



## **National Day of Remembrance and Action on Violence Against Women** *A day of commemoration and action towards ending gender-based violence*

OTTAWA (December 6, 2018) - Today marks the 27<sup>th</sup> National Day of Remembrance and Action on Violence Against Women. Established in 1991 by the Parliament of Canada, this day commemorates the 14 women who were murdered at l'École Polytechnique de Montréal because of their gender. The Canadian Counselling and Psychotherapy Association (CCPA) joins hundreds of thousands of Canadians in shedding light on gender-based violence in Canada and around the world.

"Today is an opportunity for Canadians to reflect on the prevalence of violence against women in our society," said John Driscoll, CCPA National President. "Every six days, a woman in Canada is killed because of gender-based violence. As well, 50% of women have experienced at least one incident of physical or sexual abuse since the age of 16."

Gender-based violence exists across cultures, religions and racial backgrounds. However, women who are members of marginalized groups such as immigrant and racialized women, women in the LGBTTTQQI2+ community, Indigenous women, and disabled and younger women are all at a higher risk of violent victimization.

"CCPA is committed to supporting all women and those who are sharing their experiences.. Counsellors and psychotherapists, especially those trained in culturally safe and appropriate ways, can help with trauma, domestic violence, and sexual assault or harassment, in a safe environment," stated Jen Rowett, CCPA President-Elect.

As an organization, CCPA is committed to the well-being of all Canadians, while recognizing the vulnerability of certain groups, such as women. Gender-based violence is a social issue with great mental health impacts on survivors.

If you are looking for therapeutic support, go to [ccpa](http://ccpa), where you can search for a Canadian Certified Counsellor in your region. Members of the public can also find authoritative information about the profession of counselling and psychotherapy by visiting CCPA's public website, [www.talkingcanhelp.ca](http://www.talkingcanhelp.ca).

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*The Canadian Counselling and Psychotherapy Association (CCPA) is a national bilingual association providing professional counsellors and psychotherapists with access to exclusive educational programs, certification, professional development and direct contact with professional peers and specialty groups. CCPA promotes the profession and its contribution to the mental health and well-being of all Canadians. For more information on the counselling and psychotherapy profession, please visit [www.ccpa-accp.ca](http://www.ccpa-accp.ca) or [www.talkingcanhelp.ca](http://www.talkingcanhelp.ca).*

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CANADIAN COUNSELLING AND  
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