



CANADIAN COUNSELLING AND
PSYCHOTHERAPY ASSOCIATION
L'ASSOCIATION CANADIENNE DE
COUNSELING ET DE PSYCHOTHÉRAPIE

Celebrating Canada Career Month: Guiding Canadians on Their Career Trajectory

FOR IMMEDIATE RELEASE

OTTAWA (Tuesday, November 5th, 2019) – November is Canada Career Month, an annual celebration of the importance of meaningful, accessible work in Canada. Organized by the Canadian Council for Career Development (3CD), the campaign looks to spread awareness on issues relating to employment and career development for Canadians. As a national representative of Career Counsellors, the Canadian Counselling and Psychotherapy Association's (CCPA) membership is excited to be involved with Career Month.

“Canada is a country rich in talented, skilled individuals. Our goal for Canada Career Month is to help Canadians better understand and articulate their personal skillsets, and match those talents with work opportunities that they are most suitable for,” said Dr. Kathy Offet-Gartner, CCPA President-Elect. “During the campaign, we will push the agenda of improving access to career services and education, to ensure that Canadians everywhere are prepared for a personally satisfying and prosperous career.”

A key component of CCPA's membership is Career Counsellors. Career Counsellors help people prepare for, enter, re-enter or leave the employment market. They play a vital role in supporting individuals to determine and implement the next steps in their career development which may be more education or training, a change in career paths, or navigating life transitions.

“Canada Career Month brings professionals in Canada together, and encourages professionals of all levels to develop their skills and learn from one another,” said Dr. Rebecca Hudson Breen, President of the Career Counsellors Chapter of CCPA. “CCPA is proud to represent Career Counsellors who help guide Canadians across the lifespan in reaching their full career potential.”

Throughout the month-long campaign, there will be numerous events across Canada that will discuss various career-oriented topics. There are events for all different ages and demographics, such as: Take Our Kids to Work, Tips for Job Success, Growing a Business, and many more. CCPA is partnering with CERIC on the delivery of a 3-part webinar series: [Intergenerational Trauma: Contexts, Impact and Trauma-Informed Practices for Career Practitioners](#). For a full list of #careermonth event details, tickets, and locations, please visit <https://careermonth.ca/events/>.

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[The Canadian Counselling and Psychotherapy Association \(CCPA\)](#) is a national bilingual association providing professional counsellors and psychotherapists with access to exclusive educational programs, certification, professional development and direct contact with professional peers and specialty groups. CCPA promotes the profession and its contribution to the mental health and well-being of all Canadians.

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