

Canadian Counselling and Psychotherapy Research: What, How, Where and Why?

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In this interactive session, Drs. Buchanan and Domene examine the current landscape of counselling and counselling psychology research in Canada. This discussion focuses on current research practices within the profession in Canada, addressing such questions as what phenomena do we tend to study, how do we tend to generate knowledge, where do we disseminate knowledge, and why it is important for counsellor education programs to actively prepare students to grapple with issues related to research. The findings of a recent national survey among Canadian counsellor educators and counselling psychologists will be used to illustrate key points in this presentation. The current challenges, strengths and future visions for research in our disciplines will also be addressed.