



CANADIAN COUNSELLING AND
PSYCHOTHERAPY ASSOCIATION
L'ASSOCIATION CANADIENNE DE
COUNSELING ET DE PSYCHOTHÉRAPIE

COGNICA

The Canadian Counselling and Psychotherapy Association

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CCPA AWARD RECIPIENTS 2012

At the CCPA Awards Banquet held during the 2012 CCPA Annual Conference in Calgary, AB, Lorna Martin, President of CCPA, took the opportunity to acknowledge all of the unsung heroes and persons worthy of recognition in our profession. She commended all members far and wide who daily make a positive difference in the lives of people and the advancement of our profession. The awards ceremony recognises and honours some outstanding individuals in the counselling and psychotherapy profession. From students emerging into our profession to those who have been practitioners, supervisors, and mentors, CCPA offers its appreciation for their work in growing a strong foundation of caring and action.

A number of awards were presented to recognize the professional contributions of Canadians in the field of counselling, including the Dr. Lynda Younghusband Counselling Award, the Dr. Vance Peavy Travel Bursary, the Doctoral Student Dissemination Award, the CCPA Professional Contribution Award and many more.

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Counselling/Psychotherapy Supervision – Level 1

- What:** The first cohort of a Master's level credit course in supervision
Where: online – hosted by the University of Ottawa; sponsored by CCPA
When: September 2012 – May 2013
Cost: U of O Regular Student tuition fees (<http://www.registrar.uottawa.ca/Default.aspx?tabid=4210#educationCounselling>)
Limits: The course is capped at 25 persons

Who may apply for the first cohort?

- Canadian Certified Counsellor (CCC) in good standing with CCPA
- Hold a minimum of five years of clinical experience as a practicing counsellor/psychotherapist or equivalent relevant experience
- Currently engaged in a supervisory role (Such as: experience supervising counsellors and/or counsellors- in-training over a period of years or working as a counsellor educator supervising practicum students)
- No active ethical complaints under investigation
- Possess professional liability insurance

How do I apply?

To apply for the Counselling/Psychotherapy Supervision – Level 1 course, follow the instructions for course registration at the University of Ottawa: <http://www.etudesup.uottawa.ca/Portals/29/forms/inscription.pdf>

Deadline for Application: July 30, 2012, return application forms by email to educprog@uottawa.ca or by fax to 613-562-5963.

For more information: Contact the Academic Secretariat at 613-562-5804 or educprog@uottawa.ca.

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Publications Guidelines

Cognica's mandate is to "reflect the current status of counselling across Canada". Cognica is published 4 times per year. The submission deadlines for articles and advertising are: December 1, March 1, June 1, and September 1.

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Editorial Committee:

Maxine MacMillan, Sharon Cameron, Julie Ouellette, Isabelle Aubin, Deidre Moore, Mary Ann Steyn, Sandra Dixon, Nicole Maurice, Karina Albert

Except where specifically indicated, the opinions expressed in Cognica are strictly those of the authors and do not necessarily reflect the opinions of CCPA, its officers, directors or employees.

All submissions are welcome for consideration. Those accepted will be subject to editorial review prior to publication.



President's Message

The Year in Review

"Logan stopped and gazed skyward as the kite began to soar above them, and when he clapped his hands at Ben's obvious joy, she was struck by the simple truth that sometimes the most ordinary things could be made extraordinary, simply by doing them with the right people."

— Nicholas Sparks (The Lucky One)

Leaving Calgary and the extraordinary people participating at the recent National Conference gave me pause...and a broad grin. Like the woman in Nicholas Sparks' 2008 novel, I was struck by the simple notion that life is extraordinary when there is a confluence of time, place, and person. Like the importance of the "here and now" in our professional lives, noticing and acting upon the confluence are key.

At CCPA, we've been working on proactive, interactive, and sustaining activities for our membership. And...there have been some "extraordinary" things this past year that continue to reverberate for all of us.

