



CANADIAN COUNSELLING AND  
PSYCHOTHERAPY ASSOCIATION  
L'ASSOCIATION CANADIENNE DE  
COUNSELING ET DE PSYCHOTHÉRAPIE

**CCPA Board Meeting  
February 20, 2020  
18:00 -19:05 (ET)**

**Present:** Jen Rowett (Chair), John Driscoll, Kathy Offet-Gartner, Liette Goyer, Nicola Sherwin-Roller, Melissa Jay, Blythe Shepard, Rabeea Siddique, Barbara MacCallum, George Maringapasi, Lori Rudniski, Andrea Garland, Siri Brown, Carrie Foster (18:45), Andreea Andrei (note-taker).

**Regrets:** Leah Lewis, Meredith Henry, Serge Hall, Cynthia Schoppmann, Kim Hollihan.

**Agenda**

1. Welcome
2. Approval of Agenda
3. Approval of Minutes
4. Conflict of Interest Declaration
5. RDF Application for the IAC World Mapping Project
6. RDF Application for Cultural Safety Training in BC
7. RDF Application for GTA Summer PD Event
8. Information Items
  - a. Conference Fees for Board Members
  - b. Board Binders for In-Person Meeting
9. RDF Application for the QC Third-Party Billing Project
10. Committee Updates
11. CRPO Peer Circles Pilot
12. Next Meeting
13. Adjournment

**1. Welcome**

- Jen Rowett welcomed everyone to the meeting.

**2. Approval of the Agenda**

- Move the RDF Application for QC Third-Party Billing Project to the end of the agenda. Carrie Foster will join the meeting for that agenda item.

**Motion:** To approve the agenda amended.

**Moved by Siri Brown. Seconded by George Maringapasi.  
CARRIED**

**3. Approval of Minutes**

**Motion:** To accept the minutes of the January 16, 2020 Board Meeting as accurately reflecting the discussions and decisions of the National Board of Directors.

**Moved by Blythe Shepard. Seconded by Nicola Sherwin-Roller.  
CARRIED**

**4. Conflict of Interest Declaration**

- Blythe Shepard declared a conflict of interest related to item #5, the RDF Application for the IAC World Mapping Project.
- Blythe Shepard and Siri Brown declared a conflict of interest related to item #6, the RDF Application for Cultural Safety Training in BC.
- Rabeea Siddique declared a conflict of interest related to item #7, the RDF Application for GTA Summer PD Event.
- Liette Goyer and Carrie Foster declared a conflict of interest for item #9, the RDF Application for the QC Third-Party Billing Project.

**5. RDF Application for the IAC World Mapping Project**

- Barbara MacCallum and Kim Hollihan submitted a Regional Development Fund proposal for the IAC World Mapping Project.
- IAC partnered with ACA (US), BACP, and ACA (AUS) to gather information regarding the world mapping project.
- IAC asked CCPA to join this partnership.
- The project will provide \$20,000 to the IAC over 2 years, and CCPA added \$10,000 for staff who will work on this project, for a total of \$30,000.
- Great work at an international level!

**Motion:** To approve the RDF Application for the IAC World Mapping Project.

**Moved by Lori Rudniski. Seconded by Liette Goyer.**

**CARRIED**

**1 ABSTENTION**

**6. RDF Application for Cultural Safety Training in BC**

- Siri Brown and Blythe Shepard submitted a Regional Development Fund proposal for a Cultural Safety Training in BC.
- This online training shows CCPA's commitment to the TRC.
- The RDF will benefit those who are interested in working with the First Nations and it is a requirement to work with the First Nations Health Authority (FNHA).
- The RDF is for \$7500 to assist BC members in obtaining Indigenous Cultural Safety training.
- Members can be reimbursed for 50% of the fee as they complete the training.
- The RDF indicates that the refunds will occur at one point in time but it was agreed that members could claim for the refund when they successfully complete the course.
- Thank you for a great initiative!

**Motion:** To approve the RDF for the RDF Application for Cultural Safety Training in BC.

**Moved by Nicola Sherwin-Roller. Seconded by Rabeea Siddique.**

**CARRIED**

**2 ABSTENTIONS**

**7. RDF Application for GTA Summer PD Event**

- Rabeea Siddique submitted a Regional Development Fund proposal for a GTA Summer PD Event.

