

The Canadian Counselling and Psychotherapy Association

COGNICA

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H*ighlights*

2017 Annual Conference

Get Ready for St. John's, Newfoundland!

p.8

2016 Research Conference

Featuring an Evening With Clara Hughes

p.9

In This issue

President's Message: Celebrating Professional Champions.....3

President-Elect's Message: A Look Back on the Next Few Months.....6

2016 CCPA Award Winners.....10

Notebook on Ethics, Standards, and Legal Issues for Counsellors and Psychotherapists: A School Counsellor's Notes and the Wigmore Criteria (A Court Case).....16

2016 Award Winners

Highlighting our Members' Accomplishments

p.10



CANADIAN COUNSELLING AND
PSYCHOTHERAPY ASSOCIATION

L'ASSOCIATION CANADIENNE DE
COUNSELING ET DE PSYCHOTHÉRAPIE

Publications Guidelines



Celebrating Professional Champions in Mental Health

President's Message



At the 2016 CCPA Annual Conference held in partnership with the American Counseling Association (ACA), I had the distinct pleasure of awarding **Lieutenant-General (LGen) Roméo Dallaire** with the 2016 CCPA Professional Champion Award.

By way of brief background, the CCPA Professional Champion Award was created to honour and promote the stellar work of in-

dividuals in Canada who have played exemplary roles in enhancing the lives of others through championing the role of counselling and psychotherapy in its many forms in improving the mental health and well-being of people. In 2014, the inaugural recipient for the CCPA Professional Champion Award was Honorable Justice Murray Sinclair (Chair, Truth and Reconciliation Commission of Canada).



Lieutenant-General (LGen) Roméo Dallaire receiving the CCPA Professional Champion Award from CCPA President Natasha Caverley.

Cognica's mandate is to "reflect the current status of counselling across Canada".

Cognica is published **4 times per year**.

The **submission deadlines** for articles and advertising are: December 1, March 1, June 1, and September 1.

Canadian Counselling and Psychotherapy Association
6-203 Colonnade Rd S,
Ottawa, ON, K2E 7K3
Tel: 613-237-1099
Toll free: 1-877-765-5565
Fax: 613-237-9786
Email: cognica@ccpa-accp.ca

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1 page	\$510	\$430 ea	6" x 9"
1/2 page	\$325	\$270 ea	3" x 9"
1/4 page	\$215	\$165 ea	3" x 4"
Business Card	\$85	\$55 ea	2" x 3"

Editorial Committee:
Maxine MacMillan, Sharon Cameron, Julie Ouellette, Isabelle Aubin, Tiffany Beks, Sandra Dixon, Nicole Maurice, Karina Albert.

Articles published in Cognica are **eligible for Continuing Education Credits**. Information on CECs can be found at <http://www.ccpa-accp.ca/continuing-education/>.

Except where specifically indicated, the opinions expressed in Cognica are strictly those of the authors and do not necessarily reflect the opinions of CCPA, its officers, directors or employees.

All submissions are welcome for consideration. Those accepted will be subject to editorial review prior to publication.

To be considered for the CCPA Professional Champion Award, nominees:

- must have a presence on the national or international stage;
- must publish, speak and advocate on behalf of the counselling and psychotherapy profession either directly or indirectly through social justice, humanitarian, or other related actions that advance the importance of mental health and wellness in populations;
- may have delivered an address at a CCPA or other highly visible counselling- or psychotherapy-related conference, humanitarian-focused conference, or social justice forum; and
- must have a stellar reputation over more than five years that shows consistent advocacy for the profession and for increased access for those who seek service.

As I reflected on the above criteria and associated characteristics for the CCPA Professional Champion Award, LGen Dallaire instantly came to mind. In my opinion, he is the true embodiment of social justice, humanitarianism, and advocacy "in action" with regard to the importance of mental health and wellness both in LGen Dallaire's national and international work. Through LGen Dallaire's leadership and related contributions on the military frontlines, with veterans, in community and in politics, he is inspirational for many mental health professionals such as counsellors and psychotherapists as to what it means to lend your voice and support to individuals who are in need of timely, accessible and equitable mental health services. Furthermore, I appreciate LGen Dallaire's bravery and honesty in sharing his own lived experiences as an individual who has struggled with post-traumatic stress disorder.

