

Director's Report

Newfoundland and Labrador

May 2019

Abstract

In overview, my primary focus areas of my mandate continue, namely the areas of provincial regulation as well as local outreach. I continue to be the board liaison for the Creative Arts in Counselling Chapter, now renamed Creative Arts in Counselling and Psychotherapy. I'm an active member of the Truth and Reconciliation Committee, the Global Partnerships Committee, and am the president-elect for the newly named Counsellor Educators' and Supervisors' Chapter. I will be remaining with the CCPA Board for a second term, 2019-2021.

Résumé

En résumé, je continue de concentrer mes activités sur les domaines de la réglementation provinciale et de la sensibilisation au niveau local. Je continue de faire la liaison avec le conseil d'administration de la Section des arts créatifs en counseling, maintenant renommé « Arts créatifs en counseling et psychothérapie ». Je suis membre active du comité de Vérité et réconciliation, du comité des partenariats mondiaux et présidente-élue de la nouvelle Section des formateurs de conseillers et superviseurs. Je resterai avec le conseil d'administration de l'ACCP pour un deuxième mandat, 2019-2021.

Connections and Communications

As I enter into my third year as tenure-track faculty in our province's only Counselling Psychology program, I continue to advocate for CCPA certification within our program. Sheri Roberts continues to act as NL's student representative and will be outgoing this year. She and I have facilitated regular open information sessions to students and junior practitioners on certification with the CCPA, along with a brief overview of our current regulatory status.

FACT-NL. I have joined Tracy Duffy as co-chair of our FACT-NL committee, as we await response from our provincial regulatory consultant to our April 2018 application submission for provincial regulation. We do anticipate an update in the near future.

MUN Program Rejuvenation. As Counselling Psychology program co-chair for Memorial University, I am actively involved in a rejuvenation of our Counselling Psych masters program. We have contacted our stakeholders both at provincial and national levels to notify them of the anticipated program expansion from a 36 to a 48 credit program;

expanded content will include Indigenous ways of knowing, trauma-informed practice and an increased focus on community-based counselling practice. Our intent is to launch the expanded program in September of 2020. This communication has been forwarded to all NL membership as well as the Counsellor Educators' and Supervisors' chapter. A brief overview of intended changes will be presented at the CES Chapter 2019 AGM.

Concerns and Challenges

The NLCPA, the Newfoundland and Labrador Counsellor and Psychologists Association, an advocacy group for school counsellors and psychologists in NL continues to support an increase in the ratio of assigned school counsellors and educational psychologists for our provincial districts; recommending 1:250 from 1:500 for counsellors, and 1:500 from 1:1000 for Ed Psychs. This is a provincial recommendation that has surfaced in the light of a notable increase in mental health support need in NL schools along with the overwhelming assessment referrals managed by school counsellors.

Coming Attractions

A community Art Therapy, Art Hive training will be taking place in St. John's in June of 2019. The training is supported by SSHRC, Memorial University's Faculty of Education, in collaboration with Concordia University's Creative Art Therapies Department. The training is aimed at established professionals whose practice is community-situated.

Respectfully submitted,

Leah Lewis, PhD.
CCPA Director, Newfoundland and Labrador