



Pre-Conference / Pré-congrès

Monday, May 13, 2019 / Lundi le 13 mai 2019

7 h 30 - 9 h 30	Registration / Inscription	Foyer
9 h 00 - 12 h 00	Pre-Conference Sessions / Séances du pré-congrès	
	P1 - Informed Clinical Supervision in Practice: Integrating Foundational Concepts and Competencies to Optimize Process and Outcomes <i>(Full Day - Intermediate)</i> Blythe Shepard, Jen Rowett	Shediac A
	P2 - Trauma-Informed School Counselling: Therapeutic and Classroom-Based Strategies <i>(Half-Day - Intermediate)</i> Gillian Smith	Shediac B
	P3 - IAC Association Round Table	Shediac C
	P4 - Couple/Marriage Counsellors Needed! <i>(Half-Day - Introductory)</i> Tina Sirois-LeBlanc	Ballroom B
	P5 - Take Charge of Your Life <i>(Half-Day - Introductory)</i> Maureen McIntosh	Ballroom C
	P6 - Le développement de la personne du conseiller ou du psychothérapeute : contingences et possibilités <i>(Journée entière - Intermédiaire)</i> Liette Goyer, Sylvie Arseneau	Madawaska
9 h 00 - 12 h 00	Other Pre-Conference Event: Third Party Billing Round Table / Autre événement : Table ronde de facturation à une tierce partie	Beauséjour B
12 h 00 - 13 h 30	Lunch on Own / Dîner non-inclus	
13 h 30 - 16 h 30	Pre-Conference Sessions / Séances du pré-congrès	
	P1 - Informed Clinical Supervision in Practice: Integrating Foundational Concepts and Competencies to Optimize Process and Outcomes continues... <i>(Full Day - Intermediate)</i> Blythe Shepard, Jen Rowett	Shediac A
	P7 - A Spiritual Approach to Counselling and Psychotherapy <i>(Half-Day - Intermediate)</i> Susan Doiron	Shediac B



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	P3 - IAC Association Round Table continues...	Shediac C
	P8 - Get to the Heart of Narrative Assessment: Learn to use Storylistening, Clarification Sketch and Gamification <i>(Half-Day - Intermediate)</i> Mark Franklin	Ballroom A
	P9 - The Nervous System Always Wins <i>(Half-Day - Intermediate)</i> Tara Miller	Matapedia
	P10 - Mental Health with Younger Children <i>(Half-Day - Introductory)</i> Davina Melanson	Ballroom C
	P11 - Trauma-Sensitive Yoga Psychology <i>(Half-Day - Intermediate)</i> Melissa Jay	Beauséjour B
	P6 - Le développement de la personne du conseiller ou du psychothérapeute : contingences et possibilités continues... <i>(Journée entière - Intermédiaire)</i> Liette Goyer, Sylvie Arseneau	Madawaska
13 h 30 - 16 h 30	Other Pre-Conference Event: Exploring the Canadian Counselling and Psychotherapy Landscape: A Primer on Accreditation, Certification, and Regulation	Ballroom B
17h00 - 18h00	First Timer's Orientation / Orientation des nouveaux congressistes	Ballroom A/B
18 h 30 - 19 h 30	Keynote Address - Dr. Andrea Burry Cannabis: Essentials for Practice? <i>English - Simultaneous Interpretation</i> Conférencière d'honneur - Dr. Andrea Burry Cannabis : tout ce que vous devez savoir <i>Anglais - Interprétation simultanée</i>	Ballroom A/B



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7 h 30 - 9 h 00	Registration / Inscription	
7 h 30 - 8 h 30	Spiritual Care in Counselling Chapter / Section soutien spirituel en counseling	Shediac A
8 h 30 - 10 h 15	<p>Opening Ceremonies and Keynote Address - Stel Raven Queering and Decolonizing Trauma Work: A Path for Two-Spirit Wellness <i>(English - Simultaneous Interpretation)</i></p> <p>Cérémonies d'ouverture et Conférencier d'honneur - Stel Raven L'ouverture à la diversité sexuelle et la décolonisation du travail sur les traumatismes : une voie vers le bien-être bispirituel <i>(Anglais - Interprétation simultanée)</i></p>	Grand Ballroom
10 h 15 - 10 h 45	Nutrition Break / Pause santé	
10 h 45 - 12 h 00	Concurrent Sessions / Séance simultanée	
	<p>A1 - Building Resilience to the Effects of Vicarious Trauma, Compassion Fatigue, and Burnout through Self-Care Planning and Wellness Practices <i>(English - Simultaneous Interpretation / Introductory)</i></p> <p>Michael Sorsdahl</p>	Ballroom A
	<p>A1 - Développer la résilience aux effets du traumatisme vicariant, de l'usure de compassion et de l'épuisement professionnel grâce à la planification des soins de soi et des pratiques de bien-être <i>(Anglais - Interprétation simultanée / Introductive)</i></p> <p>Michael Sorsdahl</p>	Ballroom A
	<p>A2 - 1 - Healing the Trauma Story Without Retraumatization: Postmodern Counseling Tools for Trauma Resolution <i>(English - Advanced)</i></p> <p>Jane Webber, J. Barry Mascari</p>	Ballroom B
	<p>A2 - 2 - School-Based Trauma-Informed Support and Counselling Intervention with Canadian Refugee Children and Youth <i>(English - Introductory)</i></p> <p>Rosalynn Record-Lemon, Marla Buchanan</p>	Ballroom B
	<p>A3 - Writing for Submission to the Canadian Journal of Counselling and Psychotherapy, Other Professional Journals, and Book Publishing <i>(English - Introductory)</i></p> <p>Kevin Alderson</p>	Ballroom C



