



The Humboldt Broncos and the Need for Healing Following Tragedy

FOR IMMEDIATE RELEASE

OTTAWA (April 11, 2018) – Today, the Canadian Counselling and Psychotherapy Association (CCPA) sends its condolences to the friends and families of those who were injured and killed over the weekend in the devastating collision which claimed the lives of 15 people.

“This weekend’s accident has had a huge impact on Canadians across the country, and even those who had no relation to the players or the team have felt a great sense of grief over the tragedy which has taken place,” said John Driscoll, President of the CCPA. “Our thoughts are with everyone who has been affected.”

Mental health and wellness are now more openly discussed than ever before, but it is still important that people know that supports are available should they feel the need for assistance.

“In times such as these, leaning on friends and family can sometimes not be enough,” concluded Driscoll. “We want to encourage anyone who has been impacted by this event to reach out and seek professional help, and as a community we can support one another in this time of great sadness.”

If you are looking for therapeutic support, go to www.ccpa-accp.ca, where you can search for a Canadian Certified Counsellor in your region. Members of the public can also find authoritative information about the profession of counselling and psychotherapy at CCPA’s public website, www.talkingcanhelp.ca.

-30-

The Canadian Counselling and Psychotherapy Association (CCPA) is a national bilingual association providing professional counsellors and psychotherapists with access to exclusive educational programs, certification, professional development and direct contact with professional peers and specialty groups. CCPA promotes the profession and its contribution to the mental health and well-being of all Canadians. For more information on the counselling and psychotherapy profession, please visit www.ccpa-accp.ca or www.talkingcanhelp.ca

For further information, please contact:
Cynthia Waldmeier, CCPA Media Relations
ccpa@impactcanada.com | 613-233-8906