

# SPIRITUALITY IN COUNSELLING CHAPTER

*Offering a sacred space to our clients while listening to their story, and to value compassion, empathy and respect for all people*

November 2017

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## What's New ...

### A new name!

We are excited to announce that the *Pastoral and Spiritual Care in Counselling Chapter* has undergone a change in name (although our purpose remains unchanged!) If you have recently visited the Chapter website, you will be aware of the change. Some of you may be asking, why the change in name? The proposed change was raised at our 2015 AGM, by one of our members, with the stated intention of making the Chapter more inclusive. Although the Chapter has always welcomed individuals from varied backgrounds and orientations, it was hoped that changing the name would reinforce the idea that the Chapter exists to support *all* individuals with an interest in spirituality in counselling, regardless of background. Our new name is simple: *Spirituality in Counselling Chapter* (SCC) and continues to exist to support all who desire *"to offer a sacred space to our clients while listening to their story, and to value compassion, empathy and respect for all people."* We welcome your feedback and comments.

### Your Executive:

The following board members have agreed to remain in their current positions to complete a 2 year term: President – Cathy Underhill; Gerard Vardy – Secretary-Treasurer; Vice-President (new as of the 2017 AGM) – Dr. Saira Sabzaali; Member at Large - Nicole Richard. Continuing as our Board Liaison is Vicki-Anne Rodrigue.

The Spirituality in Counselling Chapter will be accepting nominations at the upcoming CCPA Breakfast AGM (for 2018-20) at the CCPA Conference in Winnipeg. If you are interested in participating and would like to join the SCC Board you are invited to contact Cathy Underhill, President, [cathy.underhill@borealiscountselling.com](mailto:cathy.underhill@borealiscountselling.com) or Gerard Vardy, Secretary-Treasurer, at [theshepherds�all@rogers.com](mailto:theshepherds�all@rogers.com).



You are encouraged to review our Chapter page on the main website for more information.

## AGM 2018

The Executive would like to extend an invitation to attend the Chapter 2018 AGM, to be held during the upcoming CCPA conference. Our Breakfast AGM will be held on Friday, May 11, 2018, 7:00 am – 8:00 am, at the Delta Hotel in Winnipeg. The Chapter will cover the majority of the cost of the breakfast which will include coffee/tea, muffins, croissants, and fruit; attendees will only need to contribute \$5 each. We sincerely hope that many members can join us at that time, as the annual conference is an opportunity for us to meet face to face and connect with you directly!



## Upcoming Initiatives

The Spirituality in Counselling Chapter will be hosting a Q & A Webinar in 2018 (date TBD) for all current and prospective members. This will be your opportunity to connect with the Chapter Executive, find out what the Chapter is about, and provide your input into what would be helpful to you as members. Stay tuned for more details!

In the meantime, if you haven't already done so, check out the following resources on spirituality in counselling:

<https://www.counseling.org/docs/default-source/vistas/integrating-spirituality-in-counseling-practice.pdf?sfvrsn=8>

<http://cjc-rcc.ucalgary.ca/cjc/index.php/rcc/article/view/2501>

## What's New

Over the spring and fall, the Chapter Executive has been working on a number of exciting initiatives: a new SCC Chapter student bursary to be given at the CCPA Conference in 2018. Although this was in place for the 2017 conference, no applications were received. Our Member at Large, Nicole Richard, has been, and will continue to be working closely with CCPA Head Office to ensure that the bursary is advertised for the 2018 CCPA conference. The Executive has also reviewed and updated our current Chapter Bylaws to reflect the recent name change. In addition, other changes which were approved at the 2017 AGM include a modest fee increase of \$5 and a merging of the 2 positions of Secretary and Treasurer into a combined position.

It is our expectation that the superb growth and acceptance of the *Spirituality in Counselling* Chapter, experienced under the leadership and guidance of the past president, will continue into 2018. Our Chapter is growing and there is an increased interest in "holding space" for clients who wish to bring spirituality into the counselling process.

In closing, I would like to personally thank each of you for your support and encouragement. We look forward to seeing you all at the 2018 CCPA Conference in Winnipeg!

Sincerely,

Cathy Underhill, President