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A4 - IAC Addressing Racism and Cultural Issues in Counselling		Shediac C
A4-1 - The United States of America and Lithuania: A Cross Cultural Comparison of the Social Services and Empowerment Strategies Delivered in Relation to the Phenomenon of Human Trafficking <i>(English - Introductory)</i>		
Gabrielle Kempton		
A4-2 - Racism as a Mental Health Challenge: An Antiracist Counselling Perspective <i>(English - Advanced)</i>		
Courtney C. Lee		
A5 - IAC Ethics Round Table		Petitcodiac
A6 - Indigenizing Counsellor Education and Clinical Supervision in Canada: A Conversation <i>(English - Advanced)</i>		Beauséjour B
Blythe Shepard, Roberta Neault, Leah Lewis		
A7 - Proposition d'une dynamique de l'expérience spirituelle à la lumière de l'analyse structurale et sémiologique du conte <i>(Français - Introductive)</i>		Matapedia
Yves Cormier		
Indigenous Gathering Space / Espace de rassemblement autochtone		Restigouche
12 h 00 - 13 h 30	Lunch on own / Dîner (non-inclus)	
12 h 15 - 13 h 15	Post-Secondary Counsellors Chapter / Conseiller au postsecondaire	Ballroom A
12 h 15 - 13 h 15	School Counsellors Chapter / Section des conseillers et conseillères en milieu scolaire	Ballroom B
12 h 15 - 13 h 15	Counsellor Educator Chapter / Section des formateurs de conseillers	Ballroom C
12 h 15 - 13 h 15	Creative Arts in Counselling Chapter / Section des arts créatifs en counseling	Matapedia
12 h 15 - 13 h 15	Private Practitioners Chapter / Section des conseillers en pratique privée	Shediac C
12 h 30 - 14 h 30	Poster Sessions / Séances d'affiches <i>For a list of poster sessions, see page 8. / Pour une list des séances d'affiches, voir la page 8.</i>	Shediac A/B



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13 h 30 - 14 h 45 Concurrent Sessions / Séance simultanée		
A8 - A Shared Learning Journey: CCPA's National Update and Reflections on the Interplay Between Ethics, Social Justice, Religious Freedom, Human Rights, and Legal Systems Within the Current and Emerging Canadian Counselling and Psychotherapy Landscape <i>(English - Simultaneous Interpretation / Intermediate)</i>		Ballroom A
Natasha Caverley, Kathy Offet-Gartner		
A8 - Une démarche d'apprentissage en commun : mise à jour et réflexion nationales de l'ACCP sur les interactions entre l'éthique, la justice sociale, la liberté de religion, les droits de la personne et les systèmes judiciaires dans le paysage actuel et émergent du counseling et de la psychothérapie au Canada <i>(Anglais - Interprétation simultanée)</i>		Ballroom A
Natasha Caverley, Kathy Offet-Gartner		
A9 - Understanding Conflict and How to Protect Children from Divorce Fallout <i>(English - Introductory)</i>		Ballroom B
Alyson Jones		
A10 - Reality Check: Understanding the Use of Virtual Reality Therapy in Assessment and Treatment of Adolescents <i>(English - Introductory)</i>		Ballroom C
Ashley Curtis, Jennifer Toof		
A11 - Career Matters: Exploring Social Justice in Career-Life Counselling Across the Lifespan <i>(English - Intermediate)</i>		Petitcodiac
Rebecca Hudson Breen, Breanna Lawrence		
A12 - Supervision of Counselling Supervisees with Emotional Distress and Mental Health Problems <i>(English - Introductory)</i>		Beauséjour B
Helen Massfeller, Jeffery Landine		
A13 - The Shaping of Counselling as a Profession: Unpacking the History of Counselling and Counselling Psychology in Canada <i>(English - Introductory)</i>		Beauséjour A
William Borgen, Roberta Neault, Robinder Bedi		
A14 - Employabilité: les défis auxquels la clientèle du Service correctionnel du Canada doit faire face <i>(Français - Introductive)</i>		Matapedia
Serge Hall		



