

*New Brunswick Anglophone Director's Report*  
*Meredith Henry*  
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**Abstract**

This report relates to my second year as New Brunswick Anglophone Director. It includes activities related to my work with the CCPA Board and other boards/committees and a discussion about some concerns moving forward.

**Résumé**

Ce rapport est en lien avec ma deuxième année en tant qu'administratrice anglophone du Nouveau-Brunswick. Il comprend des activités liées à mon travail avec le conseil d'administration de l'ACCP et d'autres conseils / comités et une discussion sur certaines préoccupations pour l'avenir.

**Connections and Communications**

I am now finishing my first term in my role as the NB Anglophone Director on the board of the CCPA. During this 2-year term, I have sent e-newsletters to our New Brunswick members with updates on CCPA activities, professional development opportunities, awards, and professional resources. I have been in contact with members directly through email correspondence, telephone conversations, and in-person meetings.

Currently, within the CCPA, I also serve as the board liaison for the Post-Secondary Counselling Chapter and a member on the Risk Management Committee. Outside of the CCPA, I serve as Chair for the Minister's Mental Health Services Advisory Committee, member of the Community Mental Health Services Advisory Committee for the Saint John Region, member of the Clinical and Educational Committee at the KV Oasis Youth Centre, and a few other local committees. This allows me to represent counselling therapists and the CCPA in these forums as well. I also work in private practice where I can speak about the role of CCPA and counselling therapists. While serving in my roles in these outside capacities, I have had the chance to speak about the CCPA, its various chapters, and the role it plays to members and potential members in the province.

**Contributions and Celebrations**

I have been able to participate as part of the advisory committee for the pilot Mentorship Program that CCPA is designing. This is a great opportunity for new members to connect with experienced members to learn about the CCPA, the counselling profession, and build personal relationships with members within the CCPA. It is a very exciting time and I look forward to its rollout. I was also interviewed for an article that was published trying to demystify counselling, the various mental health professionals, and that first counselling session to the general public. It was a great way to represent the CCPA as well as educate the public.

## **Concerns and Challenges**

Since the creation of the CCTNB, there has continued to be confusion among members as to the role of it, the role of the CCPA, and the relationship between the two. I attended an ethics workshop put on by the CCTNB and had a chance to connect with members, clarify the two organizations and their roles, and connect with the new board of the CCTNB. This bridge between the two organizations will be important in the future, I believe.

This last academic year saw me deal with some health issues as well as change jobs and work settings. This has had a huge impact on my work, my life, and the balance that I strive for between the two. I have not been as involved as I had been in my first year in this term. As I begin my second term on the board, I hope to be able to find a new balance that will allow me to continue my work in all these sectors.

Respectfully submitted,

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New Brunswick Anglophone Director