



CONCORDIA UNIVERSITY SPRING PLAY THERAPY SEMINARS

THE CREATIVE ARTS THERAPIES DEPARTMENT IS VERY PLEASED TO PRESENT PLAY THERAPY EXPERTS GARRY LANDRETH AND DEE RAY FROM THE UNIVERSITY OF NORTH TEXAS

May 6 & May 7 Presenter:
Garry Landreth Ed.D, LPC, RPT-S

Healing the Hurting Child: The Necessary Dimensions of Child-Centered Play Therapy

This workshop will focus on the perceptual world of the child, the dynamic elements of the relationship that facilitate the play therapy process, structuring the relationship in the playroom, “reading” themes in children’s play, the four healing messages needed by a child who is hurting, helping children develop self-control and self-responsibility, the ACT model of therapeutic limit setting, the language of facilitating change in children, guidelines for selecting appropriate toys and materials and a conceptual model of the process of change in play therapy. Workshop activities will center around spontaneous demonstrations by Dr. Landreth dealing with specific problems in the play therapy experience, critique of video tapes of Dr. Landreth’s play therapy sessions and the art expressions of Ryan, a child who was dying. Handouts will be provided.



May 6 9 am – 5 pm & May 7 9 am – 5 pm 2019

Garry Landreth

May 11 9 am – 5 pm & May 12 9 am – 5 pm

Dee Ray



Garry Landreth, Ed.D, LPC, RPT-S, internationally recognized for his writings and work in promoting the development of child-centered play therapy, is a Regents Professor Emeritus in the Department of Counseling and founder of the Center for Play Therapy at the University of North Texas. Dr. Landreth is a frequent speaker at play therapy conferences around the world. His more than 150 journal articles, books and videos include co-author DVD CPRT In Action: Four Couples In A CPRT Group, and the 3rd edition of his award-winning book Play Therapy: The Art of the Relationship. Dr. Landreth’s other recent books are co-author Child Parent Relationship Therapy (CPRT): A 10-Session Filial Therapy Model and an accompanying Child Parent Relationship Therapy (CPRT) Treatment Manual. His CPRT Model received the 2010 Best Practices in Parent/Family Education Award. Dr. Landreth is Director Emeritus of the Association for Play Therapy (APT). He received the APT Lifetime Achievement Award, the APT Research Award, and the Virginia Axline Distinguished Professional Award for his work in conceptualizing and advancing the child-centered approach to play therapy.

Dee Ray, Ph.D., LPC-S, NCC, RPT-S is Distinguished Teaching Professor in the Counseling Program and Director of the Center for Play Therapy at the University of North Texas. Dr. Ray has published over 100 articles, chapters, and books in the field of play therapy, specializing in research specifically examining the process and effects of Child Centered Play Therapy. Dr. Ray is author of A Therapist’s Guide to Development: The Extraordinarily Normal Years, Advanced Play Therapy: Essential Conditions, Knowledge, and Skills for Child Practice, Child Centered Play Therapy Treatment Manual, and co-author of Group Play Therapy and Child Centered Play Therapy Research. She is a founding board member and past president of the Association for Child and Adolescent Counseling, as well as current board member of the Association for Play Therapy. She is founding editor of the Journal of Child and Adolescent Counseling, American Counseling Association Fellow, and recipient of the American Counseling Association Don Dinkmeyer Social Interest Award, Association for Humanistic Counseling Educator Award, Association for Play Therapy Outstanding Research Award, Top 25 Women Professors in Texas Award, and many others. Dr. Ray supervises counseling services to community clients at her university clinic and leads a school outreach program providing play therapy to hundreds of children each year.

May 11 & 12 Presenter:
Dee Ray Ph.D., LPC-S, NCC, RPT-S

Basics in Child-Centered Play Therapy: Foundational Training

Children often have difficulty verbalizing their thoughts and feelings, which may produce obstacles for the child therapist or counselor. Child-Centered Play Therapy (CCPT) is a unique evidence-based counseling approach in which the relationship between therapist and child is the foundation for therapeutic change. In CCPT, the healing factor is identified as the relationship between play therapist and child. Relationship is based on clear communication between therapist and child, yet the child communicates through play. The therapist provides attitudinal conditions and developmentally appropriate materials to facilitate free expression and self-directed play of the child. In a safe environment, the child moves toward self-enhancing behaviors and ways of being. This workshop is intended to present step-by-step introductory methods on how to help children accurately express themselves to the counselor in their own language of play. This workshop will offer a process for developing healing relationships with children, as well as help counselors use play therapy to reach treatment goals. Play therapy will be described and demonstrated in detail regarding its use and effectiveness with challenging children who present in both community and school settings. Participants will learn the CCPT treatment protocol as well as actively engage in CCPT skills throughout the workshop experience.

- Email Prof. Bonnie Harnden, MA, RDT to reserve your spot at: bonnie.harnden@concordia.ca
- Registration fees are payable by cheque to Concordia University
- Fees for Students \$100 per seminar (\$150 for both)
- Fees for Professionals \$250 per seminar (\$400 for both)
- Deadline to submit fees: Monday, April 29, 2019
- Bring cheque in person from Monday to Friday, 9am-3pm to: Concordia University, Creative Arts Therapies Department c/o Alyssa Browning 1395 René Lévesque Blvd. West, VA Building, Room 264
- For more information, call 514-297-7308

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