pike, Chelsea Jones</i>
Saskatchewan	B16 - Update on Regulation of Counselling Therapists, Addictions Counsellors, and Child and Youth Care Counsellors in Alberta (English - Introductory)	<i>Nicole Imgrund, Linda Sahli</i>
Centennial	B17 - Social Justice Telephone: Calling All Supervisors and Supervisees! (English - Introductory)	<i>Social Justice Chapter Members, Michelle Kennedy</i>
Devonian	B18 - Our Relationship With This Land: An exploration through Creative Art Therapy (English - Intermediate)	<i>Nicola Sherwin-Roller</i>



Program at a Glance / Aperçu du programme

Saturday, May 9, 2020 / Le samedi 9 mai 2020

Chancellor	B19 - Be a SuperTherapist! Learn How to Harness the Power of Super/Heroes to Help Clients Heal from their Trauma (English - Intermediate)	<i>Sean Swaby</i>
Leduc	B20 - Tired of Caring: A Transpersonal Approach to Compassion Fatigue and Burn-Out (English - Introductory)	<i>Saira Sabzaali</i>
Turner Valley	B21 - Indigenous Sharing Circle – Building Community Through Storytelling (English - Introductory)	<i>Andrea Currie, Cathrine Chambers</i>
Strathcona	B22 - Suicide Risk Assessment: An Update for Clinicians (English - Intermediate)	<i>Jonathan Dubue</i>
16 h 45 - 17 h 45	Social Justice Chapter Meeting / Réunion de la Section de la justice sociale Location / Lieu : Strathcona	
16 h 45 - 18 h 00	Indigenous Circle Chapter Meeting / Réunion de la Section du cercle autochtone Location / Lieu : Off-site / Hors site	
18 h 15 - 18 h 45	Cocktail Hour / L'heure de l'aperitif Location / Lieu : Centennial	
18 h 45 - 24 h 00	Banquet, Awards, and Dance / Banquet, prix et danse Location / Lieu : Devonian	



Program at a Glance / Aperçu du programme

Saturday, May 9, 2020 / Le samedi 9 mai 2020

11 h 45 - 13 h 45
Poster Sessions / Séances d'affiches
Location / Lieu : Alberta / Yukon

P1 - Women Healing Naturally: Restoring Self After Sexualized Assault or Abuse

(English - Intermediate)

Ursula de Vries, Ivana Djuraskovic

P2 - A Narrative Inquiry into Counsellor Trainees' Experiences of Working with Trauma

(English - Introductory)

Helena Dayal

Authors: George Buck, Jean Clandinin

P3 - Gambling in the Workplace: Characteristics and Experiences

(English - Introductory)

Rebecca Hudson Breen, James Sanders, Heather Gower

Author: Lauren Trafford

P4 - Stories of Sexual Assault Survivors at the University of British Columbia

(English - Introductory)

Erin Davidson

P5 - A Holistic Model of Community-Based Counselling with Immigrants and Refugee Families

(English - Intermediate)

Sophie Yohani, Karin Linschoten

P6 - Shifts in Parenting after the 8-Week Circle of Security® Parenting Program

(English - Introductory)

Lisa Gray

Authors: Gina Wong, Gwen Rempel, Karen Cook

P7 - Dying Rites: Death Doulas' Experiences of Using Ritual in Palliative Care

(English - Introductory)

Emma MacDonald, Ivana Djuraskovic

P8 - Understanding the Lived Experience of Hope for Women Who Have Miscarried

(English - Introductory)

Chelsea Hobbs, Denise Larsen



Program at a Glance / Aperçu du programme

Saturday, May 9, 2020 / Le samedi 9 mai 2020

11 h 45 - 13 h 45
Poster Sessions / Séances d'affiches
Location / Lieu : Alberta / Yukon
continues / suite

P9 - Reflecting on Reflecting Teams: Using Reflecting Teams in Counsellor Education and Supervision
(English - Intermediate)

Tanya Mudry, Birdie Bezanson, Franziska Kintzel, Tiffany Beks

P10 - 'Studying up' Considerations for Facilitated Counselling Support Groups: Lessons Learned from Community Based Research
(English - Introductory)

Sarah Pickett, Kathleen Hackett, Jennifer Davis

P11 - Hegemonic Masculinity Among Marginalized Peoples: Effects on Practice and Community
(English - Introductory)

Andrea Herzog, Walaa Taha, Sepidar Yeganeh Farid
Author: Derrick Klaassen

P12 - West Meets East: Cultural Identity and Mental Health as a Chinese Canadian Emerging Adult
(English - Intermediate)

