

## Manitoba/Nunavut Director's Report for AGM

Submitted by Joyce Milligan

May 09, 2018

1. **Third Party Billing:** Joyce organized a teleconference meeting between the MB Chapter Executive, Kim Deputy CEO of the CCPA spearheading the project, and Julie, the professional consultant. Julie subsequently prepared a list of almost 60 organizations that provide Employee Family Assistance plans. The infographic has been through several revisions and is ready to launch. It looks great, contains lots of information presented in such a way as to be easy to read. In the latest message to the region, Joyce invited interested members to join a working group for the project and to submit suggestions of organizations to include in the outreach, particularly for regions outside of Winnipeg.
2. In the message to our region, Joyce shared the success of the chapter's first meet 'n greet and invited those regional members who have not yet joined the chapter to do so.
3. Joyce continues to participate in the conference committee. It is great to be able to host the national conference.
4. The Board of the CCPA meets by teleconference monthly and various standing committees work in between meetings. Joyce is on the Quality Assurance Committee. We have recently been studying a new document being prepared by the Technology in Counselling Chapter. It promises to be an excellent and informative resource.

The review panel for Indigenous CECs has been preparing and will soon be ready to start.

A third issue paper has been prepared: *Supporting Transition to Adulthood Among Youth with Mental Health Needs / Soutenir la transition vers l'âge adulte chez les jeunes ayant des besoins en santé mentale*. It will be sent to all MPs and Senators with targeted outreach to members of the Standing Committee on Health (HESA) & the Mental Health Caucus.

5. My time as Regional Director on the National Board is coming to an end. If you or someone you know is interested in being nominated for the position, please get in touch with me.

6.

-survey was composed and sent

-survey results have been compiled

-we studied the survey results and decided there was sufficient interest and need to proceed and to give some direction for the outreach

- Julie is putting together a bilingual, one-page, double-sided info graphic listing key information to share with employers
- Kim is collaborating with the Private Practitioners' Chapter to host a Round Table discussion during the Pre-conference on May 10<sup>th</sup>. Once finalized, this will be put on the CCPA website program. Participation will inform the project so please encourage counsellors to attend. The emphasis will be on hearing the participants.
- We are planning to meet on the morning of May 10<sup>th</sup> and I was asked to invite you to join us then as well, Louise or a designate(s) or the whole executive. Kim just needs to know numbers ahead of time so she can book a meeting room if there will be more than 4 of us.
- Julie is working on a PowerPoint to use in her presentations to companies, associations, etc.

## 7. November in-person CCPA Board Meeting in Ottawa

On November 18 and 19, I participated in the semi-annual face to face board meeting. It was an excellent time of working together, learning, and planning. The board brings together a broad range of expertise and experience representing counsellors across the country and connecting internationally with other counselling organizations. I am thankful for the privilege of being part of this rich and diverse group. The following is a summary of the topics covered:

**Leadership Forum:** The leadership forum was held once again in Ottawa this past November. Two years ago, when the leadership program was offered for the first time, Candace Reinsch attended from Manitoba and has since become regularly involved in the CCPA. Unfortunately, there were no applicants from Manitoba this time. I expect that it will be offered again in two years as it has been a success. I would encourage everyone to consider applying or encouraging someone you think would be a good fit to apply. The application process is usually in July so that is the time to watch for it in the CCPA emails. A reminder; the Winnipeg Conference will be my last as Director for MB and NU. The next director will begin their two-year term at the 2019 conference and board meeting in Moncton, New Brunswick. If you are interested, please speak to me soon so that it can be a smooth transition.

**Mentorship/Professional Development Support/New Member Support:** The New Professionals Chapter has been advertised. A number of mentoring type programs was discussed with no suitable solution being found.

**CCPA Research Conference** is coming up March 25<sup>th</sup> in Sherbrooke, Quebec. More information is available on the CCPA website. For those of you with contacts in the universities, please share the information.

**Training in Media Relations:** The board members participated in an advanced workshop on interview skills. The Ottawa office and board members are regularly involved in promoting mental health and counselling through the media.

**Indigenous CEC Panel** members are currently in training.

**Truth and Reconciliation Commission:** Recommendations relevant to the CCPA were discussed. The CCPA has put several protocols in place. The board broke into groups to think of ways in which the recommendations could be put into action by an individual, a director, and by the

CCPA. There were many excellent ideas and a committee has been formed to move forward with translating the recommendations into practice. The website [www.circlesforreconciliation](http://www.circlesforreconciliation) was recommended.

8. **MSCA MTS Day Conference:** On October 20<sup>th</sup>, I hosted a table of literature and answered questions about the CCPA and the Manitoba Chapter. I was also given the chance to promote the upcoming conference. There was a great deal of interest and most of the pamphlets were gone by the end of the day. It was a great opportunity to connect with colleagues and share information about our great organization.

Respectfully submitted,

Joyce

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