

**Quebec Anglophone Director's Report**  
**Kiraz Johannsen**  
**May 2017**

**Abstract**

This is my last report as the CCPA Quebec Anglophone Director and I would like to take the opportunity to thank Natasha Caverley, the CCPA Executive, National Office and my fellow CCPA Board of Directors for their support in my work for the Quebec Anglophone Counselling Community. It has been a wonderful learning and growth experience and I am grateful for your kind support and gentle guidance.

**Résumé**

Il s'agit ici de mon dernier compte rendu à titre d'administratrice ACCP pour le Québec anglophone, et je voudrais profiter de l'occasion pour remercier Natasha Caverley, les membres du Comité de direction de l'ACCP, le personnel du Siège national et mes collègues du Conseil d'administration pour le soutien qu'ils ont apporté à mon travail pour la collectivité du counseling anglophone du Québec. Ce fut pour moi une merveilleuse expérience d'apprentissage et d'épanouissement et je vous remercie de votre aimable soutien et de vos conseils attentionnés.

**Community Events and Outreach**

Over my two-term mandate as the CCPA Quebec Anglophone Director I have been consistently working:

- Regulatory processes in Quebec by advocating for psychotherapists on the national and provincial level. I provided workshops for counsellors to help understand Law 21 and gain access to the psychotherapy license during the grandfathering period.
- Greater visibility of counsellors and psychotherapists by participating in awareness campaigns of local school boards, providing workshops, and participating in the annual mental health walk in Montreal.
- I have made valuable connections with psychologists, psychiatrists, GP's, nurses, and social workers to promote multidisciplinary actions to address mental health issues in our province.
- I advocated for quality professional development with the OPQ to help counsellors and psychotherapists to gain access to affordable PD events. The biggest accomplishment was the successful collaboration between CCPA and OPQ to grant and finance 33 CEU's for the CCPA-ACA Conference in Montreal in 2016.
- Throughout my mandates, I have been working on the recognition by the Office of Professions and the existing Orders for 3<sup>rd</sup> Party Billing Rights of psychotherapists. Letter campaigns and meetings with stakeholders and politicians have led the *Commission des normes, de l'équité, de la santé et de la sécurité du travail* (CNESST) of Quebec to announced that 3<sup>rd</sup> party billing rights for psychologist will now also apply to OPQ licensed psychotherapists.

### **CCPA Students**

- CCPA is very fortunate to have active Student Representatives from McGill and Concordia Universities. The Quebec Counselling Association (QCA) has been exemplar in promoting student participation from Quebec Anglophone Universities.

### **Committee and Board Work**

- I will remain a member of the Social Justice Chapter, the Ethics Committee (Queries/Education Division), and the Private Practitioners Chapter.

### **Future Project**

- The promotion of a College/Order of psychotherapists in Quebec should be promoted. It would allow for better regulation of education requirements of psychotherapists, address their particular professional development needs, and it will give a united voice for psychotherapists in Quebec.

Respectfully,

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CCPA Quebec Anglophone Director