- A very successful summer PD event was organized last year.
  - This event will be in collaboration with a CCPA member in Toronto who will present on play therapy.
  - The amount requested is \$3,250.
- It is hoped that the registration fee will cover the costs, however this RDF was submitted in the event that the registration money doesn't cover all expenses.

**Motion:** To approve the RDF Application for GTA Summer PD Event.

**Moved by George Maringapasi. Seconded by Siri Brown.**

**CARRIED  
1 ABSTENTION**

## **8. Information Items**

- a. Conference Fees for Board Members
  - Board members who pay for the conference themselves will be exempt from registration fees for the conference, as there are some expectations and duties for them during the conference.
  - CCPA will cover the regular fee.
  - Those who already paid will be refunded.
- b. Board Binders for In-Person Meeting
  - CCPA is trying to support the go green culture.
  - Printing board binders is a significant task at a significant cost (\$1,350).
  - The e-board binders initiative piloted a few years ago, unsuccessfully.
  - CCPA is trying this initiative again in May 2020.
  - The e-binders will be sent 2 weeks before the board meeting which should allow sufficient time to review the material.
  - Board Members should bring their own electronic device.
  - CCPA will ensure to have extra extension chords so everyone can charge their device.
  - Documents will be projected on the screen during meeting.

## **9. RDF Application for the QC Third-Party Billing Project**

- Liette Goyer and Carrie Foster submitted a Regional Development Fund proposal for a QC Third-Party Billing Project.
- The previous RDF project was cancelled due to lack of support from some groups in Quebec.
- They would work in partnership with Impact to approach employee unions, employers, associations, insurance companies etc. in order to build awareness about counselling and psychotherapy.
- Research must be done to find the best associations and companies to contact, tell them about third party billing and what each party needs to do in order to reach the goal of building awareness.
- The amount requested for this project is \$7000.

**Motion:** To approve the RDF Application for the QC Third-Party Billing Project.

**Moved by Andrea Garland. Seconded by Lori Rudniski.**

**CARRIED**  
**2 ABSTENTIONS**

**10. Committee Reports**

**Awards Committee**

- The Awards Committee will hold their next meeting on March 2<sup>nd</sup>, 2020 to speak about refining requirements for special awards.

**Advancement of Clinical Supervision Committee**

- The ACS Committee sent out a survey to all members who took the EDUC 5850 supervision course to see what the long term outcomes are, and to learn how to better present it in the future.
- A *Models and Modalities of Clinical Supervision* workspace has been created.
- Seven people with the CCC-S designation have volunteered to be moderators.

**Governance Committee**

- The Governance Committee would like to congratulate the hard work that was done to update the Code of Ethics. A policy regarding gender neutral language is currently under consideration.

**11. CRPO Peer Circles Pilot**

- Barb MacCallum provided more information about the CRPO Peer Circles Pilot and will keep the Board informed as more information becomes available.

**12. Next Meeting**

- The next meeting will be held on March 19, 2020.

**13. Adjournment**

**Motion:** To adjourn the meeting.

**Moved by Rabea Siddique.**  
**CARRIED**

\_\_\_\_\_  
President

\_\_\_\_\_  
Date

## Summary of Motions

**Motion:** To approve the agenda as amended.

**Moved by Siri Brown. Seconded by George Maringapasi.  
CARRIED**

**Motion:** To accept the minutes of the January 16, 2020 Board Meeting as accurately reflecting the discussions and decisions of the National Board of Directors.

**Moved by Blythe Shepard. Seconded by Nicola Sherwin-Roller.  
CARRIED**

**Motion:** To approve the RDF Application for the IAC World Mapping Project.

**Moved by Lori Rudniski. Seconded by Liette Goyer.  
CARRIED  
1 ABSTENTION**

**Motion:** To approve the RDF for the Cultural Safety Training in BC.

**Moved by Nicola Sherwin-Roller. Seconded by Rabeea Siddique.  
CARRIED  
2 ABSTENTIONS**

**Motion:** To approve the RDF Application for GTA Summer PD Event.

**Moved by George Maringapasi. Seconded by Siri Brown.  
CARRIED  
1 ABSTENTION**

**Motion:** To approve the RDF Application for the QC Third-Party Billing Project.

**Moved by Andrea Garland. Seconded by Lori Rudniski.  
CARRIED  
2 ABSTENTIONS**

**Motion:** To adjourn the meeting.

**Moved by Rabeea Siddique.  
CARRIED**