

Engaging Traumatized Clients Who Avoid Attachment, Closeness, & Painful Feelings

April 26th & 27th 2018

Calgary, Alberta

More information go to

<http://www.talk-therapy.ca/avoidant-clients/>

or call

403-467-7252

\$399.00(early bird before March 22, 2018

(Includes a copy of Dr. Muller's book)

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Robert T. Muller, Ph.D., C.Psych. completed his clinical fellowship at Harvard, was on faculty at the University of Massachusetts, and is currently Professor of Clinical Psychology at York University in Toronto. Dr. Muller was recently honored as a Fellow of the International Society for the study of Trauma & Dissociation (ISSTD) for his work on trauma treatment. And his bestseller, *Trauma and the Avoidant Client: Attachment-Based Strategies for Healing* is in its third printing, has been translated, and won the 2011 ISSTD award for the year's best written work on trauma.

As lead investigator on several multi-site programs to treat interpersonal trauma, Dr. Muller has lectured internationally (Australia, Europe, U.S.), and has been the keynote speaker at mental health conferences in New Zealand and Canada. He founded an online magazine, [The Trauma & Mental Health Report](http://www.yorku.ca/rmuller/), which is now visited by over 100,000 readers a year.

<http://www.yorku.ca/rmuller/>

A two-day workshop with Dr. Robert Muller, leading expert on therapy for Trauma & globally acclaimed author of the psychotherapy bestseller: *Trauma & the Avoidant Client, Attachment-Based Strategies for Healing'* - is aimed at building our therapeutic understanding of clinical work with avoidant clients.

Drawing upon attachment theory & research, and upon a wealth of clinical experience, Dr. Muller explains how, as therapists, we can work with such hard-to-treat clients, how to find points of entry & ways in which we can make contact. Using a relational, psychodynamic approach, the workshop discusses and demonstrates strategies for developing the therapeutic relationship, such that we can assist the client regain a sense of trust in others. We explore therapeutic techniques through which the client is encouraged to take interpersonal risks, to mourn losses, and to face vulnerabilities. Uniquely, Dr Muller illustrates how the frustrating challenges that arise in the therapeutic relationship can in fact be used as a productive force in the therapeutic process.

Throughout the workshop, Theory is complemented by case examples and segments from Dr Muller's own therapeutic sessions. The workshop focuses on clinical skills that are directly applicable in our own work as therapists.

The workshop aims to provide an integrative training approach that enables practitioners using different therapeutic modalities to integrate the relevant elements of Attachment Theory and Research with their existing skills, which they can then apply to their work

Participants will learn:

- How to recognize characteristics of avoidant attachment
- How to productively use trauma-related symptoms
- How to maximize client engagement throughout the process
- How to work with affect
- How to recognize and utilize client transference
- How to effectively manage and use therapist counter-transference
- How to plan for the termination phase of treatment