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	Indigenous Gathering Space / Espace de rassemblement autochtone	Restigouche
14 h 45 - 15 h 15	Nutrition Break / Pause santé	
15 h 15 - 16 h 30	Concurrent Sessions / Séance simultanée	
	A15 - The No Such Thing as a Bully System: Counselling Families Youth and School Staff Who are Experiencing or Using Bully Actions <i>(English - Simultaneous Interpretation / Intermediate)</i>	Ballroom A
	Kelly Karius	
	A15 - Le système <i>No Such Thing as a Bully</i> : counseling auprès des familles, des jeunes et du personnel scolaire qui subissent ou qui utilisent des gestes d'intimidation <i>(Anglais - Interprétation simultanée / Intermédiaire)</i>	Ballroom A
	Kelly Karius	
	A16 - Racial Bias, Power, and Privilege: A Look at the Clinical Supervisory Relationships and the Lived Experiences of Supervisees of Colour <i>(English - Introductory)</i>	Ballroom B
	Tonya Davis	
	A17 - Farmer Joe and His Cows: A Lighthearted Story for Helping Clients with Boundaries <i>(English - Introductory)</i>	Ballroom C
	Deborah Parkes	
	A18 - School Counselling in Canada: An Examination of the School Counselling Profession in Canadian Provinces and Territories <i>(English - Introductory)</i>	Shediac C
	Janice Graham-Migel, Lisa Cheyne-Zanyk	
	A19 - IAC International Research and Projects Round Table	Petitcodiac
	A20-1 - Six Dimensions of the Understanding and Ethical Application of Neuroscience-Informed Counselling <i>(English - Advanced)</i>	Beauséjour B
	Chad Luke	
	A20-2 - How to Rewire the Anxious Brain <i>(English - Introductory)</i>	Beauséjour B
	Alyssa Weiss, Sarah Stewart-Spencer, Andy Brown	



Program at a Glance / Aperçu du programme



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	A21 - Together in Action: CCPA Chapters for Reconciliation Initiative <i>(English - Introductory)</i> Jamie Warren, Joshua Hall, Tanya Kirkland	Beauséjour A
	A22 - Harm Reduction - A Framework for Change, Choice and Control <i>(English - Intermediate)</i> Sheri Coburn	Matapedia
	Indigenous Gathering Space / Espace de rassemblement autochtone	Restigouche
16 h 30 - 17 h 30	Nova Scotia Chapter / Section de la Nouvelle-Écose	Ballroom A
16 h 30 - 18 h 00	Career Counsellor Chapter / Section des conseillers/ères d'orientation	Ballroom B
16 h 45 - 17 h 45	Technology and Innovative Solutions Chapter / Section de la technologie et des solutions innovatrices	Ballroom C
18 h 00 - 21 h 00	Social Activities / Activités sociales	Off-site
20 h 00 - 21 h 30	Welcome Reception / Réception de bienvenue	Shediac



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**Poster Sessions / Séances d'affiches
12 h 30 - 14 h 30
Location / Lieu : Shediac A/B**

1 - Gender Role Conflict in Canadian Post-Secondary Men: What Positive Masculinity can Offer
(English - Introductory)

Patrycja Adam

2 - The Core Connectors Initiative: A Pilot Project
(English - Introductory)

Fred Chou, Authors: Keshia Pradhan, Carmen Huang

3 - A Summary of the Current Research on the Development of a Working Alliance Using an Online Counselling Platform
(English - Introductory)

Andrea Rivera

4 - Research and Practice with Vulnerable Communities: Perusing the Parameters
(English - Introductory)

Barbara Pickering, Kathy Offet-Gartner

5 - Ethical Responsibilities Regarding Possible Suicidal Contagion Related to Suicide Content in Media (Specifically Addressing the TV Show "13 Reasons Why")
(English - Introductory)

Emily Cruikshank

6 - Equine Experiences for Veterans' who identify as living with Operational Stress Injuries: A Phenomenological Study
(English - Introductory)

Katie Grimes, Colleen Haney, Marla Buchanan

7 - Meanings of Seeking Counselling Among Second-Generation Chinese Canadian University Students
(English - Intermediate)

Sharon Robertson, Alexander Choy

8 - Parental Divorce: The Experience Among Second Generation Chinese-Canadian Women
(English - Intermediate)

Sharon Robertson, Alysha Chan Kent

9 - Lived Experiences of Women the Canadian Armed Forces: A Narrative Review
(English - Introductory)

Cassidy Wilson, Helen Massfeller



10 - Mitigating Psychological Distress with Self-Compassion: Psychoeducation for Living with Chronic Pain Syndrome

(English - Introductory)

Sheila Chaba

11 - A Case for Attachment Theory in the Classroom: Improving Teaching and Learning through Socioemotional understandings

(English - Introductory)

Jennifer Sutherland Lynagh

12 - Depression, Anxiety, and Stress in Prison Populations: The Effect of Mindfulness-Based Treatments

(English - Introductory)

Megan Per, Authors: Christina Spinelli, Isabel Sadowski, Emma Schmelefska, Leena Anand, Bassam Khoury

13 - Mindfulness and Gender in the Relationship Between Nature Relatedness and Subjective Well-Being in Emerging Adulthood

(English - Introductory)

Isabel Sadowski

14 - Resettled Refugee Seeking: Trauma-Informed Care and The Process of Transitioning from the United States to Canada

(English - Introductory)

