



CANADIAN COUNSELLING AND
PSYCHOTHERAPY ASSOCIATION
L'ASSOCIATION CANADIENNE DE
COUNSELING ET DE PSYCHOTHÉRAPIE

CCPA Ambassador Program *Programme d'ambassadeur de l'ACCP*



Member: 4714

Name and Title: Blythe Shepard, PhD, CCC, CCC-S

A little word about me and what I do: I am of British and Kaniien'kehá:ka (*Mohawk*) ancestry and a professor in Counselling Psychology at the University of Lethbridge where I teach in a blended program with counselling students from across Canada. I have been involved with CCPA since I was a graduate student at the University of Victoria.

What does CCPA mean to me? CCPA is my professional home. Through CCPA initiatives I am able to promote the profession and its contribution to the mental health and well-being of Canadians. CCPA is a platform that allows me to continue to build the profession by connecting to current and future counsellors/psychotherapists; develop the supervision certificate program; increase the visibility of research

undertaken by our members; increase research-based and applied CCPA publications; reach out to our northern members; and continue to support activities that ensure and sustain counsellor competency that includes professional learning opportunities and collaboration with international counselling associations.

My previous involvement with CCPA: I have served on CCPA Board and Executive for 10 years and I am now President Emerita. I became interested in regulation early in my career and was part of the BC Task Group responsible for the creation and revision of entry to practice competencies for counsellors (2007/2016). I was co-chair of the CCPA Project Working Group (PWG) on Labour Mobility funded by HRSDC. Clinical supervision is another area of interest. I co-chaired the CCPA Clinical Supervision Competency Framework project which culminated in a national symposium on supervision in November 2018. I also work internationally. I am the treasurer of the International Association for Counselling (IAC) and chair the IAC Indigenous Roundtable.

Favorite author or musical artist: Leonard Cohen, Marilynne Robinson