During my involvement on the CCPA Board of Directors from 2013 to present, I support CCPA's continued endeavours in advocating for the recognition of counsellors and psychotherapists being included in the continuum of mental health care, particularly for the important role that our profession can play in assisting military personnel, veterans and their families. LGen Dallaire's outspoken commentary on enhanced investments for mental health services for the military, veterans and their families have strengthened my personal resolve in ensuring that our Association continues our national advocacy and outreach.

Thank you/Merci/Meegwetch,

Natasha Caverley, PhD, CCC
CCPA President

CCPA AT WORK FOR YOU

New Website

Improving our technology

Legal Advice

New service

Advocacy

Meeting MPs

Press Releases

Raising awareness

Issues Papers

Demanding action



WHAT ELSE HAVE WE BEEN UP TO?

[READ MORE](#)



A Reflection on CCPA's Mandate

President-Elect's Message

Dear CCPA Members,

Fresh from our 2016 Montreal Conference, I am reminded again of the value and importance of being a member of our national professional body, the Canadian Counselling and Psychotherapy Association (CCPA). We recognize that our national bilingual voice, spoken through CCPA, benefits our shared work and commitment to the profession and our 5600 + strong membership in CCPA makes a real difference.

Similarly, our professional colleagues in attendance from the American Counseling Association, more than 56,000 members representing most, if not all of the United States, have that view. As with the ACA, CCPA is a national organization representing the counselling and psychotherapy profession. We too represent all our provinces and territories, but our landscape is different culturally, geographically, and with respect to regulation and licensing, as in the U.S. all states have licensing. Canada currently has three provinces (Ontario, Quebec and Nova Scotia) in which colleges issue licenses and permits, and with more provinces quickly moving towards regulation, belonging to our national association as a licensed counselling therapist or psychotherapist is equally important as in the US. Having a true national bilingual voice does make a difference, not only for current members, in our daily work, and for the profession of counselling

and psychotherapy, but also for who are and those who will become regulated.

Our website states that, "CCPA is a national bilingual professional organization, dedicated to serving the interests of Canadian counsellors and psychotherapists who work in many diverse fields of education, employment and career development, social work, business, industry, mental health, public service agencies, government and private practice."

Like many other professions in the country, counsellors and psychotherapists, need to have their profession nationally recognized. CCPA's primary goal is to support and advocate for our profession and provide services and other supports to members. We know CCPA is a unique national association and a self-regulating body, with nationally recognized certifications in the form of Canadian Certified Counsellor (CCC) and Canadian Certified Counsellor Supervisor (CCC-S) designations. As part of our mandate, we ensure that all clients of our members are provided recourse to concerns they cannot resolve with the counsellor or psychotherapist, unlike provincially regulated bodies, where the first responsibility is to protect the public. We know the benefits of becoming a member of CCPA, the most significant of which are: **certification and continuing education, standards of practice and a code of ethics, recognition and awards, comprehensive**

liability insurance at a low cost, access to publications, events, and special interest associations. Although our daily work is in provincial/territorial settings and regulation is provincially legislated, many decisions around funding, taxation, health promotion and services, at a national and provincial level, are typically made in Ottawa by the federal government. Our National Office, which advocates for the profession on that national level, is located strategically in Ottawa.

Check out our CCPA website, participate in continuing education, in committee work, in our regional or special interest chapters, in your provincial/territorial meetings and benefit CCPA's advocacy work. For counsellors and psychotherapists who may not become licensed because their position may not require it or their work may require

only the CCC designation, CCPA remains a "home" for counselling professionals who share the same needs for insurance, professional development, advocacy and recognition. For members who live and work in a province that is regulated, take advantage of being a member with a national voice.

As a member of CCPA, who is also a licensed counselling therapist in Nova Scotia, I can personally attest that maintaining membership in our national association, and membership in my provincially regulated body, has been very good for very different reasons. It would seem our American colleagues have made similar decisions.

Sincerely,
John Driscoll
President-Elect CCPA

**6-day Intensive Practical Training in
Judy Weiser's PhotoTherapy Techniques
for Therapists, Counselors and related Mental Health Professionals**



Sunday evening, June 12, 2016 (7 pm to 10 pm) - and -
Monday - Saturday, June 13 to 18, 2016 (9 am to 6 pm)
Vancouver, Canada

This 6-day Certificate Training Workshop, taught by Canadian Psychologist and Art Therapist Judy Weiser (considered the world authority on "PhotoTherapy Techniques") is an intensive training experience for advanced-level counseling/therapy professionals to learn how to use clients' personal snapshots and family photographs (and interactions with these) to deepen and improve their therapy sessions.

