



WARM GREETINGS FROM WOLASTOQY TERRITORY

PRESIDENT'S MESSAGE

Upon returning home, my heart was full of gratitude for all of the efforts that contributed toward making our annual conference such a huge success. From the strategic planning of National office personnel, to the local knowledge of our planning committee, to the assistance of many volunteers, and in collaboration with the International Association of Counselling, our conference was well-organized and prepared to welcome attendees from 19 different countries! Our keynotes and presenters shared their wisdom, expertise, and research, and the highly anticipated *Guidelines for the Uses of Technology in Counselling and Psychotherapy* was launched by the Technology and Innovative Solutions Chapter.

As your President for the 2019-2021 term, I would like to begin by introducing myself in the way that I have been taught by Indigenous Elders and Traditional Knowledge Keepers here in Wolastoqey territory. I was born and have lived as a welcome guest for most of my life on these unceded and unsurrendered Traditional lands of Wolastoqiyik, and I currently live in Ekpahak or what is now known as Fredericton. The Treaties of Peace and Friendship were established in 1725, signed by Mi'kmaq, Passamaquoddy, and Wolastoqi peoples with the British Crown. In these treaties, there was

no surrender of lands or resources. They recognized Mi'kmaq, Passamaquoddy, and Wolastoqey title and established rules for what was to be an ongoing relationship between sovereign nations. It has been a continual and vital process for me to learn about and understand my responsibilities as a Treaty person.

On a personal note, this land along Wolastoq (which transliterates as "our beautiful and bountiful river") is my home and teacher. I have learned the importance of building relationships and community here. I have learned how to become a courageous voice in some contexts, while listening with humility in others. I have learned the practice of personal authenticity, while experientially understanding that we are all interconnected.

As I begin this term, I would also like to offer my sincere thanks to John Driscoll who served as President for the 2017-2019 term, and to the entire Board of Directors, some of whom I have served with since 2015, including our new President-Elect, Dr. Kathy Offet-Gartner. I have been inspired by and learned from each of you in numerous ways, and it has been an honour to serve our association together. I am also thrilled to welcome in our eager and enthusiastic 2019-2021 Board of Directors. During our inaugural board



meeting in Moncton, it was both humbling and exhilarating for me to observe the diversity of strengths that existed within each individual around the board table. We are looking forward to building on the legacy of past boards in collaboration with our National Office, led by our brilliant CEO, Barbara MacCallum. Together, we will maintain and expand our services for members as we uphold our mission of *striving to understand the needs of the diverse community of counsellors and psychotherapists and their clients in Canada* as we are committed to *providing a strong voice for the promotion and advancement of counselling and psychotherapy.*

Links for TISC Resources

[Guidelines for the Uses of Technology in Counselling and Psychotherapy](#)

[Checklist for Choosing Technology](#)

[Basic Technological Competencies](#)

[Guidelines References](#)

Until next time, may you enjoy a summer season filled with opportunities, the warmth of the sunshine, and engage in activities that make your heart happy. For me, this will definitely include kayaking on Wolastoq and lazy summer days.

With Gratitude, merci beaucoup, Wela'lin, Woliwon!

Jenny L. Rowett,
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President, CCPA