Overview

Ever wonder why it's important to belong to a national association? For some of our members facing professional regulation, this is often a hot topic of discussion. The role of regulatory colleges is to protect *the public* from harm. CCPA, your national association, exists to protect *you*, support *you* and sustain *you* in your professional life. It's one of those moments of confluence. Both components are essential; one is a legal requirement (registration with the College in order to practice) and one is a requirement for professional wellbeing and attention to excellence (membership with the Association). We continue to grow our

membership and the services we provide to you. Now more than 4400 strong, CCPA continues to engage in activities that give a national voice to counselling and psychotherapy. *We promote you.* Our student membership is increasing and we have three new Chapters: Alberta/NWT, Nova Scotia, and Animal-Assisted Therapy.

There are now two regulatory colleges for the profession in Canada: Quebec (with its long-standing history), and Nova Scotia. Ontario is at the stage of "transitional council", the precursor to the regulatory college in that province. The Ontario College is expected to open its doors on April 1, 2013. A private member's bill has been prepared for the New Brunswick legislature as that province begins its process towards regulation.

CCPA Activities

Certification Process

In addition to the ongoing work of the certification of members through our CCC designation program, new additions this year have included: (1) an increase to 36 continuing education credits over 3 years to more adequately align our lifelong learning requirements to those of regulatory colleges and similar associations to our own; (2) clarifications related to the qualities of qualified supervisors to ensure that our members are receiving credible, defensible, and profession-specific supervision, and (3) mandatory coursework in counselling theories, counselling and communication skills, and ethics to provide more focus for members on foundational components of our profession. With multiple options for coursework now available at many educational institutions, it is important that

CCPA supports students in recognizing essential foundations, and assist them in better recognizing issues related to professional boundaries and ethical considerations.

National Standards

CCPA has a national standard in its CCC designation. Our *Standards of Practice for Counsellors* and our *Code of Ethics* are also national standards. New this year are: (1) the clarification of standards for qualified supervisors; (2) the Canadian Professional Standard for Counselling and Psychotherapy: Entry-to-Practice Assessment ("The Standard"), funded by HRSDC and designed to support Regulatory Colleges in determining the viability of candidates wishing to enter the College from a variety of countries, learning institutions, and life experiences, and (3) a Pathways Project, funded by HRSDC, devoted to increasing communication between Regulatory Colleges in Canada regarding the specific requirements of entry to each of their Colleges.

Each of these standard-setting activities is related to enhancing the profession, increasing the standard of care for all clients with whom our practitioners work, and elevating the awareness of professionals, governments, and the public of the unique and highly effective contributions of the counselling and psychotherapy profession to the health and well-being of the population in Canada.

Professional Learning and Membership Services

Our membership services have steadily increased over the years. From providing liability insurance to our certified members to cost savings at hotels, CCPA has tried to be responsive to members' requests. This year, we updated brochures for the profession in general and worked with Chapters to create new, bilingual Chapter brochures for specific areas of the profession.

Partnership with Mental Health Academy

By far the most important area of membership services is related to professional learning opportunities. CCPA has partnered with the Mental Health Academy (MHA) to help members access

high quality, affordable pre-approved learning opportunities for continuing education credit. Made-in-Canada

"As the profession of counselling and psychotherapy grows, the need for qualified supervisors increases."

presentations will be added to the professional learning opportunities through a commitment by the Academy to record presenters from CCPA, with special attention to supporting an increase in the number of French-language sessions.

Counselling and Psychotherapy Research Conference

To increase the sharing of knowledge, challenges, practices, and findings through practice-based, theoretical, or applied research into our profession, CCPA is planning a pilot research conference in the coming year at the University of Ottawa. The purpose of the conference is to provide a space for academics and the counselling and psychotherapy community to meet together regionally to discuss works in progress, locate potential research partners, and share relevant new findings. We're hoping that students will be encouraged to engage in the conference as well as faculty, scholars, practitioners, and clinical supervisors. If well-received, CCPA hopes to make a regional research conference an annual event at various educational institutions across the nation.

