



## **'Decent Work, Healthy Lives': Canada Career Week Launches Nationwide**

OTTAWA (November 2, 2015) Canada Career Week launches today nationwide and the Canadian Counselling and Psychotherapy Association (CCPA) is proudly celebrating this special week which serves to remind Canadians of the importance of career development and seeking advice from career development practitioners.

The Canadian Council for Career Development (CCCD) presents the 2015 theme for [Canada Career Week](#) as “**Decent Work, Healthy Lives.**” From November 2-6, 2015, visit their [Facebook](#) page as they promote the link between decent work and personal health – as individuals, communities and as a nation. Canada Career Week events will also be posted via [Facebook](#) and Twitter (#CCWSCC2015).

“CCPA is proud to support Canada Career Week and this year’s theme which promotes wellbeing in the workplace,” said CCPA President Natasha Caverley. “As part of the celebration, CCPA’s [Career Counsellors Chapter](#) will be running their annual Canada Career Week blog series on this year's theme. Each day, a new article will be published by one of our Canadian Certified Counsellor members.”

CCPA’s Career Counsellors Chapter is dedicated to people working in counselling-related roles in the field of career development—supporting those who are in search of resources to aid in their career choices. Career counselling refers to an individual or group process which emphasizes self-awareness and understanding, and facilitates people to develop a satisfying and meaningful work/life direction.

The Ordre des conseillers et conseillères d’orientation du Québec (OCCOQ) joins other provincial/territorial and national groups celebrating Canada Career Week. During the Semaine québécoise de l’orientation, career counsellors are offering free public sessions in many regions of the province entitled *Déjouer ses obstacles, s’engager dans l’action!* For further information, please visit <http://orientation.qc.ca/communications/semaine-quebecoise-de-lorientation>.

CCPA remains dedicated to the enhancement of the counselling and psychotherapy profession in Canada. Professionals whose work is focused in the field of employment and career development play an important role in the success and wellbeing of Canadians. We hope that during this special week, members of the public will join us in the celebrations by proudly showcasing their workplace successes, connecting with and inspiring others, and promoting career development across the country.

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*The Canadian Counselling and Psychotherapy Association (CCPA) is a national bilingual association providing professional counsellors and psychotherapists with access to exclusive educational programs, certification, professional development and direct contact with professional peers and specialty groups. CCPA promotes the profession and its contribution to the mental health and well-being of all Canadians. For more information on the counselling and psychotherapy profession, please visit [www.ccpa-accp.ca](http://www.ccpa-accp.ca) or [www.talkingcanhelp.ca](http://www.talkingcanhelp.ca).*

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