



CANADIAN COUNSELLING AND
PSYCHOTHERAPY ASSOCIATION
L'ASSOCIATION CANADIENNE DE
COUNSELING ET DE PSYCHOTHÉRAPIE

The Animal Assisted Therapy in Counselling (AAT in C) Chapter

of the Canadian Counselling and Psychotherapy Association

**Experience the healing power of
intentional connection with animals!**



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The AAT in C Chapter is dedicated to people working in counselling roles who are interested in developing a forum for discussion of issues with Counsellors working in and/or interested in the field of AAT.

Benefits of Membership:

- online resources
- regional and national connections to counsellors practicing AAT
- research and networking
- participation in AAT-related training and events

Canadian Counselling and Psychotherapy Association
www.ccpa-accp.ca

Toll Free: 1-877-765-5565 Fax: 613-237-9786

"A human being has to remain in contact with all of nature throughout his lifetime if he is to maintain good mental health."

Boris M. Levinson, 1969



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What is Animal Assisted Therapy?

AAT in C is a modality that is incorporated into a professional style of therapy one already uses rather than an independent profession. This style of therapy uses the ability of the human-animal bond that has the potential to produce powerful results with individual or group of clients in a shorter amount of time. AAT in C can be used with clients of any age and is particularly powerful with resistant clients. Much research has demonstrated benefits of the psychosocial and psychophysiological benefits of Animal Assisted Therapy in Counselling (adapted from Chandler, Cynthia K. 2012).



Objectives of AAT in C are to:

- be a voice working for the care, respect, and ethical treatment of animal co-workers in AAT in C.
- facilitate ongoing exchange of information on AAT in C.
- network with organizations interested in AAT.
- promote, and advocate, for the recognition of Counsellors working in AAT.
- provide information to Chapter members on certification in AAT-related programs.

Various types of animal-related activities and training opportunities exist in numerous provinces. Members interested in CEC credits and CCPA pre-approval for training events should go to:

www.ccpa-accp.ca/en/ceuforms/



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Visit us!

Website

<http://www.ccpa-accp.ca/en/chapters/animalassistedtherapy/>

You will find our constitution and bylaws, executive contacts, and more.

Email

Any one of our Executive Members listed on our website will respond to you.

Join Us

To join the AAT in C Chapter, you must be a member of CCPA (any category of membership). The annual fee is \$10. Please indicate on your membership/renewal form the chapter you wish to join and include the fee with your total payment.



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"Animals are such agreeable friends – they ask no questions, they pass no criticisms."

George Eliot