

**CCA Board Meeting
December 6, 2007
12:00-12:45 p.m. (Ottawa time)
Teleconference**

Present: Maria De Cicco (Chair), David Paterson, Ron Lehr, Lynda Younghusband, Michel Turcotte, Maxine MacMillan, Connie Gerwing, Mona Chevalier, Linda Wheeldon, Janice Tester, Kris Magnusson, Blythe Shepard, Barbara MacCallum (Secretary).

Regrets: Hope Wojcik, Réal LeClerc, Lorna Martin, June Sanderson

Welcome

- Maria De Cicco welcomed board members and thanked everyone for taking the time to be on the call.
- Maria noted that the primary purpose of this call was to determine if CCA would be changing its name.

Agenda

1. Approval of Agenda
2. Acceptance of Minutes
3. Conflict of Interest
4. Name Change
5. Adjournment

1. Approval of the Agenda

Motion: To approve the agenda.

**Moved by Linda Wheeldon. Seconded by Lynda Younghusband.
CARRIED**

2. Acceptance of minutes

The acceptance of the minutes for November 3-4, 2007 was deferred as the French minutes were not yet available from the translator.

3. Conflict of Interest

- all attendees confirmed that they did not have a conflict of interest with regard to any of the agenda items.

4. Name Change

- it was noted that it would be helpful when directors spoke to the motion if they would introduce their comments with “I would like to speak in favour of the motion..... “ or “I would like to speak against the motion...”.
- this will help the discussion proceed smoothly.
- Maria noted that background documents had been circulated prior to the meeting so that all directors would have the complete history of this discussion item.

- an extensive discussion was held.
- there was full support for the motion.
- the following points were raised:
 - the name change is a move towards being inclusive not exclusive.
 - this is a direction that will be positive for our membership.
 - there have been some concerns expressed by the school counsellors however, it was noted that the name is “Counselling and Psychotherapy” and there is no intent to exclude anyone.
 - many counsellors already consider themselves as Psychotherapists.
 - there may have to be consideration of extending our certification processes to include a new process for Psychotherapists.
 - members may have to qualify as counsellors and then meet additional requirements for Psychotherapy certification.
 - it will be important that the communication to our members about this proposed change ensure that we emphasize that this is inclusive rather than exclusive.
 - Blythe was going to check into an issue related to whether Psychotherapy was a reserved term in B.C.
 - this name change was a positive change because of the change in the laws in Ontario and Quebec.
 - it will be important to pay particular attention to our students to ensure that this change is not confusing for them.
 - it was believed that this name change will be welcomed by many members as this is what they feel is their professional identity.
 - in Britain, when the name of the association was changed, other Psychotherapy associations joined the national British Association.
 - this was seen as a positive step forward.
 - this is an historic moment in CCA history and it is believed that this change will activate our members in a positive way.
- possible communication vehicles related to the name change were discussed.
 - Maria’s article in the January 2008 Cognica will focus on the name change.
 - there will be an email broadcast.
 - there will be a notice on the CCA website along with a link to a page which will have the background document and a copy of Maria’s article.
 - Michel noted that there were some changes to be made to the background paper.
 - Michel will send these to Barb and she will incorporate the changes.
 - members will be invited to send feedback to CCA regarding the name change.
 - the April 2008 issue of Cognica will have the agenda for the AGM and will include the suggested motion.
 - the website and email will occur early in the new year.
 - this will provide the opportunity to have the materials translated.

Motion: That the Board of Directors of the Canadian Counselling Association recommends to the Annual General Meeting in May 2008, that the name of the Association be changed to “The Canadian Counselling and Psychotherapy Association”.

Proposition : Que les membres du conseil d’administration de l’association canadienne de counseling proposent lors de la réunion de l’assemblée générale en mai 2008, que le nom de l’association soit changé pour l’association canadienne de counseling et de psychothérapie.

**Moved by Ron Lehr. Seconded by Linda Wheeldon
CARRIED**

5. Adjournment

The meeting adjourned at 12:45 p.m. (Ottawa time).

Motion: To adjourn the meeting.

**Moved by Kris Magnusson.
CARRIED**

President

Date

SUMMARY OF TASKS

Item	Agenda Reference	Item	Date	Responsibility
1.	4	Send changes to background paper to Barb MacCallum	Dec 6, 2007	Michel Turcotte
2.	4	Prepare communication material for membership regarding the name change	Jan 2008	Barb MacCallum

SUMMARY OF MOTIONS

Motion: To approve the agenda.

**Moved by Linda Wheeldon. Seconded by Lynda Younghusband.
CARRIED**

Motion: That the Board of Directors of the Canadian Counselling Association recommends to the Annual General Meeting in May 2008, that the name of the Association be changed to “The Canadian Counselling and Psychotherapy Association”.

Proposition : Que les membres du conseil d’administration de l’association canadienne de counseling proposent lors de la réunion de l’assemblée générale en mai 2008, que le nom de l’association soit changé pour l’association canadienne de counseling et de psychothérapie.

**Moved by Ron Lehr. Seconded by Linda Wheeldon
CARRIED**