OTTAWA (April 2, 2015) Today, the Canadian Counselling and Psychotherapy Association (CCPA) is congratulating the Ontario Government on the official proclamation made yesterday that the Psychotherapy Act, 2007 has come officially into force by the Ministry of Health and Long-Term Care.

CCPA is dedicated to the enhancement of the counselling and psychotherapy profession in Canada. As a national bilingual association of professionally trained counsellors engaged in the helping professions, CCPA has over 5300 members working in many diverse fields of education, employment and career development, social work, business, industry, mental health, public service agencies, government and private practice.

CCPA has been supporting the pursuit of regulation in all provinces for many years. In 2002 Ontario began the movement towards regulation. At that time only Quebec was regulated but since then, Nova Scotia and now Ontario have seen regulation. Additionally, the association has been actively involved through the Ontario Alliance of Mental Health Practitioners (OAMHP) in supporting the regulation efforts in Ontario.

“Regulation of a profession requires commitment and collaboration amongst the government, the profession and key stakeholders. CCPA is proud to be part of this collaboration and this milestone for the profession”, said Blythe Shepard, CCPA President. “CCPA congratulates the Transitional Council of the College of Registered Psychotherapists on this significant accomplishment. CCPA hopes that the regulation of the profession in Ontario hastens the regulation efforts in other jurisdictions of Canada.”

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The Canadian Counselling and Psychotherapy Association (CCPA) is a national bilingual association providing professional counsellors and psychotherapists with access to exclusive educational programs, certification, professional development and direct contact with professional peers and specialty groups. CCPA promotes the profession and its contribution to the mental health and well-being of all Canadians.

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