Ting Lee, Carlos Chavez-Rodriguez

15 - The Essential Role of Wellbeing - Based Practices and Interventions in Preventing and Treating Mental Illness

(English - Introductory)

Derrick McEachern

16 - A Practical Perspective of Integrating Counselling Methods: Seven Step Method Model

(English - Introductory)

Minzhou Sun

17 - The Uniting of Medical and Psychological Sciences Using Artificial Intelligence to Provide Holistic, Precision Diagnostics for Those Suffering from the World's No. 1 Misery - Mood Disorders

(English - Intermediate)

Kevin Rogers

18 - Layers of Healing: Exploring the Recovery Process of Survivors of Intimate Partner Violence

(English - Introductory)

Paulina Flasch



CANADIAN COUNSELLING AND
PSYCHOTHERAPY ASSOCIATION
L'ASSOCIATION CANADIENNE DE
COUNSELING ET DE PSYCHOTHÉRAPIE

Program at a Glance / Aperçu du programme



International Association
For Counselling

19 - Introduction, Assessment, and Intervention for Intimate Partner Violence: A Primer for Clinicians and Educators
(English - Introductory)

Paulina Flasch

20 - A Narrative Study of Sexual Assault on Campus
(English - Intermediate)

Erin Davidson, Marla Buchanan



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7 h 30 - 9 h 00	Registration / Inscription	
8 h 30 - 10 h 15	<p>Conférencier d'honneur - Réginald Savard L'alliance de travail et les ruptures d'alliance en counseling et en psychothérapie <i>(Français - Interprétation simultanée)</i></p> <p>Keynote Address - Réginald Savard The Counselling/Therapeutic Relationship and Breakdowns in It <i>(French - Simultaneous Interpretation)</i></p>	Grand Ballroom
10 h 15 - 10 h 45	Nutrition Break / Pause santé	
10 h 45 - 12 h 00	Concurrent Sessions / Séance simultanée	
	<p>B1 - Ethics, Equity and Inclusion: A Sociocultural Perspective on Diagnosis, Power, and Social Context, and Tools and Language for Equity-Oriented Practice <i>(English - Simultaneous Interpretation / Introductory)</i></p> <p>Brett Richardson</p>	Ballroom A
	<p>B1 - Éthique, équité et inclusion : perspective socioculturelle sur le diagnostic, le pouvoir et le contexte social, ainsi que sur les outils et le langage favorisant une pratique centrée sur l'équité <i>(Anglais - Interprétation simultanée / Introductive)</i></p> <p>Brett Richardson</p>	Ballroom A
	<p>B2-1 - Building Resilience: Strengthening Key Factors <i>(English - Intermediate)</i></p> <p>Maureen Pollard</p>	Ballroom B
	<p>B2-2 - What Makes a Rural Girl Resilient? "Four Plus One" Things to Make a Difference <i>(English - Introductory)</i></p> <p>Deborah Day, Denise Landry, Authors: Kelly Dye, Lynn Aylward</p>	Ballroom B
	<p>B3 - Reviewer Training Certification for the Canadian Journal of Counselling and Psychotherapy (CJCP) – Levels I and II <i>(English - Introductory)</i></p> <p>Kevin Alderson</p>	Ballroom C
	<p>B4 - Positive Workplace Wellness: What We Know and Can Do in Organization, Teams and for Self to Maximize Potential <i>(English - Introductory)</i></p> <p>Bill Morrison, Brenda Stead</p>	Shediac A



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	<p>B5 - Revising CACEP Standards for Accrediting Counsellor Education Programs in Canada: An Update <i>(English - Intermediate)</i></p> <p>Sharon Robertson, William Borgan, Natasha Caverley</p>	Shediac B
	<p>B6 - IAC School Counselling</p> <p>B6-1 - Resilience Based School Counselling: Developing Social-Emotional Competencies <i>(English - Advanced)</i></p> <p>William Nicoll, Monica Nicoll</p> <p>B6-2 - "He Wants to be a School Counsellor": Professional Identity Formation of Male Counsellors <i>(English - Introductory)</i></p> <p>Mirit Sinai</p>	Shediac C
	<p>B7 - IAC Peace and Social Justice Roundtable</p>	Petitcodiac
	<p>B8-1 - Pranayama: Yogic Breathing Practices as Forces for Transformation in Counselling Psychology <i>(English - Intermediate)</i></p> <p>Christina Gentile</p> <p>B8-2 - Yoga Therapy: Basic Frameworks and Therapeutic Techniques for Counsellors and other Professionals <i>(English - Intermediate)</i></p> <p>Amy Rubin</p>	Beauséjour B
	<p>B9-1 - A Mixed-Evaluation Method For Career Intervention <i>(English - Intermediate)</i></p> <p>Philippe Jacquin</p> <p>B9-2 - Creating Fulfillment in Purpose-Focused Career Counselling <i>(English - Introductory)</i></p> <p>Lauren Wallis</p>	Matapedia
	<p>Indigenous Gathering Space / Espace de rassemblement autochtone</p>	Restigouche
12 h 00 - 13 h 15	CCPA Annual General Meeting / Assemblée générale annuelle de l'ACCP	Ballroom B
12 h 00 - 13 h 30	Lunch on own / Dîner (non-inclus)	
13 h 30 - 14 h 45	Concurrent Sessions / Séance simultanée	



