



CCPA Ambassador Program **Programme d'ambassadeur de l'ACCP**



Member: Inverpal Braich (Member ID: 10003789)

Name and Title: Inverpal Braich

A little word about me and what I do:

I am currently a graduate student in counseling psychology at the City University of Seattle – Calgary Campus. Outside of school, I am involved with volunteering with many different mental health care organizations. I currently volunteer as a crisis responder with the Calgary Distress Centre, Canadian Suicide Prevention Service, Kids Help

Phone Canada, and 7cups.com. I am also involved in volunteering with the Kerby Centre, Mood Disorder Society of Canada, and the Prostate Cancer Centre. Prior to this, I have volunteered with several other organizations in leadership roles to help increase awareness and accessibility of mental health care services. After completing my Masters degree, I aspire to obtain a PhD and have a private practice in the mental health field.

What does CCPA mean to me? To me the CCPA is an organization that helps people in the counseling field connect and network with others in the field. This allows everyone to gain positive outcomes in the field. The CCPA also allows for several professional developmental opportunities, participation in conferences, publication opportunities, and a lot more that is beneficial to all counselors.

My previous involvement with CCPA: I am currently serving as the student representative for the CCPA at the City University of Seattle – Calgary campus. By serving in this role, I organize events within my school to promote and educate



students on the benefits of being a CCPA member. This role also involves being in communication with the regional director, participating in conferences, communicating with other student representatives, and more! I hope to further increase my involvement by participating in other specific sections of the CCPA.

Favorite author or musical artist: My favorite author is Khaled Hosseini. I particularly enjoyed the insight I gained from his novel “The Kite Runner.” My favorite musical artists are Lupe Fiasco and Donald Glover due to their music often bringing up real world issues.

Since this is a promotional tool for the individual as well as CCPA, interested members can provide their own bilingual version of this profile.

Étant donné que ceci est un outil promotionnel pour l'individu ainsi que pour l'ACCP, les membres intéressés peuvent fournir une copie bilingue de ce profil.