

Canadian Counselling and Psychotherapy Association
Nova Scotia Chapter Report
April 20th, 2015

Chapter Officers

President	Janet Edwards
President Elect	Eric Ross
Executive Secretary	Elsie Wetmore
Executive Treasurer	Julie Wiseman
School Counsellor Liaison	Belinda Josephson
Student Representative	Sybil Power
Members at Large	Nick Zwaagstra, Pat Wentzell, Karen Covey
CCPA Director(ex-officio)	Beth Robinson

Membership

As of March 31st, the Chapter has 239 members.

Finances

As of February 18th, 2014 Opening balance	\$6,672.62
REVENUE	
Membership Fees	\$2,340.00
Workshop Registration Fees, November 18 th , 2014	\$1,979.20
Interest earned in BMO chequing account	\$ 0.06
 TOTAL REVENUE	 \$4,319.26
EXPENSES	
Workshop & AGM expenses, April 12 th , 2014	\$1,534.65
Workshop Expenses, November 18 th , 2014	\$2,712.67
Conference call expenses, Feb-Nov. 2014	\$ 90.75
Annual Chapter Translation Fund	\$ 234.00
Maintenance Fees at BMO (Nov. and Dec.2014)	\$ 5.00
 TOTAL EXPENSES	 \$4,577.07
 Net Total/Closing Balance	 \$6,414.81

PAST ACTIVITIES

Our goal this year was to offer 2 low cost training opportunities to our membership. In November, 45 members attended a one day workshop on “Behavior Activation Therapy”, presented by Dr. S. Sherry of Dalhousie University. We were able to subsidize the cost of this event with membership fees and counsellors were able to accrue 6 CEC’s for a cost of \$60.00.

Additionally, an initiative to encourage attendance at the Annual National CCPA Conferences was implemented by the executive in recognition of the high cost of attending these events. On April 3rd, we drew 6 names from those counsellors who had applied, and each were awarded a Travel Bursaries of \$250.00 for travel to Niagara in May.

PLANNED ACTIVITIES

Once again we are combining our annual AGM with a workshop for members. A half day workshop, “Exploring Mindfulness”, followed by the AGM will take place on April 25th, 2015. We will be calling for nominations for 3 vacant positions on our Executive: President Elect; Coordinator of Professional Development; and Coordinator of Professional Identity. It is hoped that these remaining Executive positions will be filled for 2015-2016.

OTHER

After serving:

- 2 years (2009-2011) on the Executive of NSACT as Registration Committee Chair;
- Founding member and Interim Treasurer and Vice-president of the Nova Scotia Chapter(2011-2012);
- 2 years (2013-2015) as President of CCPA-NS....

I expect to be less actively involved in the provincial counselling scene in the coming year. On April 25th I will leave the CCPA-NS Executive in the very capable hands of the incoming President, Eric Ross.

Respectfully submitted,
Janet Edwards
President