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<p>B10-1 - Beyond Counsellor as Ally: Understanding the Needs of LGBTQ+ Youth and Taking Action With Clients <i>(English - Simultaneous Interpretation / Introductory)</i></p> <p>Jordan Pearce, Bianca Augustine</p>	Ballroom A
<p>B10-1 - Au-delà du conseiller allié : comprendre les besoins des jeunes LGBTQ+ et agir avec les clients <i>(Anglais - Interprétation simultanée / Introductive)</i></p> <p>Jordan Pearce, Bianca Augustine</p>	Ballroom A
<p>B10-2 - Promoting Safe and Inclusive Spaces for LGBTQ Youth in Schools <i>(English - Simultaneous Interpretation / Intermediate)</i></p> <p>Sharon Robertson, Authors: Tom Strong, Jac Andrews, Vanessa Vegter, Andrew Luceno</p>	Ballroom A
<p>B10-2 - Promouvoir des espaces sécurisés et inclusifs pour les jeunes LGBTQ dans les écoles <i>(Anglais - Interprétation simultanée / Intermédiaire)</i></p> <p>Sharon Robertson, auteurs: Tom Strong, Jac Andrews, Vanessa Vegter, Andrew Luceno</p>	Ballroom A
<p>B11 - Conversation Café / Café de conversation</p>	Ballroom B
<p>B11-1 - Failure To Launch: How To Best Support Parents Of Highly Dependent Adult Children <i>(English - Introductory)</i></p> <p>Annina Schmid</p>	
<p>B11-2 - The Hagen Model: Using Feedback in Collaborative Ways to Help Families <i>(English - Intermediate)</i></p> <p>David Martinson</p>	
<p>B11-3 - Mothers Who Kill: Representations of Maternal Filicide in Canadian Mass Media <i>(English - Introductory)</i></p> <p>Gina Wong, Kim Rock, Amy Corkett, Author: Nancy Shekarak</p>	
<p>B11-4 - Libraries as 'Homespaces': Redefining Mental Health Support Through Socially Engaged Community Art Hives <i>(English - Intermediate)</i></p> <p>Leah Lewis, Beth Maddigan</p>	



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B11-5 - Clinical Adaptations and Use of Creativity: Strategies That Work
(English - Intermediate)

Jenifer Wilson

**B11-6 - Gaming to Grow: Using Tabletop Role-Playing Games to Achieve
Therapeutic Goals**
(English - Introductory)

Matthew MacLean

**B11-7 - An Experiential Introduction to Trauma Treatment: An Interactive
Overview of Traditional and Contemporary Interventions**
(English - Introductory)

Andy Brown, Alyssa Weiss, Sarah Stewart

**B11-8 - The Appearance - Based Rejection Sensitivity in Canada and Kenyan
Young Women- the Comparison**
(English - Introductory)

Elizabeth Okpalaenwe, Author: Christina Onuorah

B11-9 - Sexual Health as Mental Health and Sex Therapy
(English - Introductory)

Stephanie Tellier

**B11-10 - Compassion and Mindfulness: A Contemplative Model of Peer
Supervision**
(English - Intermediate)

Linda Wheeldon, Meaghan Farquharson

**B12-1 - Making Psychotherapy Accessible to People with Autism Spectrum
Disorder Level 1 (Asperger's Syndrome)** **Ballroom C**
(English - Intermediate)

Ruth Strunz

**B12-2 - The Disabling and Enabling Social Factors in Autism: One Woman's
Lived Experiences** **Ballroom C**
(English - Introductory)

Gabrielle Heselton

**B13 - Unleashing the Splendor Within: Birthing the Master Storyteller Through
Life Writing and Rituals** **Shediac A**
(English - Introductory)

Eve Allen



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<p>B14 - The Designation of the “Canadian Certified Counsellor” <i>(English - Introductory)</i></p> <p>Nancy Cusak, Jordan Holton</p>	Shediac B
<p>B15 - IAC Family Counselling</p> <p>B15-1 - From Trauma to Resilience: Utilizing Early Childhood Recollections to Facilitate Growth and Change <i>(English - Advanced)</i></p> <p>William Nicoll</p> <p>B15-2 - Young Caregivers: Who are They and How Can Counsellors Help? <i>(English - Intermediate)</i></p> <p>Aiofe Freeman, Sharon Robertson</p> <p>B15-3 - Working with Internationally Mobile Families: Building Resilience and Navigating Transitions <i>(English - Advanced)</i></p> <p>William Nicoll</p>	Shediac C
<p>B16 - IAC Working with Indigenous People</p> <p>B16-1 - Bringing Indigenous Knowledges into Canadian Counsellor Education Programs: A Sharing Circle <i>(English - Intermediate)</i></p> <p>Jenny Rowett, Nancy Harn, Stel Raven, José Domene</p> <p>B16-2 - Creative Arts Therapies with Indigenous Populations <i>(English - Introductory)</i></p> <p>Gabrielle Gingras, Deva Little Mustache-Gordon</p>	Petitcodiac
<p>B17 - Game On! Gamifying Life Clarification via Storytelling For Diverse Populations and Settings <i>(English - Introductory)</i></p> <p>Mark Franklin, Ali Breen</p>	Beauséjour B
<p>B18 - Meeting the Unique Mental Health Needs of Boys and Men - Weaving Adventure, Expressive and Experiential Modalities <i>(English - Intermediate)</i></p> <p>Nick Cardone</p>	Matapedia
<p>B19 - À la frontière de la psychothérapie : s'appropriier l'espace thérapeutique en counseling de carrière <i>(Français - Intermédiaire)</i></p> <p>Réginald Savard, Liette Goyer</p>	First Nations



