

**Newfoundland and Labrador Director's Report**  
**Tracy Duffy**  
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**Abstract**

Since my report in November of 2016, time seems to have passed very quickly. While nearing the end of my second term as Director, I am very proud of the progress that has been made in our province, and the fact that we now have nearly 180 members.

Much of my focus while away from the board table has been on meetings and plans for the Provincial Conference coming to NL in May. We are very excited to host this conference, in partnership with our NL Counsellors and Psychologists Association and it is shaping up to be one of a kind.

We have also made great progress with our Provincial Regulation Committee, now named as FACT-NL, with a new website in draft /development and plans to finalize our Application to government to seek Regulation.

At the board table, our Awards committee has done tremendous work since the November board meeting. I am very proud of this committee's accomplishments. (\*more details are outlined in the Committee's report).

**Résumé**

Le temps semble avoir passé si vite depuis mon compte rendu de novembre 2016. Alors qu'approche la fin de mon second mandat d'administratrice, je suis très fière du progrès accompli dans notre province et du fait que nous comptons maintenant près de 180 membres.

Entre les réunions du CA, je centrerais mes efforts sur la participation à des rencontres et la planification du prochain Congrès provincial, qui se tiendra en mai à T.-N. Nous sommes vraiment ravis d'accueillir ce congrès, en partenariat avec la NLCPA (Newfoundland and Labrador Counsellors and Psychologists Association), et tout semble indiquer que ce sera un événement mémorable.

Nous avons aussi beaucoup progressé dans le cadre de notre Comité sur la réglementation provinciale, maintenant désigné par l'acronyme FACT-NL; un nouveau site est en préparation et nous travaillons à finaliser notre demande de réglementation auprès du gouvernement.

À la table du CA, notre Comité des prix et récompenses a fait un travail remarquable depuis la réunion du CA de novembre. Je suis très fière des réalisations de ce comité. (\*vous trouverez plus de détails dans le compte rendu du Comité.)

**Connections and Communications**

As always, we remain very closely connected with our colleagues within the school system (NLCPA). We have worked together on various endeavors, and to promote the national School Counsellor's week in February.

In a show of support for our teachers and school counsellors in the province, we widely promoted via social media their participation in a local news program geared at challenges in the school system. This mini-series, (Inside the Classroom) discussed pertinent issues such as inclusion, overcrowding, lack of staff resources and other challenges. It is hoped that this will highlight the need for regulation among our school and other counsellors in the province who work with our children and youth.

*\*To view this series see this link:*

<http://www.cbc.ca/news/canada/newfoundland-labrador/inside-classroom-part-one-inclusive-education-1.3968120>

We have continued to connect with local politicians and policy makers; attending events and panels related to mental health. We hope to meet with the Minister of Health in May to further discuss our Regulation Application while also gaining support from other professional Associations in the coming months.

In addition to these advocacy and political lobbying efforts, I have continued to work on various other endeavors in the province for CCPA including:

- Participated in monthly teleconference /board meetings and attended in person board meetings during the Fall of 2015.
- Participated in Awards committee work, including communications with selection committee volunteers and our own committee.
- As both a chapter member and as board liaison, attended teleconferences with the private practice chapter executive members.
- Gave 2 presentations on CCPA to MUN Counselling Students, with assistance from our outgoing student Representative (Veronica Hounsell).
- Regular monthly teleconferences with Alene Holmes and the NL Planning committee for the May 2017 Conference.
- \* widespread promotion of conference, sending out letters to seek sponsor, planning social events, etc.
- Have held several Regulation- Steering committee meetings – with Barb McCallum taking a lead role.
- Took part in Webinar on Regulation held in March for all NL members.
- Forwarded some communications to members on professional development opportunities in NL and close regions, including promotion of the NL Conference.

### **Contributions and Celebrations**

I am happy to welcome our new NL Director and pass the torch to a dear colleague of mine, Dr. Leah Lewis. I know she will bring great energy to our board and our provincial “stage” as she

works to further strengthen our Association's networks. She will bring a broad range of knowledge and insight to this role!

I am extremely proud of our progress with the NL Regulation Steering Committee and this is largely due to the organizing and commitment of Barb McCallum. Barb has not only helped us stay on task and plan our work, she has played a lead role in creating our website, booking meetings and in drafting our application for regulation. Without her guidance, I know we would not be as far along! I am also grateful to the steering committee we have formed with various Associations represented at the table, for their ongoing commitment to this endeavor.

I am also very pleased with our connection and inclusion among other professional associations such as the NLCPA, during school counselling week and also in our planning efforts for the provincial conference in 2017.

I am very much looking forward to helping host our provincial conference and feel very grateful to our local planning committee, and especially to the dedication and hard work of our conference coordinator, Alene Holmes and Karina at CCPA office (and all her helpers!). I feel confident that this event will be long-remembered and celebrated!

### **Concerns and Challenges**

- There continues to be a shortage of available work term placements for those finishing our MUN Counselling Psychology program- along with some concern in finding ample and qualified supervision (to fulfill CCPA certification requirements).
- This issue may have implications on how many graduates will join CCPA and then pursue certification with CCPA.  
(However, with focus on increased networking among the University, CCPA and other professional Associations (such as the NL Psychology Board) there is hope that a plan can be formulated on these challenges in the near future).

### **Coming Attractions**

- Plans to host a great a great provincial conference in May 2017.
- Strengthening partnership with University faculty, other Associations and community agencies to create opportunities for students to fulfill certification qualifications.
- Assist NLCPA members in gaining supervision requirements / qualifications in line with CCPA's (if desired )
- A face to face meeting of FACT –NL to finalize the Application for Regulation to be submitted to Department of Health (this year).

### **Resources**

I would like to extend sincere thanks to the staff of the National office and especially to my fellow board members who have served with me on the Awards committee. They are an awesome team to work with and will be missed!

Respectfully,

Tracy Duffy