



CANADIAN COUNSELLING AND
PSYCHOTHERAPY ASSOCIATION
L'ASSOCIATION CANADIENNE DE
COUNSELING ET DE PSYCHOTHÉRAPIE

**CCPA Board Meeting
July 18, 2019
18:00 -19:00 (ET)**

Present: Jen Rowett (Chair), John Driscoll, Kathy Offet-Gartner, Lori Rudniski, Leah Lewis, Carrie Foster, Meredith Henry, Blythe Shepard, Serge Hall, Andrea Garland, Kathy Offet-Gartner, Cynthia Schoppmann, Nicola Sherwin-Roller, George Maringapasi, Barbara MacCallum, Kim Hollihan (note-taker)

Regrets: Jamie Warren, Liette Goyer

Agenda

1. Welcome
2. Approval of Agenda
3. Approval of Minutes
4. Conflict of Interest Declaration
5. Regional Development Fund Proposal – Supervision Workshops in Whitehorse
6. NCR Chapter Bylaw Changes
7. Location for 2022 Conference
8. Regional Development Fund Proposal – Launch of PsyCause
9. Information Items
 - Conference 2020 Update
 - Award Banquet Protocol
 - Social Media Campaign
 - Code of Ethics Revisions
 - Pilot of Ethics Courses
10. Committee Updates
11. Next Meeting
12. Thanks
13. Check-Ins
14. Adjournment

1. Welcome

- Jen Rowett welcomed everyone to the meeting.

2. Approval of the Agenda

Motion: To approve the agenda as amended.

- The item relating to the 2022 Conference was deferred to the September 2019 meeting.

**Moved by Serge Hall. Seconded by Meredith Henry.
CARRIED**

3. Approval of Minutes

Motion: To accept the minutes of the May 11 and 12, 2019 Board Meeting as accurately reflecting the discussions and decisions of the National Board of Directors.

**Moved by Nicola Sherwin-Roller. Seconded by Rabeea Siddique
CARRIED**

4. Conflict of Interest Declaration

- Carrie Foster declared a conflict of interest related to the RDF for the launch of PsyCause.
- Jen Rowett, Siri Brown, and Blythe Shepard declared a conflict of interest related to the RDF for the Supervision Workshops in Whitehorse.

5. Regional Development Fund Proposal – Supervision Workshops in Whitehorse

- This initiative is the result of a member survey conducted by the former AB/NWT and BC/YK Directors and Chapter Presidents to gauge interest in offering clinical supervision workshops in the North.
- There was a high response rate to the survey and results were positive.
- The top response for preferred location in the Territories was Whitehorse at 31 members so this location has been selected.
- Planning has been underway by Blythe Shepard (facilitator), Jen Rowett (facilitator), Siri Brown, Karina Albert and Kim Hollihan.
- Two workshops are planned back-to-back, an introductory and an intermediate, in October, 2019.
- Each workshop can accommodate 20 participants.
- This is a great initiative for professional development, partnership building and membership building.
- Jen Rowett will start her Presidential Roadshow with these workshops. Siri Brown will also attend.
- Board members thought it was a great idea, and commended the team for making it happen.
- The north is under-served so this is a great initiative.
- Local members have wanted this for a long time.
- This initiative should be well received as there are few PD opportunities in the North.
- Lori Rudniski (Manitoba/Nunavut Regional Director) is interested in exploring something similar for Nunavut.
- This initiative built on the work done under the Northern Initiative.
- A question was asked as to whether the course can have more than 20 participants.
- This is not possible because the course is experiential in nature and 20 is the limit.
- Thanks to previous Directors and Chapter Presidents who sent out survey.

Motion: To approve the RDF for two Supervision Workshops in Whitehorse.

**Moved by Lori Rudniski. Seconded by Kathy Offet-Gartner.
CARRIED**

2 ABSTENTIONS

6. NCR Chapter Bylaw Changes

- National Capital Region (NCR) Chapter bylaw changes were reviewed.
- Based on Executive Committee feedback, bullet F will now follow bullet A.
- There was a question about the rationale of removing the Past President position.
- Kim Hollihan will follow-up with the NCR Chapter for the rationale and report back at the next meeting.

Motion: To approve the NCR Chapter Bylaws as amended.

**Moved by Leah Lewis. Seconded by Carrie Foster.
CARRIED**

7. Regional Development Fund Proposal - PsyCause

- PsyCause is a documentary relating to the problems that Bill 21 and the Psychotherapy permit have caused.
- CCPA paid for the sub-titling of the documentary for Anglophone viewers.
- Carrie Foster has prepared this Regional Development Fund application for the public screening of PsyCause, tentatively scheduled for November 7, 2019 in Montreal.
- Media will be invited to the event as well as political leaders.
- Board members felt that this is a great initiative and a way to shine light on the issues.

Motion: To approve the Regional Development Fund Application for the PsyCause public screening.