Experience for yourself how the emotional information that "lives inside" personal and family photographs is much more therapeutically important than the visual details appearing on their surface — and how this knowledge can be used to help your clients in powerful yet safe ways that words (or inner self-reflection) alone simply cannot do.

Be trained in the skills that help your clients benefit from exploring the emotional contents of photographs that they respond to, take, appear in, pose for, remember, imagine, or choose to keep (or not!).

Training includes illustrated presentations (including case-examples), demonstration role-plays, and numerous experiential practice sessions with your own (and other people's) photos, exploring — under Weiser's direct guidance — how photos create meaning, evoke feelings, reveal thoughts, hold secrets, trigger memories, serve as personal and family narratives, represent underlying family systems dynamics, project inner values, and reflect judgments and expectations, while telling their own stories their way.

Learn how to effectively and successfully incorporate both active and reflective photo-based intervention techniques into your own therapeutic practice.

IMPORTANT: Workshop is for the purpose of professional training, not personal therapy!
Prior experience with cameras or photographic art is not required
NBCC (USA) CEC Credits already approved; CPA's & others (Canada) are pending

 MORE INFORMATION: jweiser@phototherapy-centre.com
More about PhotoTherapy techniques: www.phototherapy-centre.com



CCPA 2017 Annual Conference

May 16 - 19, 2017

Keynote Speakers

The Neuroplasticity of Art Therapy in the Autism Spectrum - **Christina Dove**



Career Development and Mental Health - **Dave Redekopp**



Psychotherapy and Counselling: Implications for Virtual Reality and Videoconference - **Stéphane Bouchard**



Mindfulness, Mindsight and the Integrated Brain: What is the Mind and Mental Health? - **Dan Siegel**



Sheraton Hotel
St. John's, Newfoundland and Labrador

www.ccpa-accp.ca



CCPA 2016 RESEARCH CONFERENCE

HELD IN PARTNERSHIP WITH ST. STEPHEN'S COLLEGE
OCTOBER 14-15, 2016
ST. ALBERT, ALBERTA

Featuring an evening with Clara Hughes & post-conference workshops with Dawn McBride and Markus Alexander

SUBMIT YOUR PROPOSAL TODAY!

[HTTPS://WWW.CCPA-ACCP.CA/2016-RESEARCH-CONFERENCE/](https://www.ccpa-accp.ca/2016-research-conference/)



CANADIAN COUNSELLING AND
PSYCHOTHERAPY ASSOCIATION
L'ASSOCIATION CANADIENNE DE
COUNSELING ET DE PSYCHOTHÉRAPIE



St. Stephen's
College

CCPA 2016 Conference Award Winners

Recognizing the professional contributions of Canadians in the field of counselling/psychotherapy

CCPA Honorary Membership Award

This special award is given out to members who have made a considerable contribution to the aims and objectives of CCPA.

Dr. Sharon E. Robertson is a professor of counselling psychology at the University of Calgary where she has served as a department head and as director/coordinator of the Counselling Psychology program. She is a registered psychologist in Alberta. Her areas of research include psychosocial transitions, stress, coping, and social support; loss, grief, and bereavement; counselling women; counsellor education and supervision; and program development and evaluation. Dr. Robertson served on the CCPA Board of Directors as the Alberta Regional Director, President-Elect, President, and Past President. She has also served CCPA in other ways including as Co-chair of the CCPA 2012 conference and as a member of the Awards Committee, the Certification Committee, and the Executive Committee of the Counsellor Educators' chapter. She is co-author of the CCPA Accreditation Standards for Counsellor Education Programs in Canada and was involved in the development of the Council for Accreditation of Counsellor Education Programs (CACEP), of which she is the Co-chair. Dr. Robertson has also served as Vice-President and Treasurer of the International Association for Counselling.



CCPA Counsellor Leadership Award

This award honours excellence in provincial or national leadership by a CCPA member that encourages advancement of the profession. This year's recipient is Beth Robinson.

Beth Robinson is an associate professor in Acadia University's MEd in Counselling program in Wolfville, Nova Scotia. She joined CCPA in 1998 while working as a school counsellor, became a member of the CCPA Ethics Committee in 2007, and was the Nova Scotia director for CCPA from 2011-2015. Beth enjoys the opportunity to connect and collaborate with other CCPA members on committee work, webinars, workshops, conference presentations, research, and writing. In particular, she has valued her involvement in CCPA initiatives in the areas of counselling ethics and clinical supervision.