Alysha Chan Kent, Alexander Choy, Sharon E. Robertson

P13 - Making Moves Toward Mental Well-Being: Exploring Male Athletes' Experiences of Self-Compassion in the Context of Sport
(English - Introductory)

Brea McLaughlin
Author: K. Jessica Van Vliet

P14 - Motion-Assisted, Multi-Modal Memory Desensitization and Reconsolidation VR-Based Treatment for Individuals with Combat-Related Post-Traumatic Stress Disorder: A Randomized Waitlist Control Study
(English - Intermediate)

Lorraine Smith-MacDonald, Suzette Bremault-Phillips
Author: Chelsea Jones

P15 - The World of Resiliency in Moving Beyond Chronic Homelessness
(English - Introductory)

Sydney McKenzie-Hougestol, Robert Roughley



Program at a Glance / Aperçu du programme

Saturday, May 9, 2020 / Le samedi 9 mai 2020

11 h 45 - 13 h 45

Poster Sessions / Séances d'affiches

Location / Lieu : Alberta / Yukon

continues / suite

P16 - Attachment and Coping Style Differences in Romantic Relationships

(English - Introductory)

Darrah Kennedy

Author: Christine Lomore

P17 - The Protective Role of Self-Compassion in the Transition to University Through Psychological Need Satisfaction

(English - Introductory)

Lindsay Warner

P18 - Arts-Based Engagement Ethnography: Understanding Newcomer Youth Experiences in Schools

(English - Introductory)

Emily Matejko, Danielle Smith, Rabab Mukred

Author: Anusha Kassan

P19 - Adult ADHD in Motion: Workplace Physical Activity and Improved Occupational Outcomes for Adults with ADHD

(English - Introductory)

Jillian Conway

P20 - General Public Reactions on the Release of a Person Found Not Criminally Responsible

(English - Intermediate)

Andrea Antoniuk



Program at a Glance / Aperçu du programme

Saturday, May 9, 2020 / Le samedi 9 mai 2020

14 h 45 - 16 h 45

Poster Sessions / Séances d'affiches

Location / Lieu : Alberta / Yukon

P1 - Navigating the Invisible: The Impact of Concussions from a Counselling Perspective

(English - Introductory)

Franziska Kintzel

P2 - The Intersection of Career and Relationship for Emerging Adult Women in STEM

(English - Introductory)

Lindsay Warner

P3 - The Chronic Psychological Injury (CPI) Program: A Pilot Intervention for individuals Recovering from Workplace Bullying

(English - Introductory)

Katherine Archibald

Authors: Wendy Salvisberg, Sandra Ziolkowski, Kyle Schalk

P4 - Dream Weavers: Women's Group Based Narrative Therapy Using Matriarchal Practices and Indigenous and Celtic Ways of Knowing as an Alternative to Mainstream Career Counselling

(English - Intermediate)

Janet Payne

P5 - Strengths, Hope, and Resources Program for School Mental Health (SHARP-SMH)

(English - Introductory)

Rebecca Hudson Breen, Chelsea Hobbs, Ji Won Lee

Authors: Regan Holt, Denise Larsen, Wendy Edey

P6 - Mindful Contextualization: Exploring the Limits of Cross-Cultural Mindfulness Measurement

(English - Intermediate)

Andrea Antoniuk

Authors: Laura Kathleen Deirdre Johnson, Rajneesh Choubisa

P7 - The Impact of Adopting a Child(ren) on the Mental Health and Wellness of Fathers

(English - Intermediate)

Scott McKirdy, Robert Roughley (Author), Gillian McKirdy

P8 - Raising Awareness of Unintentional Harm: When Stigma Becomes a Barrier to Treatment of Clients Diagnosed with Borderline Personality Disorder

(English - Intermediate)

Angela Normand



Program at a Glance / Aperçu du programme

Saturday, May 9, 2020 / Le samedi 9 mai 2020

14 h 45 - 16 h 45

Poster Sessions / Séances d'affiches

Location / Lieu : Alberta / Yukon
continues / suite

P9 - Decoding Internet Dependency among Adults: Role of Distraction Susceptibility and Personality
(English - Intermediate)

Gursharanjeet Kaur
Author: Kamalpreet Kaur Sohi

P10 - Equine Experiences for Veterans' and First Responders with Post-Traumatic Stress Disorder
(English - Introductory)