Supervision Handbook

As the profession of counselling and psychotherapy grows, the need for qualified supervisors increases. In addressing this need, CCPA has created a Supervision Handbook for supervisors and supervisees. Written by Blythe Shepard and Lorna Martin, the Handbook is designed as a support document, not a textbook. Available in both official languages, the Handbook provides basic information related to the most common supervision requirements in Canada; models and methods of supervision and competency-based evaluation; and the legal, ethical, and moral challenges in supervisory relationships. Forms and

templates are provided to assist in making visible an often misunderstood and invisible process of immense ethical importance. Development of coursework in supervision and a CCPA-sponsored supervision textbook are currently in the planning stages.

Ethics Casebook

Authors have started their work on creating a revised and updated version of CCPA's popular *Ethics Casebook*. In this edition, additional chapters explore contextual issues that affect ethical decision-making. The text follows the same pattern as previous editions, in which case studies are included. The projected completion date is January 2013, with publication in May 2014.

Supervision Textbook

A call for authors began in May, 2012. The projected completion date for the text is January 2014 with publication for the fully Canadian textbook on supervision in May 2015.

Advocacy and Outreach

As an important part of advocacy and outreach for the continuum of care, CCPA is now a member of the Canadian Primary Health Care Network, a pan-Canadian research network group devoted to partnering on research projects designed to enhance the health and well-being of Canadians. We have also joined the Canadian Alliance on Mental Illness and Mental Health in advancing federal policy, programs, legislation and regulations related to mental illness and mental health. Most recently, work on the Mental Health Strategy included a conversation on approaches in mental health and mental illness and delivery of mental health programs, treatments, services and supports. We were invited guests at the Canadian Commission on Mental Health Think Tank in May and have become reciprocal members of the Canadian Association for Suicide Prevention and the Canadian Education Research Institute for Counselling (CERIC). Through these partnerships, CCPA hopes to elevate the awareness of other professionals, governments, research funders, and the public that the profession of counselling and psychotherapy is an essential part of the continuum of care.

Public Facing Website

To assist the public in understanding the role that counselling and psychotherapy can play in supporting individuals, families, groups, and organizations with concerns related to career, education, family, mental health, and mental illness (among others), CCPA has developed a public-facing website (www.talkingcanhelp.ca) that provides the public with information about the profession, how to locate a counsellor, what to expect from counselling, and many other awareness- and support-related facts. This website became a reality due to outreach with our sister organization, the British Association of Counselling and Psychotherapy, who first launched a UK-version of the website.

Participation at Professional Meetings, and Professional/Research Conferences

CCPA has increased its visibility by engaging in research and participation activities at national and international profession-related conferences and meetings. Among these were the Australia Counselling Association Conference, the British Association for Counselling and Psychotherapy Research Conference, and the meeting of the steering committee for



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the Counselling and Psychotherapy Association of Commonwealth Countries. CCPA was invited to present a paper at the VIII Counseling Congress of the Americas and to submit an article to the *British Journal of Guidance and Counselling*. CCPA has also presented at the Canadian Association of Music Therapists Conference, a public meeting of the Ontario Transitional Council for Registered Psychotherapists and Registered Mental Health Therapists, and a professional meeting of the Quebec Ordres affected by The Psychotherapy Act. Please let us know when and where you are participating in professional/research conferences – our collective voices are strong!

Regional and Provincial/Territorial Outreach

CCPA Directors have been working at the national level simultaneously to their advocacy in their various provinces and territories. From attending meetings of groups seeking regulation in their province to organizing, publicizing and attending workshops, and direct involvement in and reporting of the regulatory process, these

volunteers have been tirelessly liaising between members, Chapters, National Office, and the Executive to represent you at the National Board Table.