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Indigenous Gathering Space / Espace de rassemblement autochtone		Restigouche
14 h 45 - 15 h 15	Nutrition Break / Pause santé	
15 h 15 - 16 h 30	Concurrent Sessions / Séance simultanée	
	<p>B20 - A Cross-Country Update on the Regulation of Counsellors and Psychotherapists in Canada <i>(English - Simultaneous Interpretation / Introductory)</i></p> <p>Blythe Shepard, Glenn Sheppard</p> <p>B20 - Mise à jour pancanadienne de la réglementation sur les conseillères, conseillers et psychothérapeutes <i>(Anglais - Interprétation simultanée / Introductive)</i></p> <p>Blythe Shepard, Glenn Sheppard</p>	Ballroom A
	<p>B21 - Conversation Café / Café de conversation</p> <p>B21-1 - Looking Towards the Future: High School Students, Career Counselors and an Aging Population <i>(English - Introductory)</i></p> <p>Suzanne Dupuis-Blanchard, Danielle Thériault</p> <p>B21-2 - Prolonged Exposure Therapy: Resolving Post-Traumatic Stress Disorder <i>(English - Intermediate)</i></p> <p>Christopher Garrison</p> <p>B21-3 - Comprehensive Guidance and Counselling Programmes and Achievement Outcomes of Secondary School Students in Edo State, Nigeria <i>(English - Advanced)</i></p> <p>Obaze Osumah</p> <p>B21-4 - Peacemaking Models in School using a Restorative Approach <i>(English - Intermediate)</i></p> <p>Tina Cook-Martin</p> <p>B21-5 - The Art of Not Knowing: Uncertainty in Therapy and Life as a Path to Possibility <i>(English - Intermediate)</i></p> <p>Desiree Carlson Sanroman</p> <p>B21-6 - Women, Anger, and Self Esteem <i>(English - Intermediate)</i></p> <p>Shirley Soleil-Day</p>	Ballroom B



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B21-7 - Why Private Practice?
(English - Introductory)

Paul Yeung, Corrine Hendricken-Eldershaw, Lorne Flavelle

**B21-8 - Being Triumphant During Trama: Working with Children and Families
Effected by the Water Crisis in Flint, Michigan**
(English - Introductory)

Jacqueline Gadson

**B21-9 - An Introduction to Hypnotherapy and Rapid Resolution Therapy for
the Treatment of Trauma, Stress, and Anxiety**
(English - Introductory)

Andy Brown, Ashley Curtis

**B21-10 - The Relationship of School Counsellor Assignment and High School
Student Graduation**
(English - Introductory)

Dawn Horton

**B22 - Determinants for Mental Well-Being of Refugees: Considerations for
Economic and Social Integration**
(English - Introductory)

Ballroom C

Jan Stewart, Narumi Taniguchi

B23 - Indigenous Sharing Circle – Building Community Through Storytelling
(English - Introductory)

Shediac A

Deva Little Mustache-Gordon, Jamie Warren, Tanya Kirkland

**B24-1 - Using Creativity to Facilitate Therapist Self-Reflection - Drawing Self-
Portraits with Eyes Closed**
(English - Intermediate)

Shediac B

Zoë Bowman

B24-2 - Six Lessons on Creativity of Young People
(English - Introductory)