Katie Grimes, Marla Buchanan
Author: Colleen Haney

P11 - Exploring Commitment in Polyamory: How Can Counsellors Help?
(English - Introductory)

Kyla Margulies, Robert Roughley

P12 - Culturally Competent Counselling: A Scoping Review of the Use of Spirituality and Religion in Counselling Practices
(English - Introductory)

Walaa Taha, Walaa Katoue
Author: Anusha Kassan

P13 - The Effects of Intention
(English - Introductory)

Janki Trivedi, Rachel von Elling
Author: Christopher Peet

P14 - Quantitative and Qualitative Research on Immigrant and Refugee Children's Mental Health and Access to Mental Health Care
(English - Introductory)

Bukola Salami, Sophie Yohani, Mia Tulli

P15 - How Highly Effective Psychotherapy Supervisors Supervise: A Longitudinal Study of Supervisees' Experiences
(English - Intermediate)

Terilyn Pott

P16 - The Exploration of Postpartum Post-Traumatic Stress Disorder
(English - Introductory)

Samantha Copithorne



Program at a Glance / Aperçu du programme

Saturday, May 9, 2020 / Le samedi 9 mai 2020

14 h 45 - 16 h 45

Poster Sessions / Séances d'affiches

Location / Lieu : Alberta / Yukon
continues / suite

P17 - Addressing the Gap: Patient, Caregiver, and Clinician Perspectives of System Responses to Individuals with Severe Borderline Personality Disorder. Research Informing Practice

(English - Intermediate)

Laura Friesen

Authors: Graham Gainé, Vincent Agyapong, Jill Kelland

P18 - Bouncing Back: A Scoping Review on Resilience to Trauma in Children and Adolescents

(English - Introductory)

Jessica Hewitt

Author: Heather Looy

P19 - Resiliency in Aboriginal Adults with Fetal Alcohol Spectrum Disorder

(English - Intermediate)

Melanie Samaroden

Author: Paul Jerry

P20 - Understanding Wellness: Perspectives of Rural and Remote Educators

(English - Intermediate)

Elaine Greidanus

P21 - Counsellors Perception of the Integration of Online Psychological Test in Evaluating Client's Personality Traits

(English - Intermediate)

Akunne Lilian Ifeoma

P22 - Micro-Aggressions: Lived Experiences of South Asian Canadians

(English - Introductory)

Gurleen Dhial Sangha



Program at a Glance / Aperçu du programme

Sunday, May 10, 2020 / Le dimanche 10 mai 2020

7 h 30 - 9 h 00	Registration / Inscription	
<p style="text-align: center;">8 h 00 - 8 h 30 Lived Experience Speaker / Conférencier avec vécu - Chris Cull Location / Lieu : Ballroom</p> <p style="text-align: center;">Inspire / Inspirer <i>(English - Simultaneous Interpretation / Anglais - Interprétation simultanée)</i></p>		
		
Chris Cull		
9 h 00 - 10 h 15	<p style="text-align: center;">Conversation Cafe / Cercle de conversation Location / Lieu : Saskatchewan <i>For a list of Conversation Cafe, see pages 18 - 19. / Pour obtenir la liste des cercles de conversation, voir les pages 18 à 19.</i></p>	
9 h 00 - 10 h 15	<p style="text-align: center;">Concurrent Sessions / Séances simultanées</p> <hr/> <p style="text-align: center;">Indigenous Gathering Space / Espace de rassemblement autochtone Location / Lieu : Chairman</p>	
Manitoba	<p>C1 - Building Resilience to the Effects of Vicarious Trauma, Compassion Fatigue, and Burnout Through Self-Care Planning and Wellness Practices: An Ethical Imperative <i>(English - Introductory)</i></p> <p>C1 - Renforcer la résilience face aux traumatismes indirects, à l'usure de compassion et à l'épuisement professionnel grâce à la planification d'autosoins et à des pratiques de mieux-être : un impératif éthique <i>(Anglais - Introductive)</i></p> <p style="text-align: right;"><i>(Simultaneous Interpretation / Interprétation simultanée)</i></p>	Michael Sordahl
Alberta	<p>C2 - BMS <i>(English - Intermediate)</i></p>	
Yukon	<p>C3-1 - Trauma and Addiction: The Barriers of Growth for Young Adults <i>(English - Intermediate)</i></p> <p>C3-2 - Assessment and Treatment of Children Who Have Experienced Complex Trauma <i>(English - Intermediate)</i></p>	<p>Rafael J. Cortina</p> <p>Helen Vozinidis, Sandra Pribanic</p>
Centennial	<p>C4 - Co-Developing a Canadian-Specific LGBTQ2S + Counselling Competency Framework <i>(English - Advanced)</i></p>	Chris Cumby
Devonian	<p>C5 - Evidence-Based Practice for Counsellors and Psychotherapists <i>(English - Intermediate)</i></p>	Simon Nuttgens, Murray Anderson
Chancellor	<p>C6 - What Can I Do with a Master's in Counselling Psychology: Stories from Five Graduates Seven Years After Graduation <i>(English - Introductory)</i></p>	<p>Shelley Skelton, Sarah Elton, Maria Bianco, Chris Rozell, Melissa Jay</p>



