



Canadian Counselling and Psychotherapy Association Celebrates Fourth Annual Canadian School Counselling Week

OTTAWA (February 6, 2017) The Canadian Counselling and Psychotherapy Association (CCPA), in collaboration with its School Counsellors Chapter, is proud to recognize the fourth annual Canadian School Counselling Week, February 6-10. This week recognizes the school counselling profession in supporting the personal, social, educational and career development of students across Canada. “At any given time of any given day, approximately one in seven Canadian children and youth under the age of 19 are suffering with a serious mental disorder that hinders their ability to perform basic tasks, disrupts day-to-day activities, and diminishes their opportunities for educational success,” said Ariel Haubrich, President of the CCPA School Counsellors Chapter. “As we increase our understanding of the deleterious effects of mental health issues on social-emotional development, educational success and career planning, early intervention and ongoing support by trained professionals can have a significant impact on positive outcomes for school-aged children and youth. By increasing opportunities for positive change and reducing the impacts of critical incidents, we can stop the course of some mental illnesses, with the hope of lessening long-term impacts in children and youth.”

School counsellors are vital in contributing to the mental health and well-being of students in Canada. Through comprehensive and developmental guidance and counselling programs, school counsellors can make a positive difference in the lives of children and youth, both as independent professionals, and as part of student support teams and referral agents. For instance, it is often school counsellors who, through their unique training and experience, address curricular and other school-based or contextual needs for young people in schools who are newcomers or refugees, transitioning to or from a hospital, working through identity, grief, loss, or family issues.

In a rapidly changing workforce environment and an increasingly mobile society, educational planning and career development is key when supporting students with life-planning, goal-planning, and transitioning to new labour and employment realities in Canada. “Career development continues to be an essential component of a school’s Comprehensive Guidance and Counselling Program,” said Janice Graham-Migel, Chair of the Chapter’s National School Counselling Committee. “Assisting students with their long-range goals and preparation for post secondary education and careers is significant in a school counsellor’s scope of practice.”

Canadian School Counselling Week is a collaborative effort by CCPA, School Counsellors Chapter, and the regional school counselling associations and ministries/departments of education in each province and territory. The CCPA hopes to continue to increase the public’s awareness of the extent of programs and services and urges all Canadians to join the celebrations of Canadian School Counselling Week. To join the conversation on Twitter, follow @CCPA_ACCP and use #CSCW and #SCCS. For more information, please visit the CCPA School Counsellors Chapter website at <https://www.ccpa-accp.ca/chapters/school-counsellors/#id2>.



CANADIAN COUNSELLING AND
PSYCHOTHERAPY ASSOCIATION

L'ASSOCIATION CANADIENNE DE
COUNSELING ET DE PSYCHOTHÉRAPIE

The Canadian Counselling and Psychotherapy Association (CCPA) is a national bilingual association providing professional counsellors and psychotherapists with access to exclusive educational programs, certification, professional development and direct contact with professional peers and specialty groups. CCPA promotes the profession and its contribution to the mental health and well-being of all Canadians. For more information on the counselling and psychotherapy profession, please visit www.ccpa-accp.ca or www.talkingcanhelp.ca.

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