Shediac B

Krystyna Laycraft



Wednesday, May 15, 2019 / Mercredi le 15 mai 2019

B25 - IAC School Counselling		Shediac C
<p>B25-1 - Put Your Oxygen Mask on First: How School Shootings and Community Mass Violence Impact Counselors, and What We Can Do to Ameliorate Shared Trauma and Promote Resilience <i>(English - Intermediate)</i></p> <p>Jane Webber, J. Barry Mascari</p> <p>B25-2 - “Guidance and Counselling”: A Panacea for Early and Unintended Pregnancy Among Teenagers and Adolescents in Botswana Senior Schools for Sustainability – Voices from Kalagadi District, Botswana, Southern Africa <i>(English - Intermediate)</i></p> <p>Ifeoma Eze</p> <p>B25-3 - School Counselling - The Irish Experience <i>(English - Intermediate)</i></p> <p>Lisa Molloy</p>		
B26 - IAC Counselling Practitioner’s Roundtable		Petitcodiac
<p>B27 - Blended Families: How to Support Their Flourishing in Family Therapy. Three Approaches. <i>(English - Introductory)</i></p> <p>Stephanie Larrue</p>		Matapedia
Indigenous Gathering Space / Espace de rassemblement autochtone		Restigouche
16 h 45 - 18 h 00	IAC Annual General Meeting / Assemblée générale de l’IAC	Shediac C
16 h 45 - 18 h 00	Indigenous Circle Chapter / Section du cercle autochtone	Ballroom C
18 h 15 - 18 h 45	Cocktail Hour / L’heure de l’apéritif	Ballroom C
18 h 45 - 24 h 00	Maritime Kitchen Party, Awards, and Dance / Fête de cuisines des Maritimes et cérémonie des prix	Ballroom A/B



Thursday, May 16, 2019 / Jeudi le 16 mai 2019

7 h 30 - 9 h 00	Registration / Inscription	
8 h 00 - 8 h 45	<p>Keynote Address - Nora Spinks Families in Canada; What, So What, Now What? <i>(English - Simultaneous Interpretation)</i></p> <p>Conférencier d'honneur - Nora Spinks Les familles au Canada : Les faits, leur signification et les perspectives <i>(Anglais - Interprétation simultanée)</i></p>	Grand Ballroom
8 h 45 - 9 h 00	Nutrition Break / Pause santé	
9 h 00 - 10 h 15	Concurrent Sessions / Séance simultanée	
	<p>C1-1 - Video Counselling: Ethical Practical and Clinical Challenges <i>(English - Simultaneous Interpretation / Intermediate)</i></p> <p>Lawrence Murphy</p> <p>C1-1 - Le counseling par vidéo : les défis éthiques, pratiques et cliniques <i>(Anglais - Interprétation simultanée)</i></p> <p>Lawrence Murphy</p> <p>C1-2 - Living in a Digital World: The Most Fun Counsellors and Psychotherapists Can Have While Talking About the Uses of Technology <i>(English - Simultaneous Interpretation / Intermediate)</i></p> <p>Dawn Schell</p> <p>C1-2 - Vivre dans un monde numérique : tout le plaisir que peut procurer aux conseillers et psychothérapeutes la discussion du recours à la technologie <i>(Anglais - Interprétation simultanée)</i></p> <p>Dawn Schell</p>	<p>Ballroom A</p> <p>Ballroom A</p> <p>Ballroom A</p> <p>Ballroom A</p>
	<p>C2 - Conversation Café / Café de conversation</p> <p>C2-1 - Help! My Six Year Old Child Is Running The Household! <i>(English - Intermediate)</i></p> <p>Margot Beech Kennedy</p> <p>C2-2 - Career Self-Management and Development of Multicultural Knowledge and Practice: Experience of Professional Counsellors <i>(English - Introductory)</i></p> <p>Priya Mani</p> <p>C2-3 - Reimagining Suicide Ideation as a Wellness Tool <i>(English - Introductory)</i></p> <p>Annette Powell</p>	Ballroom B



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C2-4 - Thinking Outside the Box: Sharing the Story of Becoming Culturally Competent Outside of School

(English - Introductory)

Kathy Offet-Gartner

C2-5 - Mindfulness, Movement and Mental Health: A Group Model for University Students

(English - Introductory)

Sarah Ruth Pittoello

C2-6 - Grant Me the Serenity... A Discussion About Predisposition for Work

(English - Introductory)

Jeff Landine, Marcea Ingersoll, Mark Hirschhorn, Authors: Alan Sears, Lamia Chami, Carri Gray

C2-7 - Mindfulness in the Way of the Samurai and the Tea Master

(English - Introductory)

Rhea Gallant

C2-8 - The Experience of Hope in Parents of Children with Fetal Alcohol Spectrum Disorder: A Qualitative Investigation

(English - Intermediate)

Umair Iqbal

C2-9 - Navigating Trauma in Turbulent Times while Remaining Resilient

(English - Introductory)

Anita Engstrom Jones

C2-10 - Men Who are Victims of Violence and Men who Commit Crime. Victimological Counselling & Criminological Counselling. Methodology, Studies and Cases Treated

(English - Advanced)

Manuela Marchetti

C3 - Access to Counselling Records: What the Judges Have Said

(English - Intermediate)

Ballroom C

Glenn Sheppard

C4 - Can You Hear Me ? : Messages from Children of Incarcerated Parents

(English - Intermediate)