Program at a Glance / Aperçu du programme


Sunday, May 10, 2020 / Le dimanche 10 mai 2020

Strathcona	C7-1 - “Becoming Friends with My Demons”: Understanding the Intersectionality of Trauma and Spirituality (English - Intermediate)	<i>Lorraine Smith-MacDonald, Gerard Vardy</i>
10 h 15 - 10 h 45	Nutrition Break / Pause santé	
10 h 45 - 12 h 00	Conversation Cafe / Cercle de conversation Location / Lieu : Saskatchewan <i>For a list of Conversation Cafe, see pages 20 - 21. / Pour obtenir la liste des cercles de conversation, voir les pages 20 à 21.</i>	
10 h 45 - 12 h 00	Concurrent Sessions / Séances simultanées Indigenous Gathering Space / Espace de rassemblement autochtone Location / Lieu : Chairman	
Manitoba	<p>C8-1 - Fostering Hope with Youth: Career Resilience in the Face of Precarious Work (English - Introductory)</p> <p>C8-1 - Nourrir l’espoir chez les jeunes : la résilience professionnelle face à la précarité d’emploi (Anglais - Introductive)</p> <p>C8-2 - Caring in the Workplace: A Compassion-Focused Lens for Understanding and Fostering Well-Being at Work (English - Introductory)</p> <p>C8-2 - Se soucier d’autrui au travail : une approche axée sur la compassion pour comprendre et cultiver le bien-être au travail (Anglais - Introductive)</p> <p style="text-align: right;"><i>(Simultaneous Interpretation / Interprétation simultanée)</i></p>	<p><i>Breanna Lawrence, Rebecca Hudson Breen</i></p> <p><i>K. Jessica Van Vliet, José F. Domene Authors / auteurs : Chayse M. Haldane, Brea A. McLaughlin, Brooklyn N. Mankasingh, Lindsay S. Warner</i></p>
Alberta	C9 - Admissions to Graduate Counselling Programs - Personal Qualities & Gatekeeping Considerations (English - Intermediate)	<i>Heather Gower</i>
Yukon	C10 - What do Counsellors Need to Know About Parent-Led Weight Restoration in Adolescent Anorexia? (English - Intermediate)	<i>Krista Socholotiuk</i>
Centennial	C11 - The Embodied Counsellor: Integrating Yoga, Meditation, and Mindfulness into Practice (English - Introductory)	<i>Melissa Jay, Amy Rubin</i>
Devonian	C12 - Reduce Your Test Anxiety: An Introduction to the Canadian Professional Standard for Counselling and Psychotherapy (CPSCP): Entry to Practice Competency Assessment (English - Introductory)	<i>Lorna Martin</i>
Chancellor	C13 - How does a Horse Heal a Human Being? (English - Intermediate)	<i>Corinne Byerlay</i>



Program at a Glance / Aperçu du programme

Sunday, May 10, 2020 / Le dimanche 10 mai 2020

Strathcona	C14 - Access to Counselling Records: What the Judges Have Said <i>(English - Introductory)</i>	<i>Glenn Sheppard</i>
12 h 00 - 13 h 00	Chapter Presidents Meeting and Lunch / Réunion et dîner des présidents des Sections Location / Lieu : Devonian	
12 h 00 - 13 h 30	Lunch (on own) / Dîner (non-inclus)	
 James Makokis	13 h 00 - 14 h 30 Closing Ceremonies and Keynote Address / Cérémonies de clôture et conférencier d'honneur - James Makokis Location / Lieu : Ballroom Miyomâmitoneyihcikan, sohkemâmitoneyihcikan – “A Good Mind, a Strong Mind: Understanding the Indigenous Health Care System” Miyomâmitoneyihcikan, sohkemâmitoneyihcikan – «Un bon esprit, un esprit fort : Comprendre le système de santé autochtone» <i>(English - Simultaneous Interpretation / Anglais - Interprétation simultanée)</i>	