**Moved by Meredith Henry. Seconded by Serge Hall.
CARRIED
1 ABSTENTION**

8. Location of 2022 Conference

- This item was deferred to the September, 2019 Board Meeting.

9. Information Items

Conference 2020

- Keynotes have been chosen.
- 10 proposals for pre-conference have been received.
- Concurrent session proposals will open in mid-August.
- AB Chapter will have a session on visioning and their mission statement i.e. what's next now that regulation has been achieved in Alberta.
- The achievement of regulation in Alberta will be celebrated at the conference.
- AB Chapter will co-host the welcome reception.
- Alberta Chapter members will have special name tags that say "ask us" and there will be gift card give-aways.
- ACTA associations will be given a 10% discount on registration.

Award Banquet Protocol

- The Executive Committee discussed the member complaint regarding free alcohol for select guests at the annual awards banquet.
- Jen Rowett consulted Alene Holmes regarding current practices at other conferences.

- Alene advised that there is trend of moving away from certain tables having free wine given underlying equity and social justice issues.
- The President's Reception is open to a broader range of CCPA volunteers (such as Board, Past Presidents, Chapter Presidents, Committee Chairs, International Guests) and is free to attend.
- The awards banquet is cost-prohibitive for some members.
- Consensus reached that the President's Reception is a more appropriate venue to honour and thank CCPA volunteers versus the banquet.
- Board Members indicated that they appreciated the member input and were in support of the decision.
- It was noted that practices change over time and that CCPA should be guided by its values.
- The Board was pleased that the Executive responded to the member's concern, and also noted that the member was comfortable in making the complaint.

Social Media Campaign

- Dani Gagnon's proposal for a social media campaign around third party billing issues was reviewed by the Executive.
- The campaign's goal is to increase public awareness of the roles of various mental health professions (counsellors, psychotherapists, social workers, and psychologist) in order to give Canadians a better understanding of options for care.
- The campaign will be funded under Third Party Billing: \$100,000 was approved for third party billing in the 2019-20 FY budget.
- Cynthia Shoppmann (psychotherapist), Kathy Offet-Gartner (psychologist), and Stel Raven (social worker) have agreed to participate in the video.
- Karina Albert is the project lead for CCPA.
- Board members commented that this was a great idea, loved the campaign ideas, and they applaud the initiative.

Code of Ethics

- The revised Code of Ethics is under stakeholder review.
- There are 3 phases of stakeholder review:
 - Internal (Chapter Presidents, Committee Chairs)
 - External (various cultural communities, regulatory colleges)
 - Board (Standing Committees, Executive and Board)
- The revised Code of Ethics is expected to be ready for review by the Governance Committee mid to late October.

CCPA Ethics Courses

- The primer and refresher ethics courses developed by Life Strategies for CCPA are currently in pilot mode.
- There are several participants in each pilot (including Committee Chairs/Members, National Office Staff).
- Board members indicated that this is a great option for members.

10. Committee Reports

Governance

- Held a meeting in July to prioritize work as identified by previous committee.
- Next meeting will be held in August to begin process of moving some work forward.

11. Next Meeting

- The next meeting will be held on September 19, 2019.

12. Thanks

- Thank you to Cynthia Schoppmann for delivering the MHA First Aid Training to the CCPA National Office staff.
- The training was very well received.

13. Checking-In

- Jen Rowett indicated that she would be doing individual check-ins with Board members in August.

14. Adjournment

Motion: To adjourn the meeting.

**Moved by Nicola Sherwin-Roller.
CARRIED**

President

Date

Summary of Motions

Motion: To approve the agenda as amended.

The item relating to the 2022 Conference was deferred to the September 2019 meeting.

**Moved by Serge Hall. Seconded by Meredith Henry.
CARRIED**

Motion: To accept the minutes of the May 11 and 12, 2019 Board Meeting as accurately reflecting the discussions and decisions of the National Board of Directors.

**Moved by Nicola Sherwin-Roller. Seconded by Rabeea Siddique
CARRIED**

Motion: To approve the RDF for two Supervision Workshops in Whitehorse.

**Moved by Lori Rudniski. Seconded by Kathy Offet-Gartner.
CARRIED
2 ABSTENTIONS**

Motion: To approve the NCR Chapter Bylaws as amended.

**Moved by Leah Lewis. Seconded by Carrie Foster.
CARRIED**

Motion: To approve the Regional Development Fund Application for the PsyCause public screening.

**Moved by Meredith Henry. Seconded by Serge Hall.
CARRIED
1 ABSTENTION**

Motion: To adjourn the meeting.

**Moved by Nicola Sherwin-Roller.
CARRIED**

Summary of Action Items

Task Number	Minute Reference	Task	Date	Responsibility
1	6	Kim Hollihan will ask the NCR Chapter why they discontinued the Past President position.	September 19, 2019	Kim Hollihan