

# DIALECTICAL BEHAVIOR THERAPY

## 5 Day Intensive Clinical Training for Health Professionals

Dialectical Behaviour Therapy (DBT) is a proven treatment for chronically suicidal patients with Borderline Personality Disorder, for patients with eating disorders, depression, anxiety, addictions, anger problems, other impulsive behaviours, for adolescent mental health populations and for inpatient and outpatient settings.

This DBT Clinical Training is specific to health professionals and students in a clinical training. Participants will receive a certificate of participation to indicate that they have received the necessary training to use DBT in their clinical practice.

### **About the Trainer:**

Kafui Sawyer has been using DBT in her clinical practice for over 8 years. Kafui was originally trained in DBT while working as a Child, Youth, and Family Mental Health Clinician in British Columbia. Kafui has worked with Aboriginal communities in the province of British Columbia, providing Dialectical Behavior Therapy in a Trauma and Addictions Treatment Centre. Kafui has taken the lead in the development of DBT skills programs in the Ottawa Region as well as recently supporting the development and practice of DBT within the Inuit Communities in the Arctic Region. Kafui is a Clinical Supervisor for DBT clinicians and DBT group skills trainers. Kafui continues to facilitate ongoing multi-family DBT skills classes, individual and family therapy. As a Registered Psychotherapist, Kafui enjoys a diverse clinical practice helping children, youth, and adults. Kafui resides in Ottawa and is a consultant for Health Canada. Kafui is a member of the Canadian Psychological Association.

TRAINING DATES:

**October 15-19, 2019**  
**from 9am-4pm**

LOCATION:

**Saint Paul University**  
**223 Main Street**  
**Ottawa, ON**

PRICE:

**Professionals: \$1299.99 + HST**  
**Students: \$950.00 + HST**

REGISTER BY:

**September 30, 2019**

### **Register Online:**

[https://dialecticalbehaviortherapy\\_training.eventbrite.ca](https://dialecticalbehaviortherapy_training.eventbrite.ca)

**Contact Us:** Joy Health & Research Centre  
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