



CCPA Ambassador Program **Programme d'ambassadeur de l'ACCP**



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A little word about me and what I do:

I am the founder of Counseling4life, my private practice, in Kelowna, British Columbia. I provide support to children, teens, families and couples. I am passionate about personal development, and the pursuit of peace (mental, emotional, spiritual and relational). More often understanding our thoughts and feelings can make things more manageable and allows individuals to flourish. I believe in the power of our cognition and the direct link between thoughts, emotions and behaviors.

What does CCPA mean to me?

CCPA is an outstanding networking platform, that has allowed me to engage with fellow counsellors and psychotherapists from across Canada. CCPA has provided me with so many learning opportunities, professional growth and development as well as allowing me to engage in new professional relationships with colleagues. As counsellors and psychotherapists, it is a platform that enables us to exchange ideas and perspectives on the performance of our profession.



My previous involvement with CCPA:

I have been a member in good standing since 2010 with a Canadian Certified Counsellor (CCC) designation with the CCPA. My immediate plans are to support the Regulations in B.C. initiative, Awards committee and spokesperson for CCPA. Recently I was honored to be invited to the Leaders of Tomorrow Forum and I was able to develop leadership skills for my continued involvement and support of CCPA and its members.

Favorite author or musical artist: Miles Davis Jazz and a little bit of everything!

Since this is a promotional tool for the individual as well as CCPA, interested members can provide their own bilingual version of this profile.

Étant donné que ceci est un outil promotionnel pour l'individu ainsi que pour l'ACCP, les membres intéressés peuvent fournir une copie bilingue de ce profil.