



CANADIAN COUNSELLING AND  
PSYCHOTHERAPY ASSOCIATION

L'ASSOCIATION CANADIENNE DE  
COUNSELING ET DE PSYCHOTHÉRAPIE

## The Canadian Counselling and Psychotherapy Association At Work for You!

**Have you ever wondered what type of work we do behind the scenes in order to offer the most to our membership and ensure things run smoothly for our members?**

**From advocating with MPs to designing a brand new website, we have been busy in the last year!**

**[Read on to find out more!](#)**

In addition to [CCPA's regular activities](#), here are some of the special initiatives that CCPA has undertaken in the past year for its members:

- Launched a [new website](#) and [member portal](#) in order to improve our technology, our online presence and ease of access to information.
- Advanced advocacy efforts through [regular lobbying](#) addressing issues such as the mental health needs of Indigenous peoples, military, veterans and their veteran families.
- Issued [press releases](#) recognizing and supporting a variety of national and international special days and weeks which often resulted in media interviews.
- Advocated for counsellors and psychotherapists on provincial and national levels regarding issues such as third-party insurance coverage and HST.
- Worked with national partners in advancing mental health and wellness including :
  - [Health Action Lobby \(HEAL\)](#)
  - [Canadian Alliance on Mental Illness and Mental Health \(CAMIMH\)](#)
  - [Canadian Council for Career Development \(CCCD\)](#)
- Revamped [COGNICA](#), our quarterly newsletter, to make it more appealing and enjoyable to read. We now offer an interactive, PDF as well as printable version of this newsletter.
- Delivered clinical supervision workshop at the introductory and intermediate levels.
- Continued to annually sponsor a graduate level course in clinical supervision.
- Collaborated with provincial associations in the field of counselling and psychotherapy and like-minded organizations to work toward regulation of the profession.
- Launched a new special-interest [Chapter on technology](#).
- Published and disseminated to provincial and federal decision-makers an Issues Paper on the urgent need for counselling services.
- Updated our [Standards of Practice](#) to reflect advances in the field such as online counselling.
- Published a new [Ethics Casebook](#).
- Launched a new legal advice service to offer certified members 24/7 access to experts in the field.
- Offered a broad range of [webinars](#) on counselling and psychotherapy topics.
- Increased the number of [CECs](#) accepted for a graduate-level course to 36.
- Created new [Awards](#) to recognize the significant contributions of our members.