National Conference

This year our National Conference was held in Calgary, Alberta. Next year: Halifax, Nova Scotia. As we move our Conference from city to city across the nation, it becomes evident how vibrant, diverse, professional, and collegial our CCPA members are. The array of presentations and activities during the Conferences speaks to the diversity of our country, our profession, and our members. We are each enriched by the committed work of our members and our many volunteers.

And so....here we are. As I begin my second year as President of CCPA, I am compelled to echo the words of Pearl S. Buck: "To serve is beautiful, but only if it is done with joy and a whole heart and a free mind." With your continued support, this task is a confluence of pleasure and privilege.

Lorna Martin

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President-elect's Message

Reflecting on Professional Identity

The CCPA 2012 National Conference theme "Reflecting on Self and Practice" invited each of us to reflect on our personal and professional journeys. Throughout the conference I engaged in many meaningful and reflective conversations that will continue to sustain and nourish me through the rest of the year. Such dialogues raise our individual and collective consciousness. Above all else, they involve a discussion of values that can assist us in making informed decisions.

The annual conference is also a time when

the Executive and Board members of CCPA engage in reflexivity, thinking back to actions taken and actions contemplated. The term "reflection" comes from Latin roots, *re-* meaning back and *flectere* meaning to bend. The word was first applied in the context of light, "bending back" off reflective surfaces; now the word is often used in the metaphor of the mirror, reflecting our own image back to us. Reflective practice may appear to be a passive activity, however, reflective processes can potentially allow us to analyze and reanalyze our activities in a self-critical man-

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JOHN PRESTON, Psy.D.

SASKATOON, SK | Oct. 22 & 23, 2012

WINNIPEG, MB | Oct. 25 & 26, 2012

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ROBERT BROOKS, Ph.D.

SASKATOON, SK | Oct. 25, 2012

EDMONTON, AB | Oct. 26, 2012

THE EXPLOSIVE CHILD: THE COLLABORATIVE PROBLEM- SOLVING APPROACH ☀

ROSS GREENE, Ph.D.

KELOWNA, BC | Oct. 31, 2012

VICTORIA, BC | Nov. 1, 2012

NORTH VANCOUVER, BC | Nov. 2, 2012

FOR PROFESSIONALS FROM DIVERSE DISCIPLINES

JOHN PRESTON, Psy.D.

VICTORIA, BC | Nov. 5 & 6, 2012

CALGARY, AB | Nov. 8 & 9, 2012

STUCK KIDS ☀

GORDON NEUFELD, Ph.D.

LONDON, ON | Nov. 21 & 22, 2012

HELPING THE ANXIOUS CLIENT: STRATEGIES THAT REALLY WORK

REID WILSON, Ph.D.

RICHMOND, BC | Dec. 3 & 4, 2012

TECHNIQUES OF TRAUMA MODEL THERAPY

COLIN ROSS, M.D.

RICHMOND, BC | Dec. 5 & 6, 2012

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JAN SPILMAN, M.Ed., RCC

RICHMOND, BC | Dec. 7, 2012



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ner. That is what we do at the Board level: we reflect 'in' and 'on' actions. "Reflecting in" engages us in actively listening to the concerns of our provincial and territorial members. "Reflecting on" means sitting back from what we are hearing and reflecting on ways that we could take action.

Central to our discussions is the issue of professional identity of Canadian counsellors and psychotherapists. A quote by Sogyal Rinpoche comes to mind:

We are fragmented into so many different parts. We don't know who we really are, or what aspects of ourselves we should identify with or believe in. So many contradictory voices, dictates, and feelings fight for control over our inner lives that we find ourselves scattered everywhere, in all directions leaving no one at home.

