



CCPA Ambassador Program



Name and Title: Nicole Imgrund, MPS, MDiv.

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A little word about me and what I do:

I am the Founding Director of River's Edge Counselling Centre in St. Albert, AB. After 8 years in solo private practice, I followed my dream of creating a team of therapists to work collaboratively and support one another professionally. I also supervise students in the practicum program at River's Edge. I am passionate about offering the same high quality of supervision I received to new students in our field and believe the presence of students raises the standard of excellence for our team. It also meets a significant need in our community for

accessible, low cost counselling.

What does CCPA mean to me?

My certification with CCPA is essential for me in striving to maintain the highest standard of professionalism and ethics in my practice of psychotherapy. I am appreciative of the level of advocacy the association does nationally on the part of the profession. I take pride in belonging to a professional association so committed to meeting the needs and supporting the best practice of its members.

My previous involvement with CCPA:

I have been actively involved in the development of the Alberta/NWT Chapter for the past 6 years. I am currently Past-President of the Board. My involvement in the Alberta/NWT Chapter has given me the opportunity to develop a network of



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colleagues in my region for support and consultation. This was vital for me in overcoming isolation in private practice and sharing the passion I have for psychotherapy with like-minded colleagues.

Favorite author or musical artist:

I love listening to Brandi Carlile, Sarah Harmer and Serena Ryder. The poetry of Mary Oliver and works of Marion Woodman help keep me anchored to the things that matter most to me.