CCPA's Lorne Flavelle Award for Outstanding Volunteer Service

The Lorne Flavelle award is given to a long-serving member in recognition of outstanding volunteer service to CCPA.

José F. Domene, PhD (University of British Columbia), LPsych (New Brunswick), is the Canada Research Chair in School to Work Transition at the University of New Brunswick (UNB) in Fredericton, New Brunswick, Canada. He is also a professor in the Faculty of Education at UNB, where he teaches in the counsellor education program. Dr. Domene maintains an active program of research exploring (a) relational contexts of career development, (b) emerging



adults' transition into the workforce, and (c) professional issues in counselling and counselling psychology in Canada. He has published over 50 journal articles and book chapters on these topics. Dr. Domene also serves as a licensed psychologist at UNB Counselling Services, on a part-time basis. There, he provides counselling to university students presenting with a wide range of complex academic, career, and mental health problems. He also co-ordinates the Pre-Doctoral Internship in Counselling Psychology at UNB Counselling Services.

CCPA Career Counsellors Chapter Award

Dr. R. Vance Peavy

This award supports a CCPA member with his/her attendance at the CCPA annual conference or the CANNEXUS Conference. Lindsey Thomson is this year's recipient.

Lindsey Thomson is a second year student in the Masters of Education program in Educational Counselling at the University of Ottawa, with a focus on theoretical knowledge and practical skills in both personal counselling and career development. Lindsey is the CCPA Francophone student representative for the University

of Ottawa. She works for the Graduate Student Association of the University of Ottawa as the external commissioner and is responsible for student advocacy, including international students, on campus.



CCPA Indigenous Practice Award

The CCPA Indigenous Practice Award honours excellence in advancing culturally congruent counselling and psychotherapy services for Indigenous People in Canada. This year's recipients are Bill Thomas and Andrea Currie.

Andrea Currie grew up in Winnipeg, Manitoba and is a member of the Métis Nation. She is the mother of one daughter, Rowan, and drums with We'koqma'qewiskwa, a women's hand-drumming group from We'koqma'q First Nation in Unama'ki (Cape Breton, Nova Scotia), where she has worked as the community-based therapist for the past 11 years. In addition to her clinical work, she offers a range of wellness programs, and closely works with the We'koqma'q residential school survivors. She believes that understanding the impact of colonial trauma on Indigenous communities as well as the community strengths that enabled us to survive is essential to the provision of culturally safe services. She provides cultural safety training for mental health practitioners in Indigenous communities and in mainstream mental health, and has taught a course on Indigenous mental health in the MEd in Counselling program at Acadia University. She is challenged by the depth and breadth of the need for healing in our indigenous communities and inspired by the depth and breadth of our communities' resilience and strengths.



(William) Bill Thomas was born in Winnipeg, Manitoba and is a Peguis First Nation member. He began his healing process over 25 years ago. He is the president and owner of Thomas Training and Therapy Services and specializes in the treatment of post-traumatic stress disorder and Aboriginal trauma related issues. Bill is an experienced international trainer, facilitator, psychotherapist/counsellor, and traditional group therapist. He has worked closely with Elders and Healers for many years and also has extensive therapeutic experience with long-term flood evacuees, suicide, grief, post-trauma, sexually and physically abused clients. Bill provides community consultation to many Manitoba First Nation communities and organizations. He guest lectures internationally about Aboriginal trauma issues; the Indian residential school syndrome and culturally appropriate therapies in China, Australia, Brazil and Egypt.

CCPA Master's Thesis Award

This award is to recognize the work of CCPA master's level students. This year's recipient is **Meaghan Fullerton**. Meaghan Fullerton graduated from Acadia University with her master's in counselling. She has since worked as a counselling therapist in two Mi'kmaq communities. She currently resides in Halifax, Nova Scotia in Mi'kma'ki.



CCPA Private Practitioners Chapter Award Private Practitioner Award for Excellence

To recognize a member for his/her commitment to excellence and high professional integrity in his/her work and, in so doing, promoting the vital role that private practitioners play.