We know that increasing the visibility of our members within the larger context of the health professions is necessary. We believe that our membership with the Canadian Primary Health Care Network and the Canadian Alliance on Mental Illness and Mental Health are important steps. These alliances serve as platforms for us to educate other health professions, consumers of mental health services, the government, and the public at large about the benefits of counselling and the unique services that we can provide. These associations also give CCPA a voice on local, provincial, and national stages.

As a profession with such an eclectic nature, how can we position ourselves so that society can easily identify and better understand the profession of counselling and psychotherapy? The public facing website is one way to assist the public in better understanding our professional roles. Our newly crafted brochures for the profession in general and for our regionally-based, interest-based, and specialty-based Chapters will inform the public about the professional identity of counselling.

In what ways can CCPA assist its members in operationalizing professional identity into the everyday lives of counsellors and psychotherapists? Certainly the ongoing additions to the certification process highlight our commitment to continuing education,

qualities of supervisors, and appropriate credentials. The addition of resources to support supervision attest to our multi-pronged strategy to promote the recognition of the profession.

The student rep program promotes fresh voices from within the profession as students play an important role in forming linkages between the national association and the community of entry-to-practice counsellors. Creating a sense of pride and intention in the choice to be a counsellor/psychotherapist will increase the value of their training to students, adding to the profession as a whole.

Other ways that we have thought to strengthen our identity are to consider the standards and training of those who enter the field. The CCPA Council on Accreditation of Counsellor Education Programs (CACEP) works with universities to promote high standards in the pre-service training of professional counsellors; to assist the administration and faculty of counsellor education programs to assess and improve their objectives, resources, and programs, and to promote a continuing review and evaluation of existing counsellor education programs.

CCPA's New Publication is now Available!

The Supervision of Counselling and Psychotherapy Handbook: A Handbook for Canadian Certified Supervisors and Applicants.

This Handbook is designed to support supervisors and their supervisees as they develop a positive working relationship that is simultaneously collegial, informative, timely, helpful, and developmental. Throughout this document you will find:

- Supervision requirements of regulatory colleges
- Roles and responsibilities of supervisors and supervisees
- Challenges in supervisory relationships
 - Models and methods of supervision
 - Legal and ethical issues in supervision
- Competency-based evaluation techniques
- Forms, templates, and supportive websites

[Click here for more information on this publication and to order your copy.](#)

NOTICE OF BOARD NOMINATIONS

The Board of Directors for the Canadian Counselling and Psychotherapy Association is elected every two years. Nominations for Board of Director positions are due by December 15th 2012. Elections will be held in January 2013. The new Board assumes its responsibilities in May 2013. Webinars regarding the roles and responsibilities of the Board of Directors will be held in Fall 2012.

Please visit the Member's Only Area of the CCPA at www.ccpa-accp.ca to download the Nomination Form for the 2013-2015 Board.

At this time, there are three CACEP accredited programs in Canada. We wonder if more needs to be done in this area to engage other universities to become accredited. We wonder, too, what CACEP can do to assist graduate students in counselling programs to develop a clear identity as a counsellor/psychotherapist?

In order to protect the public from harm and to also promote the recognition of qualified professionals to the broader public, regulatory colleges are being developed in several provinces. Regulatory colleges ensure that the professional is qualified to practice, set standards of practice, and have a code of ethics that the professional must follow. Currently three out of the ten provinces and three territories are the focus of statutory regulation in Canada. Quebec has a long history of statutory regulation. Nova Scotia has a newly formed regulatory college (October, 2011) and Ontario has achieved legislation and is currently finalizing the regulations for the profession. With the exception of the three Prairie Provinces, the three territories, and Newfoundland, the remaining provinces are in various stages of statutory regulation.

