

Ricky Greenwald

CHILD AND YOUTH
TRAUMA TRAINING
Mental Health Professionals

Slaying the Dragon: The Fairy Tale Model of Trauma-Informed Treatment

About the presenter

Ricky Greenwald, PsyD, is the founder and executive director of the Trauma Institute & Child Trauma Institute, affiliate professor at the SUNY University at Buffalo School of Social Work, and a fellow of the American Psychological Association. He was previously on the faculty at Mount Sinai School of Medicine. Dr. Greenwald is the author of numerous professional articles as well as several books, including *EMDR in Child & Adolescent Psychotherapy* (1999), *Trauma and Juvenile Delinquency* (editor; 2002), *Child Trauma Handbook* (2005), *EMDR Within a Phase Model of Trauma- Informed Treatment* (2007), *Treating Problem Behaviors* (2009), and *Progressive Counting* (2013). His work has been translated into over a dozen languages.

Dr. Greenwald is an EMDR pioneer, as well as the developer of Progressive Counting and of the *Fairy Tale phase model of trauma-informed treatment* featured in this program.

Victoria BC Canada
May 29, 2020





Workshop Overview

“Slaying the Dragon: The Fairy Tale Model of Trauma-Informed Treatment” 1-day training for mental health professionals

Course Description

This is a hands-on clinical skills training for working with clients [kids] who have been exposed to significant trauma or loss. The morning will cover trauma theory, impact of trauma and loss, how trauma/loss relates to presenting problems, a comprehensive/systematic model of trauma-informed treatment for a variety of presenting problems, and trauma-informed case formulation (explaining this to clients). The afternoon will address client motivation, treatment contracting, and the factors that distinguish between supportive/incremental and transformative therapies. Then there will be a brief experiential exercise in trauma resolution work. Finally, a guided practice applying this trauma-informed treatment model to problem-solving with participants' (and consultees/supervisees') ongoing cases.

Course Agenda/Outline

The day is 9-5 (1 hr lunch, and 2 15-min breaks), for 6.5 total contact hours. Please contact your association or college for information regarding CE's. Sponsor will verify attendance

Morning (9-12:30)

- Introduction to [child/adolescent] trauma and post-traumatic stress.
- Trauma's contribution to reactivity and symptoms/problem behaviors.
- Analyzing presenting symptoms/problem behaviors from a trauma perspective.
- Overview of [child/adolescent] trauma treatment and phases of treatment.
- Core principles/practices of trauma-informed treatment.

(Break)

- Trauma-informed case formulation.

12:30-1:30 lunch on your own

Afternoon (1:30-5:00)

- Enhancing motivation and commitment to treatment goals.
- Treatment planning and contracting.
- What makes a therapy approach transformative vs. supportive/incremental?
- Experiential exercise (using a minor upsetting event) in trauma resolution work, using progressive counting (PC)

(Break)

- Guided case consultation with the fairy tale model (FTM) of trauma-informed treatment. Focus is on the consultation method (not on the case).



Course Objectives

Participants will be able to:

- Name and sequence the phases of treatment in the trauma-informed phase model.
- Name and sequence the experiences the brain requires for memory reconsolidation.
- Explain to clients how past trauma or loss can lead to ongoing problem behaviors or symptoms.
- Develop a systematic and comprehensive trauma-informed treatment plan.
- Problem-solve their own (or their supervisees') challenging cases using the trauma-informed treatment perspective.



Course Registration (Please complete ALL information)

Full Name: _____

Professional Affiliation/Employer: _____

Registering Body: _____

Email Address: _____

Phone Number: _____

Preferred Mailing Address: _____

City: _____

State/Province: _____

Do you have any allergies? Please specify _____

Early Bird Rates until April 15, 2020 will apply

May 29, 2020 (8:00am Registration, 9:00am to 5:00pm) - An Introduction to Child and Youth Trauma Therapy (*All Mental Health Professionals invited to attend*)

Workshop Fee \$125 _____ (Until April 15, 2020) \$150 _____ (After April 15, 2020)

Total Enclosed: \$ _____

All fees listed in Canadian Funds

Payment Options: Cheque, Bank Draft, Money Order, E-Transfer

PLEASE MAKE PAYMENT TO MICHELLE GAY. SEND REGISTRATION FORM AND PAYMENT TO:

MICHELLE GAY
923 SELKIRK AVENUE
VICTORIA BC
V9A 2T9

PLEASE NOTE: Sponsor may cancel or postpone the workshop due to under-enrollment, presenter illness or inclement weather. Cancellations/Changes and Refunds: Fees for late arrivals and early departures will not be re-funded. 50 PERCENT REFUND Fees will be refunded, less a \$30.00 processing fee, if cancellation or change resulting in a refund is received in writing no later than April 1, 2020. After that date, fees are non-refundable. All refunds will be processed within 2 weeks after the workshop. \$25 fee charged on cheques returned by the bank due to insufficient funds. Check with sponsor about late registration.