Anne Dobson's area of private practice encompasses children, couples and families. She is presently the clinical director for Homewood Health. She has supported clinicians across Atlantic Canada and in her journey with Acadia University she has assisted graduate students in their practicum placements. Anne is a member of the board of directors for the NS College of Counselling Therapists (NSCCT). More importantly, Anne is a single parent of three wonderful sons. She is a woman of wisdom, warmth, and humility. She truly makes a difference!



CCPA Research or Professional Article Award

The CCPA Research or Professional Article Award recognizes research or publications of CCPA members. This year's recipient is Candace Brown for her article published in the Canadian Journal of Counselling and Psychotherapy entitled *Fostering Multicultural and Social Justice Competence Through Counsellor Education Pedagogy*. This article was a collaborative effort between Dr. Sandra Collins, Dr. Nancy Arthur and Candace.

Candace Brown received her master's degree in counselling psychology from the Graduate Centre for Applied Psychology at Athabasca University, Athabasca, Alberta, Canada, under the supervision of Dr. Sandra Collins. Candace's thesis entitled, *A Critical Look at Multicultural and Social Justice Counsellor Education with Best Practice Approaches*, generated numerous journal publications, as well as representation at national and international conferences.

Her writing and research are also informed by her teaching certificate from Simon Fraser University. Candace is currently working as a provisional psychologist in a clinical practice setting. Her professional areas of interest include multicultural and social justice counselling, client advocacy, and play therapy. Candace integrates traditional healing in psychological treatment by consulting and collaborating with traditional healers, and helping her clients connect with these healers when appropriate. Candace also works with colleagues to find ways to promote equal access to mental health services for clients. A portion of her practice includes pro bono services for victims of domestic violence and youth in the criminal justice system. She is also a certified restorative justice facilitator.

CCPA School Counsellors Chapter Award School Counselling Award

The school counselling award recognizes the work of exceptional School Counsellors and acknowledges their personal and professional commitment to the profession. This year's recipient is Dr. David Paterson.

Dr. David Paterson currently serves as Associate Dean and Director of the Centre for English Language Learning, Teaching, and Research (CELLTR) at Simon Fraser University. He has been a school teacher, counsellor, and counsellor educator. His leadership activities in counselling include service as President and Honorary Life Member of the Canadian Counselling and Psychotherapy Association (CCPA), Interim President of the BC Association of Clinical Counsellors (BCACC), and Vice-President of the International Association of Counsellors (IAC). Currently, he is instructing in the SFU Counselling Psychology program. As Associate Dean, Dr. Paterson is actively involved with strategic enrollment management, faculty governance and program development. He has been a continuing presence on the Faculty of Education Executive Committee as well as University Senate. In the summer of 2014, he was given the opportunity to implement ambitious plans to develop the Centre for English Language Learning, Teaching and Research.

CCPA Student Conference Travel Grants

This award supports CCPA members in their attendance of the CCPA annual conference. This year's Student Travel Award recipients are **Barbara Pickering, Lisa Cavey, Veronica Hounsell, and Zarina Giannone.**



CCPA Conference Travel Grants

The Travel Award recipients are **Diane Pisch, Jamie Warren, Jane Munn, Janis Campbell, Robinder Bedi, and Sherry Law.**



CCPA-Marsh Student Bursary Award

Marsh, the CCPA professional liability insurance broker of choice, provides two \$500 awards to support graduate students research in counselling. The recipients of this award are Tiffany Beks and Jordi Sutton.

Tiffany Beks is completing her masters of science in counselling psychology at the University of Calgary in Alberta, Canada. Previously, Tiffany conducted research in the area of counselling outcomes, eating disorders, divorce and separation, depression, and family violence at Calgary Counselling Centre. Since beginning her graduate studies, Tiffany shifted her research focus to military family mental health and well-being. Currently, Tiffany is investigating the experiences and challenges of military families affected by combat-related trauma, with a specific focus on understanding the challenges faced by caregiving spouses in accessing mental health services and supports.

Jordi Sutton is in the process of completing her MA in marriage and family counselling at Briercrest Seminary in Saskatchewan. Following graduation, she plans to work in private practice – she is especially interested in the treatment of chronic disordered eating. Her preferred therapeutic models include narrative therapy and emotion focused therapy, but she likes to incorporate mindfulness techniques, motivational interviewing, and feminist theory into her practice. Jordi also has an MA in creative writing from the University of Exeter in England – she is finding that her love of literature and art coalesce perfectly with her interest in the human condition and the power of relationship. Jordi is married, with a two-year-old son who is constantly reminding her of what it means to live exuberantly.