A series of symposia funded by HRSDC and hosted by CCPA were aimed at sharing areas of professional consistency and common purpose in order to increase the cohesion of professional standards and to advance the mobility of the counselling profession. In an effort to determine areas of alignment with respect to professional title, the definition of counselling and psychotherapy, and the scope of practice, a bilingual national survey was sent out to all counselling and counselling-related organizations in the nation in 2010. In total, 46 organizations and 1,416 individuals responded to the survey which presented research-based titles, a definition, and a scope of practice statement and asked respondents to rate the degree

to which each of the three items reflected their professional identity and core beliefs. At the 2011 National Symposium on Counselor Mobility held in Ottawa, the findings of the survey were presented and confirmed by members of the profession. These findings are a crucial anchor-point for the profession in Canada. They allow counsellors to assert that they are not a collection of identities but rather, are one profession with the capacity to be inclusive and embrace diversity by sharing a singular core belief about the definition of counselling and its scope of professional activities.

Other initiatives include promoting the research base for counselling/psychotherapy in Canada. CCPA is visible at national and international profession-related conferences and meetings increasing the collective knowledge within the profession. We are piloting a research conference in 2013 to share research findings, develop research collaborations, and identify new directions that articulate the strengths of our profession. CCPA sees research as vital to the development of this profession's identity.

Reflection allows us to reappraise what we should attend to by altering our attention set. We can recalibrate our attention by making decisions as to whether we need to be less or more vigilant to the changing aspects of the counselling field.

Remember, reflection is not simply an internal process, but can be one of telling our story to others. Therefore, we ask you to take some time to reflect in and to reflect on the telling of our story to others. What other actions can we take to promote recognition of the profession as a distinct field? Let us know!

Blythe Shepard

CCPA LAUNCHES ITS PUBLIC WEBSITE: “TALKING HELPS”



The Canadian Counselling and Psychotherapy Association announced the launch of its new public website “Talking Helps” during Mental Health Awareness Week 2012. This CCPA website is specifically for members of the public seeking information and support about the profession of counselling and psychotherapy. The website raises public awareness of the role of the profession in mental health and wellness and supports informed decision-making when choosing a mental health practitioner. Representing over a year of research and development, “Talking Helps” is one of several initiatives of the Canadian Counselling and Psychotherapy Association focused on the competent, credible, qualified practice of counselling and psychotherapy.

Visit CCPA’s new public website! <http://talkingcanhelp.ca/>

CCPA invites you to join us in Halifax...



This year’s CCPA Conference will be held in the beautiful Halifax, Nova Scotia at the Westin Nova Scotian Hotel from May 14 - 17, 2013.

CALL FOR PROPOSALS

The Canadian Counselling & Psychotherapy Association (CCPA) invites you to submit a presentation proposal, either for the pre-conference or for the conference.

Applications for the pre-conference must be received by August 3, 2012.

Applications for the conference must be received by October 1, 2012.

Applications will not be accepted after the deadline.

Please visit <http://www.ccpa-accp.ca/conference/presenters.php> for detailed information.

2012 CCPA Award Winners

continued from front cover

This year's award recipients were:

CCPA Student Travel Award

Each year, the Canadian Counselling and Psychotherapy Association provides two \$500 awards in support of student members who wish to attend the CCPA annual conference. This year's recipients are Nicholas Cardone, a Master of Education student in Counselling at Acadia University and Leslie Pope, a masters student in Counselling Psychology at Memorial University.



Leslie Pope



Nicholas Cardone

Career Development Chapter : Dr. R. Vance Peavy Travel Award

Every year the Career Development Chapter offers a bursary of \$300 toward attending the CCPA conference to a graduate student in counselling, career counselling, or career development who has research interests in career development. This year's recipients were Jacqueline Synard, Barbara Smith and Rebecca Hudson Breen.



Barbara Smith



Rebecca Hudson Breen



Katherine Maclsaac

Dr Lynda Younghusband Counselling Award

The Dr. Lynda Younghusband Counselling Award has been established by Dr. Younghusband to promote the counselling profession and to improve access for students to the annual Canadian Counselling and Psychotherapy Association (CCPA) conference. This year's recipient is Leslie Pope.

