

The Canadian Counselling and  
Psychotherapy Association and  
Memorial University Faculty of  
Education Presents

The Actor Within: The Use of Role in  
Creative Art Therapy and Play Therapy

Dates: October 26-28, 2018

Where: Memorial University of Newfoundland St. John's Campus: McCann Room,  
Education Building

Cost: Early Bird Registration (Before August 15, 2018) \$275.00

Full Registration (After August 15, 2018) \$300.00



Rocky  
Mountain  
Play  
Therapy  
Institute



CANADIAN COUNSELLING AND  
PSYCHOTHERAPY ASSOCIATION

---

L'ASSOCIATION CANADIENNE DE  
COUNSELING ET DE PSYCHOTHÉRAPIE

## Presenters



**Dr. Lorri Yasenik: Rocky Mountain Play Therapy Institute**

Lorri is the co-director/co-owner of **Rocky Mountain Play Therapy Institute**, an international training institute for the study and treatment of children. She is the past co-owner of Rocky Mountain Psychological services where she was Clinical Director for over 10 years. Lorri has dedicated her professional life to working with children families and individuals. She has over 27 years experience in the clinical field of practice. She is a Registered Clinical Social Work Supervisor, Certified and Registered Child Psychotherapy and Play Therapy Supervisor, Registered Family Mediator, and a Registered Parenting Coordinator-Arbitrator. Lorri is the Past President of the Alberta Family Mediation Society and the 2010 recipient of the Dr. John Haynes Memorial Award for outstanding contributions to family mediation in Alberta. Lorri served as a member of the Clinical Committee, a Regulatory Standing Committee for the Alberta College of Alberta for two terms and is a founding member of the Alberta Play Therapy Association.

Lorri has expertise in working with treatment of trauma, high conflict separation and divorce situations and a range of children's issues. She delivers international training in child and play therapy and children and family law. Lorri completed her Doctoral Dissertation on the topic of, "*Including the Voices of Children of Separation and Divorce in the Legal System*". Lorri has a keen interest in children's rights.



**Ken Gardner: Rocky Mountain Play Therapy Institute**

Ken is a Registered Psychologist with a background in clinical, school and community psychology. Ken has been practicing as a Psychologist since 1989, as a Certified Child Psychotherapist and Play Therapist since 1999, and as a Certified Child Psychotherapy and Play Therapy Supervisor since 2008. Ken specializes in the areas of play therapy for children with emotional and/or developmental concerns, and educational evaluations for students experiencing learning and/or developmental difficulties. As the co-director of the Rocky Mountain Play Therapy Institute (RMPTI) Ken has extensive experience as a trainer and regularly teaches in the area of Child and Play Therapy,

both nationally and internationally. He is the co-author (with Dr. Lorri Yasenik) of the *Play Therapy Dimensions Model: An Decision-Making Guide for Integrative Play Therapists* (Jessica Kingsley Publishers, Second Edition, 2012). Ken has also co-authored several chapters on topics such as play therapy supervision, family play-techniques and the use of consciousness in play therapy. Ken is a past executive board member of the Canadian Association for Child Psychotherapy and Play Therapy (CACPT), the Alberta Play Therapy Association (APTA), and the Calgary SCOPE Society. In 2011 Ken was presented the Monica Hebert Award for his contribution and dedication to Play Therapy in Canada.



**Dr. Leah Lewis (CCC, RDT, RP) Assistant Professor, Counselling Psychology, Memorial University of Newfoundland**, is a registered arts therapist and Canadian Certified Counsellor. She holds an Assistant Professor appointment with Memorial University's Counselling Psychology Masters of Education program and is the CCPA's Provincial Director for the province of Newfoundland and Labrador. Her practice includes families, youth, and children; and includes drama and role-informed intervention. Leah's graduate degree in arts therapies, specializing in Dramatherapy from the University of Hertfordshire, UK, has shaped her research agenda via the use of performance and role as knowledge mobilizing tools that shape and inform accessibility of health and wellness outcomes. In addition to her teaching, Leah has a small private practice in St. John's.



**Irene A. Barrett (M.Ed, RPsych, RPT Intern)** is a registered counselling psychologist and play therapist intern with the Association of Play Therapy. She has worked as a child psychologist for almost a decade with a focus in concurrent developmental and mental health issues as well as developmental trauma. She presented at the first Annual International Study Group on Play Therapy with Rocky Mountain Play Therapy Institute (RMPTI) on developmental trauma. She has also completed a number of certificates with RMPTI as well as received her registration supervision with Dr. Lorri Yasenik during this time. Irene is a per-course instructor in Memorial University of Newfoundland's Counselling Psychology faculty.

\*\*\*

**Day 1: October 26, 2018.**

12:45: Registration

1:15: Greetings

1:30: Dr. Leah Lewis, CCC, RDT, RP: *We Are All Acting: An Introduction to the Use of Dramatic Role as Therapeutic Tool*

This 90-minute session will provide an introduction to the practice of Dramatherapy, focusing on core tenets of psychotherapeutic change using drama and dramatic intervention. The session will introduce Robert Landy's Role Theory as a useful framework for the consideration of role as method, and provide opportunity for applied learning using forms of role and role-play in practice.

3:00: Break

3:20: Irene A. Barrett (M.Ed, RPsych) : *The use of self and the use of "other" in dramatic play therapy theme development.*

This session will explore how play therapists can use themselves as well as the characterological traits of "others" within the clients' world (including the client his/herself) to facilitate therapeutic experiences using a variety of mediums such as dramatic play, puppetry and sandplay. Through experiential processing, this session will focus on the exploration of self as the foundation to creating these therapeutic containers. This session will appeal to those interested in fostering a more in-depth understanding of themselves within the theoretical underpinnings of play therapy. The session will entail individual, dyadic and group processing about the concept of role and how it interrelates to the collective experience within directive and non-directive play therapy theoretical frameworks.

4:45: Session Ends

**Day 2: October 27, 2018**

8:30: Registration

8:45: Keynote

9:45: Break

10:00: Dr. Lorri Yasenik and Ken Gardner:

12:00: Lunch on your own

1:00: Dr. Lorri Yasenik and Ken Gardner

5:00: Session Complete

**Day 3: October 28<sup>st</sup>, 2018: Cuckold's Cove and Signal Hill Hike**

Meeting Location: Quidi Vidi Lake

Presenter: Irene Barrett

*Exploring the synergetic self in nature: The use of environment to inform mindful, systemic regulation play and creative art therapy practices.*

8:30am: Registration

9:00am: Hike Commences. Hiking skill level is moderate to high skill. Please bring appropriate outdoor gear, water and snacks

Length of Hike: Approximately 2.5 Hours

Weather Dependent