Notebook on Ethics, Standards, and Legal Issues for Counsellors and Psychotherapists

A School Counsellor's Notes and the Wigmore Criteria (A Court Case)

By Dr. Glenn Sheppard

In the Notebook in the last edition of **Cognica I** addressed the issue of confidentiality and the Wigmore Criteria. So, in this one, I thought it would be informative to follow-up with an examination of a case in which the judge systematically applied the Wigmore Criteria when determining his response to an applicant seeking access to school counselling notes and for an opportunity to question the guidance counsellor who created them. Also, because as this justice observed, "there is very little jurisprudence on applications for disclosure of guidance counsellor records", and because this appears to remain the case.

This child protection case was heard before Mr. Justice A.D. Sheffield of the Ontario Superior Court of Justice (*Children's Aid Society of Ottawa v. N.S.* 2005, ONSC). A mother wanted the court to order the Ottawa Carlton School Board to produce her 15 year old daughter's complete school record; including all test results, any psychological assessments, records of all school meetings concerning her daughter, and school counselling notes. She also sought an order to allow for the questioning of her daughter's guidance counsellor.

Based on his review, Justice Sheffield de-

ecided that the school counselling record did not constitute privileged communication under the apparent privilege of pupil records as referenced in the Ontario Education Act. He then proceeded to evaluate each of the following four Wigmore Criteria to determine how to address the request before him:

1. Did the communication originate in a confidence that it would not be disclosed?

In answering "yes" to this first criterion question, he quoted from another court case which was heard before Judge LeBlanc in the Provincial Court of Newfoundland (*R. v G.M.*, 1992) in which a School Board was objecting to the Crown's request for access to a high school student's school counselling record. He accepted Judge LeBlanc's view expressed as follows:

In my view, the first three criteria have been established in relation to the documents in each of these two files. I find that such communications and testing were made on an understanding of confidentiality. That such confidentiality exists appears to be important in the opinion of Mrs. Maggs to maintain the relationship between the student and the counsellor...

2. Is the element of confidentiality essential to the full and satisfactory maintenance of the relationship between student and counsellor?

His answer to this question was "I agree with both the School Board and Judge LeBlanc that an assurance of confidentiality is necessary to the student-counsellor relationship," the School Board position that if students could not rely on confidentiality in their meetings with their guidance counsellor it would "...effectively destroy the utility of the guidance counsellor' and, as the Judge LeBlanc added, given the centrality of the element of confidentiality in helping students overcome their fears and worries in disclosing problems in their life, whether at school or at home".

3. Is the relationship between student and counsellor one that in the opinion of the community ought to be sedulously fostered?

His answer to this question was also in the affirmation. In doing so, he observed that the role of the guidance counsellor is well established in the modern day school system and accepted both the School Boards position and Judge LeBlanc's view that the community would want it to be "sedulously fostered".

4. Is the injury that would inure to the student-counsellor relationship by the disclosure of the communication greater than the benefit thereby gained for the correct

disposal of litigation?

This last question is usually the most challenging question for a judge to answer. Justice Sheffield did observe that it is the applicant's responsibility to make the case as to why a confidential communication such as those recorded in school counselling notes should be disclosed in a particular court case. In arriving at his judgement in this case, he reminded the Court that he had to consider the following question:

The most significant part of the test to consider in this case is the fourth criterion. Would the injury caused by disclosure of the communications between a school counsellor or therapist and a student be greater than the benefit gained by consideration of such documentation at this hearing.

After carefully considering all the arguments and evidence in this case, he decided to deny disclosure of the guidance counsellor's records.

He expressed this decision as follows:

In my opinion, based on the circumstances of this case, the student/child's "best interests" would not be well-served by disclosure of the guidance counsellor's records.

It is reasonable to conclude that by ordering disclosure of a counsellor's records, a child's confidence in the guidance counsellor's ability to keep all communications confidential as much as possible would be undermined, with the practical effect that the child would no longer feel comfortable disclosing anything of importance to the counsellor. This result is not in the child's best interests, because clearly the child in this case felt comfortable confiding in the guidance counsellor, but did not feel comfortable speaking with her mother. Also, as evidenced by the child's own wishes and desires, disclosure of the counsellor's notes would have a significant negative impact on the child's already troubled relationship with her mother.

Disclosure might therefore have a very serious detrimental effect on the child's best interests, sufficient to override any potential benefit gained by the parent in terms of preparing and mounting an effective defence for the child protection hearing.

