

**You are invited to our annual training!**

**Dialectical Behaviour Therapy for Complex Post-Traumatic Stress Disorder (DBT-PTSD).**

*We're gathering together again, this year for three days of learning and discussion.*

**We are extremely fortunate to welcome internationally recognized expert, Dr. Martin Bohus, M.D., who will share his approach to using Dialectical Behaviour Therapy for Complex Post-Traumatic Stress Disorder (DBT-PTSD).**

Through 15 robust segments, Dr. Bohus will guide participants through the intricacies of adapting and delivering DBT to treat adult PTSD after childhood abuse, including those with Borderline Personality Disorder. Please refer to the attached flyer for training details.

This workshop is intended for mental health professionals interested in treating complex PTSD using evidence-based principles and procedures. Basic knowledge of DBT is recommended.

**Continuing Education**

Accredited by the **OPA** for 20.25 credit hours, certified **MDPAC** members are approved for 20.25 hours of Group CE credits & 3 hours of CCI credits. Certified members of the **OACCPP** are approved for 20 CE credits. Social workers & social service workers can use this towards requirements of **OCSWSSW's** Continuing Competence Program.

**Details**

**Date: December 14 – 16, 2019 (Saturday / Sunday / Monday)**

**Time: 8.30am – 5.00pm**

**Location: YMCA, 20 Grosvenor Street, Toronto**

**Fees:**

**Regular:** \$925 + HST = \$1045.25    \$825 + HST = \$932.25

**Student:** \$775 + HST = \$875.75    \$675 + HST = \$762.75

*\*Early Bird Deadline: November 14, 2019*

*\*Student Tickets: Valid Student ID required.*

*Please email [cmbhworkshops@gmail.com](mailto:cmbhworkshops@gmail.com) with a photo/scan of your student ID.*

**Please register early to avoid being waitlisted, we anticipate high demand for this training. A group discount of 10% is available for 5 or more attendees registering at the same time!**

**About the Centre for MindBody Health**

*The Centre for MindBody Health (CMBH) is a vibrant clinical and training centre providing individual, couple, family and group therapies for clients and thought-provoking training for clinicians. Our multidisciplinary team, inspired by research and treatment excellence, specializes in therapies based in mindfulness and emotion-focused principles.*

*Now in its fifth year, the annual CMBH gathering of clinicians has an established tradition of bringing in master therapists to facilitate workshops that challenge our thinking and clinical practice. Topics covered in previous years include DBT Skills with Multi-problem Adolescents, Working with Emotions in Psychotherapy, Working with Shame in Psychotherapy, and Acceptance and Change in Working with Emotions in Psychotherapy. As with all previous workshops, Dr. Bohus will provide a rich and professional experience for everyone.*

**We hope you join our community of practitioners and attend this special three-day workshop.**