



CCPA Ambassador Program *Programme d'ambassadeur de l'ACCP*



Member: Shawn Smith

Name and Title : Shawn Smith
Founder/President of Don't dis-my-ability
consultation services Inc.

Website: www.ddmacs.ca

Facebook: <https://www.facebook.com/ddmacs.ca>

Twitter: <https://twitter.com/dontdismyabilit>

A little word about me and what I do: Diagnosed with ADHD Inattentive Type at age 30 I struggled through every level of the public education system. It took me 4 years to complete 3 years of high school, 32 attempts to earn the 18 credits required to graduate including failing grade 10 math 4 times.

Since being diagnosed and taking prescribed medication at age 30, I have experienced a tremendous amount of self-growth in a relatively short period of time and have a unique understanding of my thought process. I was accepted to the Master of Education in Counselling Psychology program at the University of New Brunswick on Academic Probation in 2010 and graduated in 2011 at the top of my class.

I specialize in the emerging field of Neurodiversity and I am sought out around the world for my insight on the subject. I provide Counselling and Psychotherapy as well as consulting services in a variety of industries from education to the world of animation.



CANADIAN COUNSELLING AND
PSYCHOTHERAPY ASSOCIATION
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COUNSELING ET DE PSYCHOTHÉRAPIE

What does CCPA mean to me? The CCPA to me is a wonderful community of resources for Counsellors and Psychotherapists to share our experiences and insight.

My previous involvement with CCPA: I am a Director at Large for the Technology in Counselling Chapter of the CCPA (since 2014).

Favorite author or musical artist: I don't have favorite musical artists but I do have favorite songs. I believe we all have mental playlists our minds gravitate towards based on our emotions. I listen to songs I can contextually relate to that help keep positive messages in my thoughts to help keep negative ones out.

Since this is a promotional tool for the individual as well as CCPA, interested members can provide their own bilingual version of this profile.

Étant donné que ceci est un outil promotionnel pour l'individu ainsi que pour l'ACCP, les membres intéressés peuvent fournir une copie bilingue de ce profil.