CCPA/Marsh Student Award

In support of Graduate Student research, Marsh, the CCPA Professional Liability Insurance Broker of Choice, has provided two \$500 awards to student members demonstrating academic excellence. This year's recipients for the Marsh Student Award are Barbara Smith and Katherine Maclsaac.

Professional Contribution Award

CCPA'S Professional Contribution Award is given to a member in recognition of outstanding professional contribution to Counselling in Canada. This year's recipient is Jan Stewart.

Jan Stewart is an Associate Professor in the Faculty of Education at The University of Winnipeg and Director of The Institute for Children Affected by War at The Global College. Jan is singlehandedly responsible for the inception of a counsellor education program at the University of Winnipeg, and an annual experiential learning event for those working with children affected by war, in which she transforms the grounds of the university into a refugee camp to give practitioners a sense of the lived experience of the people with whom they work. Her research focus is on the psychosocial and educational needs of children who have been affected by war. She is the lead investigator of a SSHRC grant studying educational strategies to support children in post-conflict situations in northern Uganda. Jan addresses national and international audiences on the needs and educational challenges of children who have been affected by conflict, violence, abuse, mental health issues, neglect, and human rights violations.



Jan Stewart

Counsellor Educators Chapter Doctoral Student Dissemination Award

The Counsellor Educators Chapter wishes to encourage a CCPA member who is pursuing doctoral studies to consider a career as a counsellor educator. The Counsellor Educators Chapter Award is designed to support a student in attending the pre-conference one-day workshop of the Counsellor Educators Chapter held annually at the CCPA national conference. This year's recipient was Jacqui Synard.



Jacqui Synard

CCPA Masters Thesis Award

This year's recipient is Tanya Mudry for her thesis entitled: *Addiction Sits in the Background Doing Push-Ups Waiting for us to have a Weak Moment: Doing Recovery from Gambling Problems Online.*



Tanya Mudry

CCPA Research Article Award

This year's recipient is Nicola Gazzola for his research article entitled *Professional Characteristics of Canadian Counsellors: Results of a National Survey.*



Nick Gazzola



Certification: Supervisor Qualifications

By Monika Gal,
CCPA Registrar

Clinical supervision is an essential component in counsellor development wherein a senior member of the profession guides the intervention and development of a student in order to develop their competencies. In order to ensure that students in counselling programs receive supervision from qualified and experienced counselling practitioners, the Canadian Counselling and Psychotherapy Association put in place supervisor qualification requirements for certification applicants. Students and faculty are responsible for ensuring that the placement site's on-site supervisor meets CCPA's supervisor requirements in order for the placement to be counted toward certification.

The requirements, which came into effect in January 2011, stipulate the following:

- Supervisors must have a Masters degree or higher in the area of counselling or equivalent.
- Supervisors must have a minimum of four years of successful post-graduate practice.
- Supervisors must belong to either CCPA, a recognized association in the field of counselling, or any provincial/territorial regulatory college.
- Supervisors must be at "arms length" from the supervisee; supervisors in administrative or managerial relationships with the student are not suitable to provide clinical supervision and evaluating the quality of therapy given to a client.

If a student or faculty member has concerns regarding whether an on-site supervisor will meet the aforementioned requirements, please contact our Head Office for more information. Students can also complete a Certification Pre-Evaluation Application wherein the coursework and practicum placement can be evaluated in advance of the student's completion of studies in order to ensure that they will meet CCPA's certification requirements.

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[Ongoing in Vancouver, BC
& by teleconference]

For more information about these programs:
<http://happybones.wordpress.com/joy-in-movement-studio-2012-program/>

Canadian Certified Counsellors:

The following CCPA members have been recently certified.

Alberta

Davis Tharayil
Crystal Dittrick
Anna Ninan
Lule Begashaw
Sacha Williams
Angela Nairn
Stephanie Parent-Chandler

British Columbia

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Risk Management Committee – Blythe Shepard (Chair)
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