Shediac A

Barbara Pickering



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	<p>C5 - Lessons Learned: Peer Support From a Community Mental Health Perspective <i>(English - Introductory)</i></p> <p>Christopher Crumby</p>	<p>Shediac B</p>
	<p>C6 - IAC Working with Veterans and Army Experience</p> <p>C6-1 - Considering the Neurobiological and Emotional Effects of Long-Term Trauma Exposure in Military Veterans and First Responders <i>(English - Introductory)</i></p> <p>Danielle Winters, Wayne Handley, Alyssa Reiter</p> <p>C6-2 - Soldiers' Heart: Counselling Combat Veterans at End-of-Life <i>(English - Introductory)</i></p> <p>Cynthia Briggs</p> <p>C6-3 - Successful Adjustment or Traumatic Transition ? – LGTB Students' Experiences with Enlisting to the Army <i>(English - Introductory)</i></p> <p>Mirit Sinai</p>	<p>Shediac C</p>
	<p>C7 - IAC Indigenous Round Table</p>	<p>Petitcodiac</p>
	<p>C8 - Mindfulness as a Spiritual Discipline <i>(English - Intermediate)</i></p> <p>Cathy Underhill</p>	<p>Beauséjour B</p>
	<p>C9-1 - Do No Harm: Why Weight Loss Can't Be A Goal Of Therapy <i>(English - Introductory)</i></p> <p>Annina Schmid</p>	<p>Matapedia</p>
	<p>C9-2 - Rethinking Fat Bodies in Psychotherapy and Counselling <i>(English - Intermediate)</i></p> <p>Bahar Haghghat</p>	
	<p>Indigenous Gathering Space / Espace de rassemblement autochtone</p>	<p>Restigouche</p>
<p>10 h 15 - 10 h 45</p>	<p>Nutrition Break / Pause santé</p>	



Thursday, May 16, 2019 / Jeudi le 16 mai 2019

10 h 45 - 12 h 00 Concurrent Sessions / Séance simultanée	
<p>C10-1 - Le projet Math@venir : une démarche novatrice pour favoriser le développement vie-carrière chez les élèves <i>(Français - Interprétation simultanée / Intermédiaire)</i></p> <p>Diane LeBreton, Natasha Léger</p>	Ballroom A
<p>C10-1 - The Math@venir Project: A New Approach to Personal and Career Development for Students <i>(French - Simultaneous Interpretation / Intermediate)</i></p> <p>Diane LeBreton, Natasha Léger</p>	Ballroom A
<p>C10-2 - Career Engagement Reimagined: A Framework for Facilitating Engagement Across Life Roles <i>(English - Simultaneous Interpretation / Intermediate)</i></p> <p>Roberta Neault</p>	Ballroom A
<p>C10-2 - L'engagement professionnel réinventé : un cadre pour faciliter l'engagement dans les différents rôles du parcours de vie <i>(Anglais - Interprétation simultanée / Intermédiaire)</i></p> <p>Roberta Neault</p>	Ballroom A
<p>C11 - Horses as our Co-Therapists: Establishing the Efficacy of Equine Assisted Psychotherapy from a Trauma and Attachment Lens <i>(English - Introductory)</i></p> <p>Stephanie Townsend</p>	Ballroom B
<p>C12 - Counsellor Classroom Collaboration: Supporting Curriculum-Based Social and Emotional Learning <i>(English - Intermediate)</i></p> <p>Meaghan Storey</p>	Ballroom C
<p>C13 - Helping Clients Forgive: When They Want to Forgive But Don't Know How <i>(English - Intermediate)</i></p> <p>Daniel Klassen, Pamela Hardisty</p>	Shediac A
<p>C14 - CCPA and Counselling and Psychotherapy in Canada: A Discussion with CCPA's President <i>(English - Introductory)</i></p> <p>John Driscoll</p>	Shediac B



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C15 - IAC Professional Issues and Approaches in Counselling		Shediac C
C15-1 - Using Mindfulness as a Trauma Informed Approach Across the Lifespan <i>(English - Introductory)</i>		
Kristen Dickens, Elise Johns		
C15-2 - News of Violence: Mental Health Stigma and the Impact on Counseling <i>(English - Intermediate)</i>		
Laurie Persh, Angele Moss-Baker		
C16 - Practicum Supervision and Client Outcomes: A Transformative Learning Perspective <i>(English - Introductory)</i>		Petitcodiac
Violette Przeworski		
C17 - How Wearing a Social Justice Lens Can Support You, Your Clients, and the Larger Community <i>(English - Introductory)</i>		Beauséjour B
Melissa Jay, Jason Brown, Rebecca Ward, Authors: Michelle Kennedy, Rabeea Siddique		
C18 - La complexité de la violence sexuelle devant les informations au sujet de l'ampleur des abus et violations sexuels un éclairage s'impose <i>(Français - Intermédiaire)</i>		Matapedia
Marie-Paul Ross		
Indigenous Gathering Space / Espace de rassemblement autochtone		Restigouche
12 h 00 - 13 h 00	Lunch on own / Dîner (non-inclus)	
12 h 00 - 13 h 00	Chapter President's Meeting and Lunch	Shediac A
13 h 00 - 14 h 30	Closing Ceremonies and Keynote Address - Mark Henick The Mentally Healthy Campus <i>(English - Simultaneous Interpretation)</i>	Grand Ballroom
	Cérémonies de clôture et conférencier d'honneur - Mark Henick Un campus en bonne santé mentale <i>(Anglais - Interprétation simultanée)</i>	