With respect to the application to question the guidance counsellor regarding the counselling notes, he concluded that since the counsellor's notes were not available for disclosure, then it would be "inconsistent and improper to allow questioning of the counsellor about the content of those notes and communications".

It is likely that in most court challenges, school counselling notes would meet the first 3 Wigmore Criteria. The most challenging judgement will continue to be with respect to criteria number 4 and will no doubt depend on the nature of the issues before the court. Judge Sheffield reminds us of this when he wrote:

I note that the result may be different if the communications sought to be protected were part of an attempt to lay criminal charges or find criminal liability, which is not the case here. Disclosure of communications made to a counsellor in a criminal law context may involve different analytical considerations, and may yield a different result.

Note: This case also demonstrates the function of case law in which each court decision contributes to a body of jurisprudence about a particular issue, which is then referenced to inform subsequent cases on the same or similar issues.

1. This court case can be found at www.canlii.org
2. Readers are referred to the section entitled "[Children and Confidentiality](#)" p. 12-13 in our [CCPA Standards of Practice](#).

Canadian Certified Counsellors:

Congratulations to the following CCPA members have been recently certified:

Alberta

Collins, Derek
Doane, Mikylah
Findlay, Blaine
Grier, Angela
Lazzaretto-Green, Danille
O'Toole, Katherine
Schleinich, Mary Anne
Wolf, Natalie
zieniewicz, catherine

British Columbia

Abarghouei, Vida
Beaumont, Jane
Born, Doris
Cavey, Lisa
Cornish, Anika
de Jong, Kristie
Delmaire, Marie
Doody, Carolyn
Ferris, Melissa
Finlay, Kristy
French, Helen
Gardiner, Michele L.
Gordon, Alistair
Jakos, Sonya
Lacroix, Sandra
Lee, Jennifer
Miller, Irene
Robbins, Christina
Schmalz, Michael
sharun, jeffrey
Webb, Ian
Williams, Xavier M.

Newfoundland & Labrador

Amirkhanian, Sevan
Brown, Jordan

Nova Scotia

Brown, Jennica
Chambers, Cathrine
Clarke, Eleanor
Crowley, Sheila
Gloade, Katharine
LeBlanc, Cheryl
Ogilvie, Arlene
Ritcey, Lisa

Quebec

Cluff, Kim

Saskatchewan

Dyste, Bonnie

Prince Edward Island

Ellis, Douglas
Lea-Desai, Heather

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Brush, Lori
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Hill, Gregory
Karimi, Yasamin
Kirkley, Maeghan
Kirsh, Leslie
Lukas, Andrew
Lynch, Alexandria
McCaffrey, Rebecca
Minor, Natasha
Murison, Molly
Plane, Robyn
Walpert, Rachel
Wesch, Natascha
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Allen, Sean
Kozey, Jordan

Manitoba

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Robinson, Jennifer
Walters, Karyn

New Brunswick

Chaddock, Cynthia
Crawford, John
Hamilton, Karyn

Nunavut

Brooker, Anya

International

Almufti, Salma
Du, Jingjing

Canadian Certified Counsellors-Supervisors:

The following CCPA members hold the CCC-S designation:

British Columbia

Janice Edenstiner
Candice Henriques
Eila Norris
Chris Shelley
Micheala Slipp
Nancy Taylor
Lindiwe Setiloane
Chris Goble
Gloria McArter
Sarah Milner
Kar-Yue (Ben) Ho

Alberta

Geneviève Roy
Michael Donaldson

Saskatchewan

Tony Schnare
José Pruden
Kimberly Young

Manitoba

Kate McGinn
Lori Rudniski
Bill Thomas
Kim Barber

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Kylee Goldman
Rhonda Fields
Reina McSheffrey
Jessica Morgan
Snjezana Linkes
Margaret Myers
Diana Lefebvre
Peter Hall
Rosemary Whitlock
Erin Kuri
Heidi Mack

Nova Scotia

Robert Allan
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CCPA National Office

6-203 Colonnade Rd. S.,
Ottawa, Ontario, K2E 7K3
Tel: (613) 237-1099
Toll Free: 1-877-765-5565
Fax: (613) 237-9786
E-mail: info@ccpa-accp.ca
Website: www.ccpa-accp.ca

