



Arianne Struik

Treating Chronically Traumatized Children: The Sleeping Dogs Method

2-Day Workshop

Vancouver, BC: April 26 & 27, 2020

[Register here](#)

Calgary, AB: April 28 & 29, 2020

[Register here](#)

The treatment of severely traumatized children and adolescents usually focuses on helping the child and the family to process their traumatic experiences with EMDR therapy. But in some cases, children cannot or do not want to participate in EMDR therapy. These children may for example refuse to talk about their traumatic memories, they may dissociate, or may say they have forgotten about it. Cases such as these get stuck and often the trauma doesn't get processed. We let 'sleeping dogs lie', with devastating consequences for future development. But how to help these children? This workshop would benefit all mental health clinicians.

Arianne Struik is a clinical psychologist, family therapist, and EMDR practitioner and consultant, originally from the Netherlands. She has worked in child and adolescent mental health for 22 years as a clinical psychologist and program director. She moved to Australia and became director of The Institute for Chronically Traumatized Children (ICTC), from which she provides specialized trauma treatment in remote areas, as well as workshops, training, supervision, and research. She developed the award-winning Sleeping Dogs method, described in the book *Treating Chronically Traumatized Children: The Sleeping Dogs Method*. Arianne Struik teaches internationally and is a member of the European International Society for the Study of Trauma and Dissociation (ISSTD), and convener of the Australian Psychological Society EMDR Interest Group.

See our website for more details on this and all our workshops

www.envisionservices.ca