CANADIAN COUNSELLING AND
PSYCHOTHERAPY ASSOCIATION
L'ASSOCIATION CANADIENNE DE
COUNSELING ET DE PSYCHOTHÉRAPIE

Technology and Innovative Solutions Chapter

June 2018

Member Announcements

Technology Guidelines Update

The Guidelines have been reviewed by the National CCPA Board and were well received! There are revisions to be made to the Guidelines and once those are complete, it is our understanding they will be published on the CCPA website. The TISC is also working with the CCPA on how to sustain and maintain the Guidelines in this rapidly changing online and tech environment!

Dawn Schell, Treasurer

AGM at the CCPA Conference

The AGM at the CCPA Conference in Winnipeg, Manitoba from May 10-13, 2018 was a success! We were able to share the Guidelines and the Chapter purpose and visions with many others! Remember, all members are invited to partake via teleconference at our AGMs. We hope to hear from you next year at the CCPA Conference in Moncton, New Brunswick!

Chapter Fee Change

At the AGM, members voted to increase the Chapter fee to $15.00. This important contribution to the Chapter supports our top priority of creating, sustaining, and disseminating the Tech Guidelines to our members and others in the CCPA. In the changing and increasingly risky online environment, these important guidelines

inform the CCPA National Board and our own members in using technology safely and with purpose.

Welcome the New Board!

Our Board will be working hard this year to further the dissemination of the Technology Guidelines, but there are also some other hopes that the Board would like to share with you:

"I look forward to involving members of all ages and tech-savviness in the discussion around safe technology practice and to hear from members about how discussions with others around technology safety go for them!"

Elise Meertens, Secretary

Are you interested in getting involved with any of these visions? We welcome all! Start by emailing TISinfo@ccpa-accp.ca!

Get to Know the Members!

This is a new section of our newsletter to share member accomplishments, interests and get to know others who are talking about technology use in their lives!

Lawrence Murphy
Title/Institution: Therapy Online

How long have you been working in the counselling field?: 26 years

What is your

favourite way to use technology? In personal life/ In practice?: Professionally it is, of course, for therapy. Personally my favourite thing about technology is the way it impacts travel. Everything from Hotwire to OpenTable to HonkMobile. This week I'm booking a family Christmas trip to the Amazon and it's all being done online.

How would you describe your counselling practice?: Our practice is entirely online. Screening, registration, counselling, assessment, billing, the works. We have a group of counsellors who are the most experienced and accomplished online therapists anywhere. Our clinical supervisor is also one of our trainers and has decades of experience doing in-person and online clinical work. After 24 years of online service we are a well-oiled machine!

What quote inspires you?: The best way to find yourself is to lose yourself in the service of others - Ghandi

One fun fact about you?: I've been playing piano since I was ten years old and I taught myself to play guitar as a teenager. I write songs in my spare time.

Member contributions and professional development

How Do You Talk About Technology With Others?
There are many factors that may impact how a conversation may proceed about technology use. Generation. Familiarity with

technology. Experiences with technology. Trust/mistrust of technology.
It is also possible that those who use technology regularly may not actually consider the implications of technology and the impacts on the workforce. This article describes some of the misunderstandings and idiosyncrasies of the intergenerational workforce and the incorporation of technology. Do you find that technology has impacted your workplace? Tell us more by emailing TISinfo@ccpa-accp.ca

Get Involved!
The TISC is a rapidly growing Chapter of the CCPA. We want you to get involved in the innovative and exciting discussions about how to lead our fellow members in technology use and its application to our practice.

Have you been following our Facebook page? Every week we post articles, news, suggestions, or other interesting technology and mental health related material. Let us know if you like it, and what you would like to see more of.

If you would like to volunteer with the Chapter, there are many opportunities to share your research, projects, and skills in the community. Please email TISinfo@ccpa-accp.ca to get involved. We would love to hear from you!

President's Message
Hello TISC members,

CCPA's 2018 conference in Winnipeg has come and gone, and my goodness what an

incredible event it was. Though we had some hiccups in terms of being able to host our Chapter table, we nonetheless have grown as a chapter with the most recent count at 164 strong!

The membership growth is not surprising with so much uncertainty around technology use, privacy and security regulations in the counselling and psychotherapy industry. This is the very reason we begun our work on the *Guidelines for the Uses of Technology in Counselling and Psychotherapy*. I am extremely pleased to say that we were able to present at this year's conference to the National Executive board and received fantastic feedback on our work. The guidelines are expected to be released within a six-month period and will be a living document, so more iterations will come in the future as we continue to adapt our industry to new technologies.

Our AGM was also quite productive. It was fabulous to be able to meet some potential new members and include some fresh and familiar faces to our executive board! May I introduce the new board!

Elise Meertens as our new executive board Secretary!

Nick Clark as Director at Large!

Dawn Schell as our continued Treasurer!

and finally, our new President-Elect...

LINDA ROMBOUGH! She has been a long-standing executive of the TISC. Through our time together, Linda has shown amazing foresight, leadership, and professionalism in all aspects. She is organized, with a unique blend in training including counselling therapy, and computer science programming. She was also the project lead for our guidelines.

Please feel free to peruse our board website for a more thorough glimpse at our executive board if you have a chance. I feel so honored and privileged to welcome all this talent, experience, and wisdom to our leadership.

Should you have any questions or interests in joining our board, please feel free to reach us by e-mail! We love member engagement and would love to hear feedback and contributions from you.

Sherry Law, MEd, CCC, LCT
TISinfo@ccpa-accp.ca

Want to Contribute to this Newsletter?
We have some amazing members who definitely use technology, in any variation, most days! If you have written an article or have heard of a great upcoming Webinar, we are always looking for member input and contributions! Email your contributions to TISinfo@ccpa-accp.ca