

Technology in Counselling Board Meeting

Agenda for June 18, 2015 teleconference

Present

Dan Mitchell (President)
Sherry Law (President Elect)
Dawn Schell (Treasurer)
Linda Rombough (Director at Large)
PC Leong (Director at Large)
Constance Lynn Hummel (Director at Large)

Regrets

Briar Schultz (Secretary)
Michel Turcotte (Liaison to National Board)
Lawrence Murphy (Director at Large)
Shawn Smith (Director at Large)

Minutes were taken by Dawn Schell and are written in bold blue beneath each item on the agenda.

Resolutions: Appointment of President Elect and Secretary

Sherry Law and Briar Schulz stepped forward at the Technology in Counselling Annual General Meeting on May 20, 2015, offering to hold the position of President Elect and Secretary, respectively. But at that time they were not members of the Chapter. There were no other nominees for either position at the AGM and none have stepped forward since. Both women are now members of the Chapter.

Resolved, That the Technology in Counselling Chapter Board appoint Sherry Law to the position of President Elect.

Resolved, That the Technology in Counselling Chapter Board appoint Briar Schultz to the position of Secretary.

Dan Mitchell explained the rationale behind having a President Elect and how that role became included in our bylaws at the AGM in May 2015.

We needed to have a special resolution because at the time of AGM Sherry and Briar were not members of the chapter.

Discussion - none

**Sherry Law is appointed unanimously
Briar Schulz is appointed unanimously**

National Board – suggested edits to bylaws

1. Minor Bylaw changes – ok to change typos without AGM vote
2. Maximum four years on board (Non-profit organization law), therefore the National Board suggests that Presidents Elect do not vote for their first year, and Past Presidents do not vote for their last year.
3. Comments regarding staggering board members' initial term.
4. Name of Chapter: “Technology in Counselling and Psychotherapy” suggested. What about simply “Technology Chapter”?

After the AGM in May our bylaws were submitted to National Board for review. The National Board suggested minor changes (as per above).

Barb McCallum suggested for each major position that we have someone shadow. It's important in terms of having back-up.

Linda R. offered to shadow for secretary.

Motion on the table that we change our name to Technology Chapter of the Canadian Counselling and Psychotherapy Association

Discussion

Decision - We will let it simmer for a month and revisit at next meeting.

Banking

Funds available \$960.

Bank account.

President and Treasurer must be signing authorities.

Dawn and Dan will set up account via the Royal Bank.

Linda will be third signatory

Dissemination of Information to members via email

1. 1. Can members utilize the email distribution list? What content? How screened?
Pro D? Interesting articles?
 - a. a. Compare BC Chapter Listserv policy
<http://www.ccpa-accp.ca/en/chapters/britishcolumbia/#List>
- b. 2. Specific Examples:
 - c. a. Online Art Therapy Forum in Vancouver
 - d. b. Cybercounselling Level 1 starting July 10 (full disclosure – Lawrence Murphy and Dan Mitchell may benefit through their company Worldwide Therapy Online Inc.)
 - e. c. Blog post + info about social media policy
 - f.

- g. This item has been brought forward to our next meeting**
- h.**

Grassroots Awareness/Lobby

See attached Grassroots Kit

Dan reviewed the purpose and encouraged all board members to think about doing the lobbying and to communicate it back to the chapter

Chapter Support of Clinical Supervision

See attached Supervision Consultation

Dan reviewed the questions that arose in the chapter president meeting at conference

Discussion

Dan wouldn't mind seeing it as a goal but not able to give it priority right now

Item will be brought forward to another meeting.

Leaders of Tomorrow Development Program

Please consider applying!

<http://www.ccpa-accp.ca/leaders-of-tomorrow-development-program/>

Dan encouraged us to apply

Moving Goals to Action

Mission: We envision inspiring the legal and ethical use of technology to enhance the therapeutic experience of counsellors and clients everywhere.

Governing Principles:

- The Chapter Executive and Chapter members will strive to lead by example.
- The Chapter Executive members will create and sustain a welcoming environment.
- The Chapter will provide resources and information to counsellors but will not monitor or be a final authority on any matter raised by a member.

Dan attempted to consolidate goals brainstormed from past board meetings with goals brainstormed at the AGM.

- a. 1. Provide members a really awesome website
- b. a. Start by publishing Chapter web pages on <http://www.ccpa-accp.ca>
 - i. i. Dan/Sherry to speak to Karina Albert to request she -
 - 1. 1. Post our Bylaws
 - 2. 2. Post list of Chapter Executive members and their contact info.

3. 3. Post bios
- 4.
5. **Sherry, Briar and Dawn need to write bios**
6. **Dan will provide us with a Google Doc so we can fill it in**
- 7.
8. **All agreed that we will pursue these goals but we do not yet know HOW**
9. **We are accepting the goals in principle but without the specifics yet.**
- 10.
- 11.
12. 2. Provide tips on using social media. Also a place to potentially draw ethical lines and boundaries when it comes to social media use.
13. 3. Show other counsellors how to incorporate/merge technology in to various aspects of their practice both in session and outside of session
14. Collect and disseminate Best Practice info, including ethics and legalities, as well as research. Produce easy to read guidelines for online counselling
15. Review the CCPA code of ethics in light of our Chapter mission. Compare <http://bc-counsellors.org/wordpress/wp-content/uploads/2011/02/7BCACC-Standard-Use-of-Technology-2011.pdf>
 - c. c. Maintain representation on the CCPA Ethics Committee.
 - d. d. Post minutes to the website
 - e.
 - f. **All other items/goals will be brought forward to a future meeting.**
 - g.
 - h. **AOB**
 - i. **PC brought up the question of the CRPO and how that might affect the CCPA membership.**

Adjournment - Meeting adjourned at 6:02 pm PDT