Program at a Glance / Aperçu du programme

Sunday, May 10, 2020 / Le dimanche 10 mai 2020

9 h 00 - 10 h 15

Conversation Cafe / Cercle de conversation

Location / Lieu : Saskatchewan

CC1 - Counselling and Assessment: Measurement Need Not be a Four-Letter Word

(English - Intermediate)

Krista Socholotiuk

CC2 - Meeting the Mental Health Needs of Adolescent Parents: A Study in Integrated Youth Services

(English - Intermediate)

Chandra Ashton

CC3 - The Holistic Healing Experiences of Adult Survivors of Complex Trauma: A Narrative Inquiry

(English - Intermediate)

Serena George

CC4 - The Insights of the Psycho-Evolutionary Theory of Emotions and the Theory of Positive Disintegration for Counselling of Adolescents and Young Adults

(English - Intermediate)

Krystyna C. Laycraft

CC5 - Seven More Days: Living a Life That's Bursting with Positivity and Happiness...Before It's Too Late

(English - Introductory)

Amy Dix

CC6 - Enhancing Self-Compassion in Athletes: A Feasibility Study of an Online Self-Compassion Program for Athlete Anxiety and Performance

(English - Introductory)

Alaina Flegar

Author: Diana Koszycki

CC7 - Multi-Generational Mental Illness- Is it Taught or Inherited?

(English - Introductory)

M. Betty-Ann Buott



Program at a Glance / Aperçu du programme

Sunday, May 10, 2020 / Le dimanche 10 mai 2020

9 h 00 - 10 h 15

Conversation Cafe / Cercle de conversation

Location / Lieu : Saskatchewan
continues / suite

CC8 - The Essential Guide to A Happy and Fulfilling Polyamorous Relationship

(English - Intermediate)

Susan Wenzel

CC9 - Counselling Practice with Female Lone Parents Resettled as Refugees from Africa

(English - Intermediate)

Lucy K. Amadala, Sharon E. Robertson

CC10 - Existential Sexualities: Supporting and Understanding Sexualities in Counselling

(English - Intermediate)

Chris Graham

CC11 - Critical Incident Stress Debriefing: A Case Study in Helping the Helpers

(English - Introductory)

Nancy Tavares-Jones

CC12 - Embodied Awareness: A Spiritually Directed Therapy for Emotional Healing and Community Renewal

(English - Introductory)

Beth Hedva



Program at a Glance / Aperçu du programme

Sunday, May 10, 2020 / Le dimanche 10 mai 2020

10 h 45 - 12 h 00

Conversation Cafe / Cercle de conversation

Location / Lieu : Saskatchewan

CC1 - Exploring Self-Regulation Strategy Use in a Self-Regulation Intervention with Adolescents with Fetal Alcohol Spectrum Disorder

(English - Introductory)

Aamena Kapasi

CC2 - Bodies As Homes: Size Diversity, Body Liberation and the Therapeutic Relationship

(English - Introductory)

Michelle Kennedy, Lauren Groves

CC3 - Factors Influencing the Experience of Reporting Sexual Violence in Post-Secondary Institutions

(English - Introductory)

Christina Sander

CC4 - Addressing Weight Bias and Discrimination in Counselling Education

(English - Introductory)

Bahar Haghghat

CC5 - "I Could Hardly Breathe": Teachers' Experiences of Bereavement After the Violent Death of Their Student

(English - Introductory)

Elaine Greidanus

Author: Aleigha Arksey

CC6 - Counsellors, Neuroscientists, or Neurocounsellors? Using the Science of the Brain to Enhance the World of Counselling

(English - Introductory)

Danielle Winters

CC7 - ONEBird: Integrating Mindfulness, Self-Compassion and Creative Expression

(English - Introductory)

Patricia Rose Williams

CC8 - Undercover Anti-Bullying Teams in Schools: A Re-Storying and Restorative Approach

(English - Introductory)

Natalie Doucette



Program at a Glance / Aperçu du programme

Sunday, May 10, 2020 / Le dimanche 10 mai 2020

10 h 45 - 12 h 00

Conversation Cafe / Cercle de conversation

Location / Lieu : Saskatchewan

continues / suite

CC9 - Working with Muslim Clients: A Multicultural Competency Training Workshop for Mental Health Professionals
(English - Introductory)

Ubah Mohamoud