CCPA Board Directors 2015–2017

Executive Committee

President: Natasha Caverley
(president@ccpa-accp.ca)
President-Elect: John Driscoll
(johnadriscoll@yahoo.ca)
Past-President: Blythe Shepard
(pastpresident@ccpa-accp.ca)
Treasurer: Michel Turcotte
(turcotte.michel@gmail.com)
Secretary: Staff
Executive Director: Barbara MacCallum
(bmacallum@ccpa-accp.ca)

Provincial Directors

Newfoundland/Labrador:
Tracy Duffy (tduffy20@gmail.com)
Prince Edward Island:
Marion Clorey (mgclorey@gmail.com)
New Brunswick Anglophone:
Jen Rowett (connect@jenrowett.com)
New Brunswick Francophone:
Vacant
Nova Scotia:
Andrea Currie (andrea.currie@waycobah.ca)
Quebec Anglophone:
Kiraz Johannson (kiraz@videotron.ca)
Quebec Francophone:
Michel Turcotte (turcotte.michel@gmail.com)
Ontario Anglophone:
Nicholas Renaud (nicholasrenaud@fastmail.com)
Ontario Francophone:
Vicki-Anne Rodrigue
(ccpa.accp.ontfrenchdirector@gmail.com)
Manitoba/Nunavut:
Joyce Milligan (joycecmilligan@gmail.com)
Saskatchewan:
Kimberly Young (kimberly@cfsregina.ca)
Alberta/Northwest Territories:
Kathy Offet-Gartner (koffetgartner@mtroyal.ca)
British Columbia/Yukon:
Ricardo Pickering (rtpickering@sympatico.ca)
Indigenous Director
Bill Thomas (wtts@shaw.ca)

Standing Committees 2015–2017

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Quality Assurance Committee – Joyce Milligan (Chair)
Appeals Committee – Blythe Shepard (Chair)
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Cristelle Audet (Chair)
Ethics Committee – Complaints Division
Margaret Elizabeth Myers (Chair)
Certification Committee – Jeff Landine (Chair)
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Dr. Sharon Robertson (Co-Chair)
Global Partnerships Committee - Kiraz Johannsen
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Chapter Presidents

National Capital Region:
Michael Machan (mtfm@rogers.com)
British Columbia:
Paul Yeung (pauy@sfu.ca)
Career Counsellors:
Jessica Isenor (cdchapter@ccpa-accp.ca)
Counsellor Educator:
Jeff Landine (jlandine@unb.ca)
Creative Arts in Counselling:
Shea Wood (shea.wood37@gmail.com)
Private Practitioners:
Corrine Hendricken-Eldershaw (corrine@alzpei.ca)
School Counsellors:
Ariel Haubrich (knowledge-power@telus.net)
Indigenous Circle:
Jamie Warren (jwarrencounselling@gmail.com)
Pastoral and Spiritual Care in Counselling:
Cathy Underhill
(Cathy.underhill@borealiscounting.com)
Social Justice:
Ralph Higgins (ralfdhiggins@yahoo.com)
Alberta & NWT:
Kathy Offet-Gartner (president@abnwtchapter.ca)
Nova Scotia :
Eric Ross (eric.leslie.ross@gmail.com)
Animal Assisted Therapy in Counselling
Sharon Cameron (cameronsharon842@gmail.com)
Manitoba Chapter
Barbara Woods (dr.barbara@live.ca)
Technology in Counselling
Dan Mitchell (dmitchell@therapyonline.ca)

CCPA Staff

Chief Executive Officer:
Barbara MacCallum (bmacallum@ccpa-accp.ca)
Membership:
Mandy Ricard (membership@ccpa-accp.ca)
Certification:
Erika Tilson (certification@ccpa-accp.ca)
Registrar: Monika Green (registrar@ccpa-accp.ca)
CEC Registrar:
Marisabelle Terriault-Elibani (cecep@ccpa-accp.ca)
CJCP Editor: Kevin Alderson (cjc.rcc@ucalgary.ca)
Chief Operating Officer:
Nicole Maurice (nicole@ccpa-accp.ca)
Member Services Coordinator:
Karina Albert (memberservices@ccpa-accp.ca)
Receptionist/ CEC Administrator:
Judy Murphy (reception@ccpa-accp.ca)
Accounting Administrator:
Sadaf Mahmood (accounting@ccpa-accp.ca)
National Director - Stakeholder Relations
Kim Hollihan (khollihan@ccpa-accp.ca)